

## OOSTBURG FAMILY DENTISTRY

19 N. 4th Street Oostburg, WI 53070  
(920) 564-2925

DANIEL R. BRUHN, D.D.S.

JORDAN D. MOLTER, D.D.S.

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### WHAT TO DO AFTER ROOT CANAL THERAPY

Please follow these instructions and call us if you have any questions.

<b>DO</b>	<b>DON'T</b>
<p>Continue brushing your teeth as you normally do.</p> <p>If medication was prescribed, be sure to take it as directed and until it is gone.</p> <p>For soreness, you may take aspirin, Advil (ibuprofen), Tylenol (acetaminophen), or Aleve (naproxen) — whichever works best for you.</p> <p>Call us if soreness lasts for more than 2 days, if soreness is severe, or if you have any swelling.</p>	<p>Do <b>not</b> chew on the treated tooth if it is tender.</p> <p>Do <b>not</b> eat hard foods, such as corn nuts or hard pretzels, until a permanent filling or crown is placed.</p> <p>If you were prescribed antibiotics, do <b>not</b> stop taking them just because the tooth feels better. Antibiotics need time to work, and an infection is more likely to re-develop if you only take the antibiotics for a short time.</p>

#### PLEASE NOTE:

- (1) Some soreness is normal, especially in the first 1 – 2 days.
- (2) You may experience slight tenderness in the treated tooth for 1 – 2 months.
- (3) The surface of the temporary filling may wear away and you may feel a slight depression. This is normal.