

ALL OUR BAGELS ARE ROLLED, BOILED AND BAKED BY HAND!

BAGELS BY...

We Give a Shapiro Dozen Which is 14 Bagels
19.00 dz • 10.50 ½ dz • 2.00 ea

Sesame • Poppy • Everything

**WHO LET THE DOGS OUT! 4.95
BAGEL DOGS**

All-beef hot dog rolled in our bagel dough

SCHMEARS

Bagel w/Cream Cheese 4.50, w/Specialty Cream Cheese 5.75

CREAM CHEESE

Plain • Scallion/Chive • Vegetable • Lox • Sun-Dried Tomato
Maple Raisin Pecan • Honey Almond • Strawberry

Plain: 8 oz/4.75, 16 oz/8.00 • Specialty: 8 oz/7.50, 16 oz/12.00

SPREADS

Bagel w/Butter 4.50
Jelly (Grape, Strawberry) 3.50
Peanut Butter/Nutella 3.50
Hummus 5.00

SMOKED FISH

Nova Lox 42.00 lb • Whitefish Salad 19.95 lb

THE BAKERY CASE

Baked Fresh Daily!

MUFFINS

18.00 ½ dz or 3.50 ea

Chocolate Chip • Blueberry • Orange Cranberry • Apple Cinnamon

RUGELACH

21.95 lb or 2.00 ea

Chocolate • Raspberry • Apricot

GOURMET BUTTER COOKIES

21.95 lb or 2.00 ea

Raspberry Fingers w/Sprinkles • Chocolate Fingers w/Choc Sprinkles
Rainbow Cookies • Lace • Honey Boys • Mini Linzer • Red & Green Leaf

CHOCOLATE BABKA 16.00 • NY COFFEE CRUMB CAKE 4.25
BLACK & WHITE COOKIE 4.75

SPECIALTY ITEMS

FRENCH TOAST 12.95

Challah bread dredged in homemade egg mixture & grilled to perfection.
Served w/powdered sugar
add bacon or sausage 4.00

WAFFLE 11.95

Belgian waffle served w/powdered sugar & topped w/fresh strawberries
add bacon or sausage 4.00

BREAKFAST BAGELS

(Please order by number)

1. THE CLASSIC-BEC 8.00

(Bagel egg and cheese) Choose your cheese: American, Swiss, Cheddar, Havarti or Provolone
add bacon 2.00, add sausage 2.00, add ham 2.00, add latke 2.00,
add avocado 2.00, add egg 1.00 ea

2. JERSEY BOY 9.50

Taylor pork roll, egg & cheese on your choice or bagel

3. BROOKLYN BOY 14.95

Two eggs, corned beef or pastrami, potato latke, sauteed onions & Swiss on a poppy bagel

4. UNCLE LEO 12.95

Nova lox, scrambled eggs w/caramelized onions on a poppy bagel

5. IT'S ALL GREEK TO ME! 11.95

Eggs, spinach, sliced tomatoes & Feta cheese on a sesame bagel

6. MEX-I-CAN 12.95

Fried egg, avocado, tomato, jalapeños, Pepper Jack, latke & chipotle mayo on a jalapeño bagel

7. THE LEXINGTON 11.95

Egg whites, Swiss & spinach on your choice of bagel

8. THE HEALTH NUT 11.95

Three egg whites, mushrooms, green & red peppers, spinach & tomatoes on whole wheat bagel

WRAP IT UP! 6.95

Breakfast Wraps
Choice of any two items:
egg, cheese, potato, bacon or sausage.
additional items .75 ea

AVOCADO TOAST 12.95

Crushed avocado, diced tomatoes, lemon, ET spice, salt & pepper on bagel bread
add fried egg 1.00 ea, add nova 4.00

EGGS-TRAVAGANZAS

All egg plates served w/hash browns & your choice of bagel or bread w/butter or cream cheese

TWO EGGS (ANY STYLE) 9.95

add cheese 1.00, add bacon, ham or sausage 4.00, add egg 1.00 ea

OMELETTES

All omelettes are made with three eggs & served w/hash browns. Your choice of bagel or bread w/butter or cream cheese. Egg whites upon request.

SPINACH FLORENTINE 13.95

Spinach, mushrooms, onions, tomatoes w/provolone cheese

LOX, EGGS & ONIONS 15.95

Smoked salmon scrambled w/caramelized onions

HAM & CHEESE 13.95

Diced ham with your choice of cheese (American, Swiss, Provolone, Havarti or Cheddar)

VEGGIE 12.95

Assorted peppers, mushrooms, tomatoes, & onions

CHEESE 12.95

Choice of American, Swiss, Provolone, Cheddar, Havarti or Feta

WESTERN 13.95

Diced ham, green pepper & onions

MUSHROOM 12.95

Sauteed seasoned mushrooms

SMOKED BAGELWICHES

(Please order by number)

- 9. LOX & A SCHMEAR 14.95**
Nova Scotia smoked salmon, lettuce, tomato, cucumber red onion, cream cheese & capers on your choice of bagel
- 10. UP IN SMOKE 13.95**
Smoked whitefish salad, lettuce, tomato & red onion on a poppy bagel or your choice of bagel
- 11. NOVA ON A SUNDAY 15.95**
Nova, whitefish salad, scallion cream cheese, capers, lettuce & tomato on an onion bagel
- 12. MEXICATESSEN 13.95**
Smoked salmon, scallion cream cheese, jalapeño, tomato, cucumber & avocado on a jalapeño bagel

DELI BAGEL SANDWICHES 16.95

(Please order by number)

All sandwiches come w/choice of cole slaw or potato salad & pickle

- 13. THE ALL TIME CHOMP**
K&Z Corned beef w/mustard & coleslaw on marble rye bagel
- 14. THE MAVEN**
K&Z Pastrami, Swiss, Russian dressing & coleslaw on rye bagel
- 15. BARNUM & BAGEL**
Corn beef & pastrami, Swiss, Russian dressing & coleslaw on poppy bagel
- 16. BEEF OF BURDEN**
Turkey & roast beef, Swiss, lettuce, tomato, & Russian dressing on pumpernickel bagel
- 17. REUBENESQUE**
Corned beef w/Swiss, sauerkraut, & Russian dressing on grilled marble rye bagel
- 18. RACHEL**
Turkey pastrami w/Swiss, coleslaw & Russian dressing on grilled pumpernickel bagel
- 19. BREAST INTENTIONS**
Grilled chicken breast, pesto, sundried tomatoes, melted Provolone on sesame bagel
- 20. BEEFEATER**
Roast beef, Swiss, lettuce, tomato, horseradish sauce on everything bagel
- 21. CHEESESTEAK**
Our Philly: grilled prime beef, caramelized onions, peppers, w/Provolone cheese on your choice of bread
- 22. JOIN THE CLUB**
Turkey, honey cured ham, bacon, Swiss, lettuce, tomato, & mayo on egg bagel
- 23. A BIRD TO THE WISE**
Roasted turkey, black label bacon, Pepper Jack, avocado & chipotle mayo on poppyseed bagel
- 24. POULTRY-GEIST**
Grilled herb chicken, bacon, homemade pesto, avocado, lettuce & Provolone cheese on everything bagel
- 25. THE BIRDS OF CAPISTRAMI**
Turkey pastrami, Provolone, honey mustard, & lettuce on pumpernickel bagel
- 26. CLUSTER PLUCK**
Turkey, grilled salami, cole slaw, Swiss & Russian dressing on your choice of bagel

THE STANDBYS

PBJ & B3.75

Peanut butter, grape jelly on cinnamon raisin bagel

GRILLED CHEESE BAGEL 6.95

Choose your cheese

add tomatoes 1.00, add bacon 2.00, add avocado 2.00, add deli meat 2.00

BLT CHICKEN SALAD 13.95

Chicken salad, bacon, lettuce, tomato & mayo on everything bagel

BRING HOME THE BACON (BLT) 13.95

Bacon, lettuce, tomato & mayo on a bagel of your choice. add avocado 2.00

T-U-N-A MELT 13.95

White meat albacore tuna salad & Swiss on your choice of bread add tomato 1.00

SENSATIONAL SALADS

TRI SALAD PLATE 15.95

Chicken, tuna & egg salad. served on a bed of greens w/tomatoes, onions & cucumber
sub. whitefish salad add 2.00

GREEK SALAD 12.95

Romaine lettuce w/feta, tomatoes, olives, red onions & cucumbers. Served w/side of vinaigrette
add grilled chicken 4.00

CAESAR SALAD 12.95

Romaine lettuce & croutons tossed w/our own caesar dressing topped w/aged parmesan cheese
add grilled chicken 4.00

CHEF SALAD 14.95

Pinwheels of roast beef, salami, turkey w/Swiss, crisp greens, tomatoes, onions, cucumbers, carrots, hard boiled egg & olives. Dressing...you tell us!

SMOKED FISH PLATES 16.95

All platters come with lettuce, tomato, cucumber, red onion, lemon, olives, cream cheese & your choice of bagel

Choose one

• NOVA • WHITE FISH SALAD •

COFFEE/TEA

Regular, decaf & flavored varieties

Regular 12oz 2.39 • Large 16oz 2.79 • Hot Tea 1.75

KENNY & ZIGGY'S

SPECIALTIES

All specialties are individually frozen & easy to heat up at home

Blintzes 3.50 ea - 18.00 1/2 dz

Mini Potato Pancakes 9.00(6)

Stuffed Cabbage 13.95 ea

Chopped Liver 8 oz. 9.00 ea

SOUPS 14.50/QT

Matzo Ball • Kreplach • Mushroom Barley
Vegetable • Split Pea

K&Z DELI

Sliced fresh to order

Corned Beef 29.00/lb

Pastrami 31.00/lb

BY THE lb (POUND)

MEATS

AROASTICA CHICKEN	12.95/LB
HONEY MAPLE HAM	12.95/LB
BEECHWOOD SMOKED HAM	12.95/LB
OVEN ROASTED TURKEY	15.95/LB
SMOKED BBQ TURKEY	13.95/LB
ROAST BEEF	19.95/LB
HEBREW NATIONAL SALAMI	19.95/LB

CHEESE

AMERICAN	10.99/LB
CHEDDAR	10.99/LB
PEPPER JACK	10.99/LB
PROVOLONE	10.99/LB
SWISS	10.99/LB

SALADS

COLE SLAW	6.95/LB
EGG SALAD	10.95/LB
FRUIT SALAD	6.95/LB
POTATO SALAD	6.95/LB
SOLID WHITE ALBACORE TUNA	14.95/LB
WHITE MEAT CHICKEN SALAD	14.95/LB
WHITEFISH SALAD	19.95/LB



CATERING FOR ALL
OCCASIONS

HOME

MEETINGS

CONFERENCE

COMPANY PARTIES

SPECIAL EVENTS

4670 Highway 6 S,
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www.bagelexpresssugarland.com