

# WEEK #1

## Tuesday



### ACTIVITY

### PICTURE

### DESCRIPTION

### MATERIAL FROM HOME

#### ARTS AND CRAFTS

Popsicle Sticks



- Building with popsicle sticks refines fine motor skills and promotes creativity.
- Once the figures have been created they can be used to promote language development and for creative play.

- Glue

#### COOKING CLASS

Yogurt Parfait

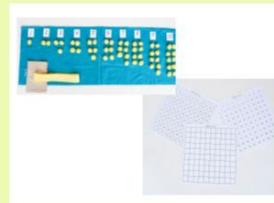


- Cooking is an excellent opportunity to develop language and math skills.
- Cooking teaches life skills and boosts self-confidence and self-esteem.

- Yogurt
- Strawberries, blueberries
- Granola
- Cup

#### MATH

Numerals and Counters  
Hundred Board



- Numerals and counters: allow the child to apply math skills in associating quantity and symbols in a sequence.
- Hundred Board: children practice number recognition, sequencing, and patterning from 1-100.

- None

#### MUSIC

Recorder Flute



- Playing the recorder flute is an introduction to musical instruments.
- It develops listening skills, strong lungs and breath control, eye-hand coordination and fine motor skills.

- None

#### PHYSICAL EDUCATION

Push-ups and Sit-ups



- Today class consists of a stretch and a warm-up followed by a work out of push-ups and sit-ups.
- Children will strengthen lower and upper body and develop coordination.

- Water bottle