



## 2022-2023 Dance and Acro Schedule

Classes start the week of September 11th

<b>Studio A</b>	<b>Studio B</b>	<b>Studio C</b>	<b>Studio D</b>
<b>Monday</b>	<b>Monday</b>	<b>Monday</b>	<b>Monday</b>
3:45-4:30pm Lyrical 3/4 w/ Rachele <i>*Audition Only</i>	3:45-4:30pm Premier Comp w/ Tina <i>*Audition Only</i>		3:30-4:15pm Littles Acro w/ Tatum
4:30-5:15pm Jazz Comp <i>*Audition Only</i>	4:30-5:15pm Jazz Comp <i>*Audition Only</i>	4:30-5:15pm Jazz Comp <i>*Audition Only</i>	4:30-5:15pm Primary Acro A w/ Tatum
5:15-6:00pm Production <i>*Audition Only</i>		5:15-6:00pm Littles Hip Hop A w/ Tatum	5:30-6:00pm Mom & Tot Fun with Movement w/ Tiffany
6:00-6:45pm Musical Theatre 3/4 w/ Mari			
<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>
1:30-2:00pm Boys Only! w/ Tiffany			
2:00-2:30pm Fun With Movement w/ Tiffany			
	3:30-4:15pm Lyrical 2/3 w/ Sam	3:30-4:15pm Littles Hip Hop B w/ Celeste and Tiffany	
	4:15-5:00pm Jazz 3 w/ Mari	4:15-5:00pm Tap 1/2 w/ Sam	
5:00-5:45pm Hip Hop 3 w/ Valicia	5:00-5:45pm Hip Hop 1 w/ Sam	5:00-5:45pm Hip Hop 2a w/ Mia	5:00-5:45pm Hip Hop 2b w/ Reagan
5:45-6:30pm Leaps and Turns w/ Valicia <i>*Invite Only</i>			
6:30-8:00pm Jazz/Hip Hop 4 w/ Valicia			
<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>
10:00-10:30 Tiny Tots Acro w/Tiffany			
10:30-11:00pm Mommy and Me w/ Tiffany			
1:00-2:00pm Homeschool Hour w/ Tiffany			
3:30-4:30pm Acro 3/4 w/ Sam	3:30-4:30pm Acro 2/3 w/ Tina		
4:30-5:15pm Musical Theatre 1/2 w/ Mari		4:30-5:15pm Tap 3/4 w/ Sam	4:15-4:45pm Fun With Movement w/ Tiffany
5:15-6:15pm Ballet Technique w/ Mari <i>*Invite Only</i>	5:30-6:30pm REFIT w/ Cami	5:15-6:00pm Jazz 2 w/ Sam	5:00-5:30pm Mommy and Me w/ Tiffany
6:15-6:45 Pointe w/ Mari			
<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>
		1:45-2:30pm Creative Movement A w/ Sam	
3:30-5:00pm Ballet 4 w/ Mari	3:30-5:00pm Ballet 2 w/ Rachele	3:30-4:15pm Creative Movement B w/ Sam	
		4:15-5:00pm Ballet/Jazz 1a w/ Sam	4:15-5:00pm Ballet/Jazz 1b w/ Mia
5:00-7:00pm Pointe w/ Mari	5:00-6:30pm Ballet 3 w/ Rachele	5:00-5:45pm Creative Movement C w/ Sam	
<b>Sunday</b>	<b>Sunday</b>	<b>Sunday</b>	<b>Sunday</b>
	6:00-7:30 REFIT and REV+FLOW w/ Cami		

**All Thursday Ballet and Creative Movement Classes will participate in The Nutcracker Performance Schedule**

Nutcracker Performances December 15<sup>th</sup>, 16<sup>th</sup>, and 17<sup>th</sup>  
Spring Recital May 31<sup>st</sup> - June 2<sup>nd</sup>

Mommy and Me and Tiny Tots Acro - 30 Minute Class - \$35 per month \* Homeschool Hour – 60 Minutes - \$35 per month  
All 45 Minute Classes - \$50 per month \* 60 Minute Classes - \$55 per month \* Ballet 2/3/4/Pointe - \$75 per month \* REFIT - \$7, \$25 for 5, or \$40 for 10  
Fun with Movement, Preschool Life Skills, and Boys Only! – 30 Minute Class - \$35 per month (Ask about special multiclass and sibling discounts)

\$30 Registration Fee per child or \$50 per family due at registration

All families receive \$10 per class discount AFTER the first two, greater discounts the more you take! (Does not include Homeschool Hour or REFIT)

Acro/Tumbling must start in Littles or Primary or be placed into Levels 2/3/4  
All classes will be placed by skill level and age

Register at [www.expressionsdancequincy.com](http://www.expressionsdancequincy.com)  
Contact us at 509-237-3233 or [expressionsquincy@outlook.com](mailto:expressionsquincy@outlook.com) for questions  
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