Jamaica Association of Montreal inc.

L'Association Jamaïquaine de Montréal inc.



Activity Report 2022-2023

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PRESIDENT'S MESSAGE



Mark Henry President

Members and Friends of the Jamaica Association,

This past year was again a fun filled year of different activities that were exciting these include such as Games Nights, Black History Month events and Emancipation (done in collaboration with the Caribbean Coalition Network of Montreal), and Jamaica Day, among other events. These festive events were meant to uplift and unite our community through culture, food, music, good times with friends and celebrations as well as to speak on our history and legacy as a Nation. We continued our mission to provide programs and services for all. In this year, we also created new working relations with other community groups. More than ever, the members of the Board and, in large part, we felt the coming together of community and the want to grow.

I would like to thank you all very much for your unwavering support of our organization and look forward to your continued partnership as we continue to build a strong, and vibrant organization.

On behalf our board of Directors, I wish you and your family the very best and a happy Christmas and New Year to those who celebrate it.

Mark Henry, President

"It's easier to take than to give. It's nobler to give than to take. The thrill of taking lasts a day. The thrill of giving lasts a lifetime." — Joan Marques

ABOUT US

The Association was founded in November 1962, shortly after Jamaica's Independence in August 1962. Our seal of Incorporation was granted in 1970. Since its inception, the Association has grown strong in attracting members. It is recognized as the official organization representing Jamaicans in Montreal at the Federal, Provincial and Municipal levels. We have accompanied delegations and presented briefs to all levels of government. Given our commitment to community development, the Jamaica Association developed our Mission Statement as follows:

"To assist in improving and enhancing the quality of life for the Jamaican Community"

In fulfilling this Mission, the Association manages its operations to ensure the development of the community through economical, educational, cultural, and social activities. In 2019, the Association has become an active participant on the <u>Global Jamaica Diaspora Council</u> led by <u>The Honourable Minister Kamina Johnson Smith</u>, Minister of Foreign Affairs and Foreign Trade. This global initiative aims to rally Jamaicans with the purpose of building our island country through creativity, experience, and support.

The Association has always been in the Cotes des Neiges borough of Montreal over its now 61 years to date in existence. Our members, clients, friends, new arrivals to Montreal and partners who live and operate across and sometimes off the island of Montreal, additionally who come from all social strata depending on the programs, services, or activities they take part in.

Over these many years, countless people have come to know of the Association and have come to know if as a go-to place. As such, the number of activities that are produced reflect the versatility, openness and flexibility of the organization and the fact that its administrators and staff recognize needs and want. Further to that, that the Board is reactive to continue to make the Association a welcoming place for all who chose to use the program, services and who take part in the activities.

OUR BOARD, COMMITTEES, STAFF, PARTNERS & VOLUNTEERS

BOARD OF DIRECTORS

As of October 1 – December 10, 202	22
Mark Henry	. President
Sharon Nelson	. 1 st Vice-President
Alexander Townsend	. 2 nd Vice-President
Melrose Christopher	. Treasurer
Ingrid Barrett	. Secretary
Roger Hylton	. Director
Uton Lynch	Director
Clyde Williams	Director
Conroy Barnes	Director (appointed, no photo



Figure 1: Board composition Oct 1 - Dec. 10, 2022

I-r: C. Williams, I. Barrett, A. Townsend, S. Nelson, M. Henry, M. Christopher, U. Lynch, R. Hylton

The Annual General Meeting and Board Elections took place on **Saturday, December 10, 2022**. There were 147 eligible voters where 86 cast ballots online or abstained. The AGM was held in a hybrid format where there was online and in-person presence, there were **65 member present and 7 guests for a total of 72 people**. As per our bylaws, the Executive Team is selected every 2 years and Directors are selected every year. In that even year, those in the Executive Team up for election were positions #2 – 1st Vice President, position #4 – Treasurer and all Directors. There were two contestants for the 1st Vice President's role and an acclamation for the Treasurer's role. The contest between Sharon Nelson (incumbent) and Diane Boyd were for the 1st Vice President's role. The votes for Sharon Nelson were **64** (online votes and paper ballots) to **22** for Diane Boyd (online votes and paper ballots). The Treasurer role was assumed by acclamation by Keisha Wilson and the Secretary role was appointed to Ingrid Barret at our Strategic meeting in January 2023 for one year until it was time to vote for that position.

Board members as of December 9, 2022 were:

NAME	POSITION	SECTOR
Mark Henry	President	Private
	(position #1), 2021 – 2023	
Sharon Nelson	1 st Vice President	Para public (education)
	(position #2), 2022-2024	
Alexander Townsend	2 nd Vice President	Private
	(position #3), 2021 – 2023	
Keisha Wilson	Treasurer	Private
	(position #4) 2022-2024	
Ingrid Barrett	Secretary *	Private
	(position #5) 2022-23	
Uton Lynch	Director	Private
Roger Hylton	Director	Private
Althea Robinson	Director	Para public (health care
		administration)



I-r: C. Williams, I. Barrett, A. Townsend, S. Nelson, M. Henry, A. Robinson, R. Hylton, U. Lynch, K.Wilson

At our Strategic Meeting in January 2023, there were position for Auxiliary Board members who had no Board voting rights and who were appointed by the President to assist in organizing events for segments of the membership. These individuals were: Conroy Barnes, Peter Barrett, Diane Boyd, Linkcon Demetrius, Molly Young.

All members of the elected Board of Directors and Auxiliary Board are members of the Black community.

For nine months of the year, excluding January, July and August, Members' Meetings were held to share and inform members of activities as well as to hear from them regarding their feedback, suggestions, ideas and to conduct voting or polling among other activities. There were no Executive Team meetings held in this fiscal year (5 Officers: President, 1st Vice President, 2nd Vice President, Treasurer and Secretary) but meetings with the full complement of the Board were held (5 Officers and 4 Directors).

Table 1 - Scheduled meetin	g dates over the	2022 - 2023 year
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	EXECUTIVE	BOARD	MEMBERS
		2022	
N/A		Monday, September 13	Saturday, September 17
N/A		Wednesday October 19	Saturday, October 22 (cancelled)
N/A		Monday, November 8	Saturday, November 19
		Monday, December 5	Saturday, December 10 (AGM) Voting For Positions: #2 (1st Vice President), #4 (Treasurer), #5 (Secretary)* & All Directors
		2023	
N/A		Sunday, January 29 – Strategic Meeting- Location Jamaica Association, 10 am to 4 pm	No Members Meeting in January
None		Wednesday, February 1	Saturday, February 4
None		Wednesday, March 1	Saturday, March 4
None		Wednesday, April 12	Saturday, April 15
None		Wednesday, May 10	Saturday, May 13
None		Wednesday, June 7	Saturday, June 10
None		Wednesday, September 6	Saturday, September 9

COMMITTEES 2022-23

1. Membership Committee

This long-standing committee is responsible for making decisions related to the membership, managing the list by ensuring it is correct and up-to-date. Over the year, there were **399 members** in the organization. Furthermore, it is responsible for ensuring that information is sent to all members over a variety of means that include:

phone calls
 emails
 website
 quarterly newsletters
 (January, April, July, & October)
 posting on social
 physical delivery of
 media sites
 promotional materials

(Facebook & Instagram)

1. CHAIR: Sharon Nelson

2.

Committee Members:

Sophia Heath
 Marlene Roper
 Rosemarie Lewis

5. Keisha Wilson

Phone callers: 1. Hazel Williams 2. Lloyd Shaw

2. Social & Entertainment Committee

This committee has always been part of the Association and is responsible for creating social and entertainment events over the year. This year, they held various parties over the course of the year, that

included the weekly, Overproof Fridays (name recently changed to **Ovaproof Fridays**) and First Friday parties in collaboration with a local soccer league. They also held the following events: Games Nights on every 3rd Friday, Father's Day Brunch on June 16, St. Jean Baptiste BBQ on June 24, a bus trip to Ottawa on August 12, 2023.

1. **CHAIR:** Alexander Townsend

Committee Members:

2. Uton Lynch	Clyde Williams	4. Reta Campbell
5. Karen Irons	Conroy Barnes	7. Keisha Wilson
8. Lisa Morris	Karima Raiss	10. Cecile Oliver
11. Terence Wright	12. Anthony Reid	13. Royan White

3. Women's Auxiliary

The Women's Auxiliary was revived in 2016 and serves to engage more women to be a part of the Association. We continue to plan discussion groups on issues of concern or curiosity, outings to performances or museums and trips in and around Quebec, among others.

Over the year, there were a lot of messages to members and two events held in May to celebrate Mother's Day. The first was a Mother's Day Brunch on Sunday, May 14, 2023 and the second was a visit to the Eastern Townships to Blue Lavande on Sunday, May 22, 2023.

This year, we were pleased to add three more women to the group.

1. CHAIR: Sharon Nelson

Committee Members

2. Hazel Williams	3. Delores Smith	4. Carlene Clarke
5. Enid Hall	Yvette Bailey	7. Lorna Spence
8. Melrose Christopher	9. Jo-Ann Johnson	10. Hepta Deslandes
11. Shelley Morgan	12. Venetha Gregg	13. Madonna Stowe
14. Ann-Marie Babineau	15. Sonia Millett-Robinson	16. Elizabeth Newton
17. Gina Mai Simmons	18. Rose Weekes	19. Brenda Slater
20. Marlene Roper	21. Sophia Heath	22. Rosemarie Lewis

4. Jamaica Association Business Owners and Professionals (JABOP)

This committee was created in 2017 to help promote Jamaican and Black owned businesses primarily as well as Black owned businesses in Montreal. It also serves as a hub of information for owners on how to access to tools and resources to build their enterprise within Montreal's community. There are currently 55 businesses in the list of Jamaican and Black entrepreneurs. There are approximately 60 entrepreneurs on the list of potential candidates to be added to the JABOP list in 2022. Over the summer in 2023, a young person was hired to seek out and find new businesses and invite them to join the list. As a result of this mandate, there are now over 100 (??) businesses on the list.

Over the year, many businesses on this list have been highlighted on our social media platforms to further promote Jamaican and Black owned businesses.

1. CHAIR: Sharon Nelson

5. Building Fund Committee

This committee was created in 2020 with the purpose to raise funds for the eventual purchase of an adequate building to house the many activities of the Jamaica Association of Montreal. Fundraising efforts took place within the year and as of September there was over \$27,000 in funds raised.

Over the course of the year, there were changes to the structure of this committee, where Gloria Diggs moved out of province and Peter Barrett was added to the committee.

1. **CHAIR:** Mark Henry

Committee Members

- 2. Melrose Christopher
- 3. Claudette Scott-Dénès
- 4. Doreen Jones

5. Peter Barrett

6. Human Resources Committee

This committee was created in 2021 to assist with Human Resources matters relating to the staff. Omar Ramus occupies the role of Chair of the committee and works with the Managing Director. Professionally, he works in Human Resources as such his knowledge is beneficial for the organization.

1. CHAIR: Omar Ramus

7. Senior Committee

The Senior's Committee is charged with organizing events for Seniors, reaching out to them individually to better their needs so that we all stay connected. Over the year, Christopher Thompson and John Foster worked together to contact seniors to hear from them and to report their concerns.

In August 2023, we partnered with StarCan Cultural Association to host a bus tour of Montreal. There was one bus with over 50 seniors and family members touring Montreal

1. **CHAIR:** Christopher Thompson

Committee Members

2. John Foster

8. Youth Committee

The Youth Committee is charged with organizing events for kids and young adults. The Committee will reach out to youth in various ways to better their needs, to stay connected and to create events.

On August 12, 2023, these committee members hosted an International Youth Day event at the Association to bolster youth through service and different activities open to them in the community. The participants included Montreal United, the SPVM, Freedom is a Must Foundation. It was a time to celebrate youth and show case their talent. One youth spoke of the book she wrote on autism. A second youth displayed her paintings on body image and the importance of accepting self.

3. CHAIR: Shari Waldrich

Committee Members

4. Jade Parkinson-Gayle

9. Election & Nomination Committee

The Elections & Nominations Committee is charged with managing the nomination of candidates for elections and for managing the yearly election process.

1. CHAIR: Molly Young

STAFF 2022-23

- 1. Diane Boyd,
 Managing Director
 (began Jan. 2022)
 Executive Assistant to the
 President (began Jan. 2022)
 Director, Banquet, Bar &
 Compliance Services
 (began June 2021)
- 4. Elsa Mizero

 Teacher, French Beginner &

 Intermediate Courses
- 7. Gary Matthews *Teacher, Computers*
- 10. Hazel Williams
 Food Bank Coordinator
- 13. Reta Campbell

 Bartender
- 16. Laury Rosembert, Zoom Technical & Online Class Assistant
- 19. Pat Dillon Moore

 Executive Director, Arts

 Centre
- 22. lanna Miller, Coordinator Au Futur and Footsteps Program (July – Sept, 2023)

- 2. Kim Payton

 Coordinator, Programs and
 Services (began July 2020)
- 5. Claudia Miranda Teacher, French Beginner & Intermediate Courses
- 8. Shari Castello
 Zoom Technical & Online
 Class Assistant
- 11. Kenneth Warren Food Bank Coordinator
- 14. Lisa Morris

 Bartender
- 17. Oranda Neil

 Canada Summer Job student
- 20. Keisha Wilson Bar Manager
- 23.

- 3. Donna-Angella Stewart

 Coordinator, Au Futur & Footsteps

 Program (began May 2022,
 departed the Association in
 October 2022)
- 6. Amritha Sanmugam Teacher, English as a Second Language
- 9. Shilove Lauwers Food Bank Coordinator
- 12. Markayla Black Johnson Footsteps Cooordinator (Began in September 2022)
- 15. Karima Raiss
 Bartender
- 18. Winston Richards

 Chef
- 21. Clyde Williams

 Assistant Bar Manager
- 24.

PARTNERS & COLLABORATORS

We enjoy good working relationships with a cross section of community and institutional partners for the various activities that take place at the Association. These are our current partners and collaborators with whom we have had many activities whether attending events & meetings, working together on projects, or supporting each other in several ways.

1. Moisson Montréal	 Collège Frontière (renamed United for Literacy) 	Community Contact Newspaper
4. CKUT 90.3 FM	5. Maison d'Haïti	Black Community Resource Centre (BCRC)
7. Cummings Centre	8. Concordia University	9. Caribbean Coalition Network of Montreal (Antigua & Barbuda, Barbados, Dominica, Grenada, Guyana, Jamaica, St. Vincent & the Grenadines)
 Centre Universitaire Integrée de Sante Sociaux de l'Ouest de l'Ile (CIUSSS) 	11. Frontline Restaurant	12. Carib Patties Restaurant
 Direction Régional de Santé Publique (Montréal Public Health) 	14. Black Mental Health Connections	15. Women Aware
 Corporation de développement communautaire de Côte-des- Neiges (CDC de CDN) 	17. Table de Familles CDN	18. Batshaw Family Services
19. Heberjeune	20. Elizabeth House	21. Maison Transitionelle 03
22. Welcome Collective	23. The Diet Dispensary of Montreal	24. La Maison Bleue
25. MiniBiblioplus	26. West Can Folk Performing Company	27. Gaps Vies
28. Kane and Fetterly Funeral Home	29. Centre for Research- Action on Race Relations (CRARR)	30. B'Nai Brith Canada
31. What a Gwaan National – weekly facebook show on all things Jamaican	32. MTL Bagel	33. StarCan Cultural Association
34. Maison Mosaik	35.	36.

VOLUNTEERS

We are very appreciative to our volunteers who give of their time to assist us in achieving our goals. Typically, volunteers spend anywhere between 2 to 5 hours per person or group, in any a week and when possible, in assisting at the Association.

- 1. Chris Thompson Food Bank
- 4. Mohamad Addas Tax Clinic
- 7. Christophe Lewis Events
- 10. Yvette Bailey Events, Food Bank
- 13. Gina Simmons Food Bank
- 16. Lorna Spence

- 2. Agnes Faustin Food Bank
- 5. Karen Licorish Events
- 8. Michelle Reid Events
- 11. Desrean McFarlane Events
- 14. Melba Lawrence Food Bank, Greeter
- 17. Rosemarie Sang Events

- 3. Carlene Clarke
- 6. Sharon da Silva Events
- 9. Clifford Dolphy Events
- 12. Carrington Falconer Events
- 15. Yvonne Forbes Food Bank, updates lists
- 18. Marlene Roper

PROGRAMS & SERVICES

Our 6 programs include:

- 1. Au Futur
- 4. Brilliant Minds
- 2. Footsteps
- 5. Food Bank

- 3. Adult Basic Education
- 6. Tax Preparation

Our 6 services include:

- 1. Hall Rental
- 4. Licensed Bar (social economy venture self financing)
- 2. Legal Documents
- 5. Restaurant (social economy venture self financing)
- Community Service / Alternative Justice
- 6. A place to gather with friends

PROGRAMS

1. Au Futur Program

The aim of the program is to continue to help young single Black mothers between the age of 15 to 35. This is a Federally Funded Program and we have worked in collaboration with Maison D'Haiti on this is a reinsertion / reintegration for this target population since 1985. Due to the pandemic, Ms. Hamilton, worked online and by phone exclusively to continue to provide services as per the program outline and as per government guidelines on restrictions. The services of the program include:

- 1. accompaniments to medical appointments (halted during the pandemic);
- 2. made home visits (halted during the pandemic);
- 3. help with CV writing and finding employment;
- 4. help women with questions and processes for returning to school;
- 5. Immigration referrals and information;
- 6. Help to find day care services, among other services.

As of October 1, 2022, there were 15 women in this program. Donna-Angella Stewart was hired as Coordinator in May 2022 but left the Association at the end of October 2022 for several reasons.

Ms. Stewart created a quick rapport with many of the women over a short time where she got to know them and vice versa. Ms. Stewart also went to different meetings to represent the Association at the CDC de CDN, the Table de Familles, the Refuge Centre among others. In November 2022 Diane Boyd, took over the role replacing the Coordinator. In July 2023, Ianna Miller was hired to assist in this program but after three months, she decided that she could not continue. As such, Diane Boyd assumed the role and Kim Payton now assists in to ensure that all files are complete among other administrative tasks.

SOME PARTNER ORGANIZATIONS USED FOR THE AU FUTUR PROGRAM:

- 1. Batshaw
- 3. Heberjeune
- 5. Elizabeth House
- 7. Maison Transitionelle 03
- 9. DC Cote Des Neiges
- 11. Welcome Collective

- 2. The Diet Dispensary of Montreal
- 4. La Maison Bleue
- 6. Frontier College
- 8. MiniBiblioplus
- 10. Maison d'Haiti

WORKSHOPS OVER THE YEAR:

There were two workshops with Tanya Matthews, faculty member at McGill University. Dr. Matthews is a postdoctoral research fellow in the School of Communication Sciences and Disorders at McGill University. Her current research interest lies in conducting ethnographical studies to document the oral language and preliteracy practices in the homes of children in low-income families. She is currently conducting this ethnographic study in the Black communities in the Montreal area.

These workshops were entitled "Tanya Talks" and focus primarily on parents reading to children and the importance of that.

There is a follow up done with each woman to ensure that they are doing well and to follow up to ask about their needs.

CONTINUED STEPS TO REVAMPING THE PROGRAM

In early August 2023, there was no graduation ceremony held as was done last year. However, as this collaborative program with Maison D'Haiti has a time frame of 3 years for each woman, another assessment of the progress of each woman to attain their goals will be conducted in the new fiscal year to ascertain who have met their milestones and who is in a good position to exit the program with better skill sets than when they entered.

In this fiscal year, the Federal government announced changes to funding for programs like these; however, push back from community organizations was swift as a result of the short announcement time frame and the drastic change in funding structure. This push back caused the Federal government to change its stance and for the time being will continue to fund programs in the same format it had done for years. This temporary delay in changing in administering collaborative programs is now on hold.

The new paradigm would have seen more community organizations work on shorter timelines and more collaboratively with other community groups to provide similar or the same assistance to single mother households with less chances of community organizations knowing if their programs would funded.

By September 2023, there were 21 women in the program. We are now recruiting those who fit the profile of the program. Where the original mandate is 30 women.

	iste 2 List of Women in the Ad ratal program
TERM	WOMEN
October 2022	15
September 2023	21

Table 2 – List of women in the Au Futur program

2. Footsteps Program

The aim of the program is to provide the opportunity for children to play together and to offer respite to parents. As of October 1, 2022, there were 10 children registered in the program and they were in Montreal and, Etobicoke. Ianna Miller was hired to coordinate this program but her term with the Association lasted approximately 3 months after which time, Sharon Nelson assumed responsibility of coordinating the program until another employee was hired.

This activity remained online on Saturdays from 1 pm to 3 pm. We had an educator with the Table de Famille from CDC de CDN who animated the sessions. In October we expanded the offering to include a Collective Kitchen every 2nd Monday in collaboration with Maison Mosaik. The Collective Kitchen was done in person on Mondays from 5:30 pm to 7:30 pm. We had a chef provided by Maison Mosaik, we also involved an educator from the Fraser Hickson Library to come to read books and play games. Additionally, we had an animator who also took part and engage in play. We hired an assistant who would help to clean up and wash dishes after each event.

Each week, the children and parents would make a meal from a different country and after that the group would eat together and have conversation about many topics of interest which was very enriching for all parties. In September 2023, Markayla Black Johnson was hired to Coordinate the activities of the online and in person Footsteps program.



514-737-8229

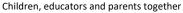






Some dates for the 2022-23 year







Having a meal at the table

Figure 4 – Collective Kitchen

During early Spring 2023, we took the children to the Cabane a Sucre St. Constantin where there were 20 adults and 23 children participating for a total of 43 persons.



Figure 5 - Cabane a Sucre St. Constantin - April 2023

The number of children varied over time, but we noted an increase in participation from fall 2022 to 2023 for both in person and online.

Table 3 – List of children in the Footsteps program

TERM	STUDENTS
October 2022	10
September 2023	15

3. Adult Basic Education Program (ABE Program)

The courses in our A.B.E. program target adult learners who want to improve their computer, French or English as a second language skills among others. We continued having courses online as was done during the pandemic during the 2022-23 year.

The French Conversation, Computer class and two new classes, Spanish and Math for Adults, were offered. Students are still engaged in taking classes online as it is convenient. It was observed that while there was Zoom fatigue, students were still very engaged in taking course with a total of 61 registrations in classes, an increase by 10 over the previous year. This increase could be due in part to fact that we more people registered in the French Conversation class offered in the previous year. Advertising for these courses primarily was on our social media network and in sending emails to members, partner organizations and advertising on our website.

Table 4 – List of classes and registrants – Adult Basic Education registrations

NAME OF COURSE	DESCRIPTION	REGISTRATION
Beginner Spanish	This is a new course offering for those	Fall -7
Offered Fall 2022 and Winter	wanting to learn Spanish	Winter – 11
2023, Fall 2023		Fall - 1
		Total: 18
French Conversation	This course builds on the knowledge and	Fall - 13
Offered Fall 2022 and Winter	skills acquired in French Beginner	Winter – 13
2023		Total: 26
French Beginner	A course for those starting to learn French	Fall - 7
Fall 2023		Total: 7
Money Works	A course on money and how it works	Fall -4
Offered Fall 2022		Total: 4
Computer Literacy for	This course focused on improving computer	Spring – 3
Beginners	skills for participants as well as to reduce	Total: 3
Offered Spring 2023	anxiety about using computers.	
Basili Cara Addili	A course on basic math skills	Winter – 1
Math for Adults Offered Winter 2023, spring 2023		Spring – 1
Fall 2023		Fall - 1
1 500 = 5 = 5		Total: 3
	TOTAL STUDENTS	61

4. Brilliant Minds Program

This program is for elementary students, high school students and adults seeking tutorial assistance in particular subjects. Volunteer tutors are from College Frontiere (Frontier College). During the fall of the 2022 school year, there 20 students on the list of participants. We maintained the online tutoring session even though United for Literacy formely known as Frontier College was on a gradual process to return to in-person tutoring. We opted to keep the online and as a result, the Tuesday night Homework Club sessions were maintained to allow for one evening where tutors meet their respective tutees in online breakout rooms for between 45 mins to 60 mins. This process continues to be a success and we saw and increase in the Winter term.

We also adopted the program to make it a Jamaica Association program that is operated out of the Association and no longer with Frontier College. We were also looking for our own tutors as United for Literacy continues to face recruiting issues.

Table 5— List of students & adults in the Brilliant Minds program

1 marc 2 = 100 0 1 0 1 marc 1 marc 1 marc 1 marc 1 1 marc		
TERM		STUDENTS
Fall 2022		9 : children & adults
Winter,	Spring,	39: 22 children & 4 adults
Fall 2023		
	TOTAL	48 registrants

As usual, before the holidays in 2022, we received a generous donation of books for children who are in the program. We are truly thankful for this kind gesture.

The program with the Lester B. Pearson School Board did not materialize as we had intended last year; however, we are hopeful that we will be able to create something in the 2023-24 year.

5. Food Bank

As of October 1, 2022, the Food Bank continued its partnership with Moisson Montréal.

The purpose of this program is to increase food security by ensuring a healthy supply of not only fruits and vegetables but also of other needed food and non-food items. Clients continue to appreciate the ability to choose their foods they would like can eat or have. As the pandemic continues, the increase in the usership also increased.

The list of the offerings is posted weekly on our Facebook pages, along with actual photos for clients to review prior coming to the food bank. Many of the clients remarked that they continue to like this process for they can select their preferred items and that they felt respected. We maintained the same protocols used previously to continue to respect physical distancing and safety of workers, volunteers, and clients. In 2022-23 we continued to use the mobile ventilator for COVID and other pathogens. It was placed it in the stairwell to ensure clean ventilated air while clients waited. We also purchased a second machine from fund from the food bank to be placed in the work area for additional precaution.

Clients remained distanced in the stairwell and on the 2nd floor landing and could not enter the Association except for the use of the lavatory or to choose from select clothing and household items that were donated to the Association. After they had selected their food choices, staff members would then bring out the selected items on a cart for clients to place in their own bags. Clients would enter the main hall to choose clothing or other items.

The hours of operations were Thursdays from 10 am to 5 pm and on Fridays from 2 pm to 5 pm. The cost remained at \$5 for all items selected irrespective of the amount of items chosen. This price range is within the guidelines outlined by the partnership agreement with Moisson Montreal. Food bank cards were reintroduced in June 2021 to properly quantify activity and to assist in the yearly Hunger Count activity with Moisson Montreal held each April. As of September 30, there were over 900 people who received their card, with approximately 10% being members of the Association itself. The use ranges from weekly, to as needed.

The van that is used primarily for food bank pick up and deliveries has had decals with the Association's name, logo, phone number, email address, website and services added to it for marketing purposes.

Table 6 –List of monthly visits to the Food Bank

MONTH	MONTHLY VISITS (2022 – 2023)	MONTH	MONTHLY VISITS (2023)
OCTOBER 2022	192	APRIL	331
NOVEMBER	239	MAY	322
DECEMBER	308	JUNE	316
JANUARY 2023	245	JULY	242
FEBRUARY	304	AUGUST	308
MARCH	471	SEPTEMBER	342
TOTAL	3620		
	visits over the year		

We continue to see a steady increase in the number of clients as shown in Table 6, an increase of approximately 43% over last year (3620 visits vs 2047 visits in last year). It is important to note that our clientele is very diverse and many ethnic backgrounds that include Caribbean, African, Southeast Asian, European, Latin-American, Quebecois, among others. Additionally, we are happy to state that many different religious groups also use our service that include Christian, Hindu, Muslim, among others. In this year, the Hunger Count metric showed the Food Bank was assisting more than 350 people (including persons within families) for that month alone. This year, we saw a sharp increase in use by Ukrainian war refugees.

Senior members of the organization continue to have the service of home delivery if they use the food bank. A system was developed whereby seniors would contact the Association, place their food order from the weekly list and then receive the delivery on Friday afternoons. This system is still in place and is appreciated by all who use it. We have a list of approximately 9 seniors, where 4 continue to regularly use the service.

There was a limited amount of clothing that was received as this donation was discouraged during the year. We thank all those who gave their items to the food bank clients. These were greatly appreciated. Books continue to be an interest as these items were made available through donations from Frontier College among others.

We take this opportunity to thank members and friends of the Association who continued to donate and in doing so have helped vulnerable Montrealers, new immigrants and asylum seekers in the CDN/NDG borough among other boroughs. We continue to mention **Glen Spence**, owner of MTL Bagel located on Westminster Ave. in Montreal, who over the past year, has donated thousands of bagels to help feed those in need. There are many other donors and anonymous donors who sincerely give from the heart and who we thank profusely for their generosity.

6. Tax Clinic 2023

The tax clinic service was available for the 2022 income tax year. We partnered with the Canada Volunteer Income Tax Program (CVITP associated with Canada Revenue Agency) and the Income Tax Assistance – Volunteer Program (Revenu Québec) to offer this clinic. We continued to use the protocols during COVID to

ensure we were respecting government guidelines. Having said this, participants and tax filer could reach each other via designated zoom accounts and by email.

We had 21 registrants of which 17 submitted all their tax documents and their files were completed. We had 3 tax volunteers, Mark Henry, President of the Jamaica Association, Carlene Clarke, a member of the Jamaica Association, and Mohamad Addas, volunteer from CRA site. We intend to continue this program and partnerships in the upcoming years.

Table 7 – List of participants in the Tax Clinic

REGISTERED PARTICIPANTS	COMPLETED FILES
21	17

SERVICES

1. Banquet Hall Rental – The Noel Alexander Banquet Hall (self-financing)

Over the fiscal year, there were **67 rental events** in the hall that included both large and small and public and private events. This represents an increase in 17 events over the year. This is one way to self-finance activities at the Association.





Figure 4: Banquet Hall Set Ups / Rentals

2. Information, Referral, & Jamaican Document Services

The Association continues to offer services to our members and the community large. Throughout the year we assisted with providing application forms for Permanent Resident cards, Jamaican and Canadian Passport forms as well other documents that people had difficulty accessing or completing. Kim Payton, Coordinator of Programs and Services, who joined the Association in July 2020 has created a step-by-step guide for the Jamaican passport application to allow individuals to fill in the forms in a relatively easy and straight forward process. She continues to update any document or process, as needed.

a. J.A.M. Services Directory 2022-23

A directory of various services available in Montreal, Ottawa, Canada, and Jamaica was created in 2020. This document was continually updated over the year to include services that range from Advocacy Groups, Food Banks, Housing, Jamaican Services, Immigration, Legal, Passport and Social Services to Tourism in the Montreal area.

b. J.A.M. How to Documents uploaded to the website

A series of step-by-step guides were updated and can be found on our website:

- 1. Jamaica Passport Application Process for Jamaica
- 2. Jamaica How to Apply for a TRN (Taxpayer Registration Number)
- 3. Jamaica Citizenship Application Process for Jamaica By Marriage and Descent
- 4. Jamaica How to Pay Your Jamaica Property Taxes Online
- 5. Canada Applying for a Permanent Resident Card
- 6. Quebec Becoming A Permanent Resident in Quebec
- 7. Jamaica Returning to Jamaica

Additionally, referrals were made for various services that were requested and added to the directory of services that was created.

3. Community Services (Adults) & Alternative Justice (Youths) Program

The Jamaica Association became official partners of the YMCA Community Service program again were individuals had to first register with that organization before being assigned to do community work at the Association.

There were **5 participants** in the Community Work Program through the YMCA and no youth participants in the Alternative Justice Program this year. The latter program is done in collaboration with Trajet.

4. Licensed Bar – Negril Bar (self-financing)

The Association's Bar is named "Negril". In this fiscal year, the use of security measures and a guard were maintained. There was a record number of patrons who came to the Association on Fridays and Saturdays over the year. As there are no more restrictions, hours of operation are from 9 pm to 3 am on both nights. The level of activity has demonstrated the appreciation of having a bar in our space. This service allows for self-financing activities.



Figure 5: Negril Bar

5. Licensed Restaurant – Cool Runnings Restaurant – (self-financing)

The restaurant has been in operation since April 2022. We celebrated our official first year anniversary on May 23, 2023. Over the fiscal year, we have served approximately over 5000 meals with good reviews. Mr. Winston Richards is a well-known chef in Montreal's community as he has been cooking for over 30 years. He is committed to building the restaurant and we are very appreciative of that. We have also made adjustments to allow for better management. One such change is the opening hours which were:

Saturdays & Tuesdays 12 pm to 6 pm, to Wednesdays 12 pm to 7 pm, Thursdays 12 pm to 5 pm due to the Seniors Hangout events, and Fridays to Saturdays 12 pm to 9 pm.

We introduced delivery with Doordash initially to be able to reach a wide audience who appreciate Jamaican food while catering to the different needs of the community. We are also on the Uber Eats platform. A catering service is also available and is proving to be a positive addition to this self-financing venture.



Figure 6: Cool Runnings recipient of Best of the Best Award – Ethnic food category in March 2023



Figure 7:Celebration of 1st year

6. A place to safely gather

The Association continues to be a welcoming and friendly meeting place for people and friends to safely gather. Many individuals indicated that this facility where the social activities offered on Fridays and Saturday nights helped them relieve loneliness and boredom. It also became a space to relieve the mental distress and anguish of coping with the restrictions of the pandemic and for human contact albeit that there were many offerings of activities on the Association's various zoom accounts.

CURRENT AND NEW INITIATIVES IN 2022-2023

1. Dutch Pot

a. This initiative began in August 2021 just before the start of the fiscal year. This was an opportunity to have a space where patrons and friends can have Jamaican breakfasts on Sundays from 11 am to 3 pm as most Jamaican restaurants are closed. The frequency changed from twice a month to every 2nd month at one point to now having this event on at least twice in the year. Over the fiscal year, 2022-23, there have been two activities entitled the "Presidential Brunch" held in April 2023 and "Jonkanoo" held in August 2023.

2. Senior's Hangout

a. While there was interest when this initiative began in December 2021-May 2022 during the pandemic, these events continue to be suspended until further notice due to changing demographic wants.

3. Bamboo Lounge

a. The Bamboo Lounge is a spin-off of the Senior's Lounge where it is still geared toward the senior group. This event has changed frequency and is now held twice a year. In this fiscal year, there have been two sessions in May and June 2023.

4. Linstead Market

a. In Jamaica, there are many markets where people go to buy produce. The city of Linstead has a very important market, and it is even named in a popular Jamaican folklore song. The idea of having Linstead Market at the Jamaica Association is to offer members and friends certain produce that may not be as readily available in stores. This initiative has been suspended in this fiscal year.

5. JAM Arts Centre

a. The JAM Arts Centre was created with a grant received from 3737 to promote arts. It is a creative space for veteran & up and coming, Anglophone, Francophone & Allophone Black artists. To date, there have been two activities in the fiscal year that consisted of a soft launch at Jamaica Day on July 22, 2023 and the official launch on September 28, 2023.



DUTCH POT

SENIOR LOUNGE SUSPENDED



BAMBOO LOUNGE

LINSTEAD
MARKET
SUSPENDED



JAM ARTS
CENTRE

Figure 8- Update on initiatives in 2022-2023

GRANTS

- 1. Ministere de la Sante (Maison D'Haiti fiduciary) \$26,820
 - a. We work in collaboration with Maison D'Haiti for our Au Futur program. Through this Federally funded program we received funding through our fiduciary.
- 2. Supporting Black Canadian Communities Initiatives (SBCCI) \$31,250
 - a. Grant received through Groupe 3737. Full funding was \$125,000 but received \$31,250 for the time period.
- 3. Programmes de soutien des organisms communautaires (PSOC) \$268, 857
- 4. Ville de Montreal Pour et par les jeunes \$36,123
- 5. Other financing \$9,463

a. Canada Summer Job \$4,321
 b. OBNL \$3,557
 c. CVTIP \$585
 d. Other \$1000

HOURS OF OPERATION, & STAFFING

Office hours: Mondays to Fridays 10 am to 6 pm

The Association is open for all to enter; however, we still receive a high number of calls

for various services. Additionally, there is a high number of walk-ins.

Food Bank: Thursdays 10 am to 5 pm

Fridays 2pm to 5 pm

Clients remain on the landing as usual and food items are brought to them. If there is clothing or other items for distribution, those are left in the main hall for clients to go

through on their own.

Social gatherings Fridays & Saturdays 9 pm to 3 am

In October 2022, we had 4 full time office staff which included Kim Payton, Coordinator of Programs and Services, and Donna Angella Stewart, Coordinator for the Au Futur program, Winston Richards, Chef, and Diane Boyd Managing Director and Executive Assistant to the President. We had 18 part time staff in the 2022-23 year. Currently, we still have 3 full time staff as both Donna-Angella no longer works for the Jamaica Association.

MEMBERSHIP, PROGRAMS, SOCIAL ACTIVITIES & PARTICIPATION

Over the course of the 2022-2023 fiscal year, we noted a continued increase, and in some instances same people participating in the various activities whether in program offerings, services or in social activities. We also saw an increase of non-members taking part in events. With respect to the classes, we had more registrants in the Adult Basic Education Program, but the retention rate remained high.

The same is also true for membership, there was renewal of membership and approximately an increase of **11% new members** added to our list, as such we currently have a total membership of **399 people** as of September 30, 2023. This 11% increase is similar to the previous fiscal year 2021-2022.

WEBSITE & SOCIAL MEDIA

1. Website

As of September 30, 2023, we have high traffic with over **14,000 views**. The analytics show over **98% rating** for the website.

The same domain name which is, jam-montreal.com, for the now 6 email addresses and website was kept: https://jam-montreal.com

2. Facebook

As of September 30, 2023, there were over **900 members** in the group and there were over **300 likes** (and over **400 followers**) on the company page. We continue to have a high viewership and engagement rate on the platforms.

Page address: https://www.facebook.com/jamaicaassociationmontreal https://www.facebook.com/groups/jammontrealinc

3. Instagram

As of September 30, 2023, there were over **600 followers**.

Page address: @jamaicaassociationmontreal

ADVOCACY & COMMUNITY COLLABORATIONS

Over the course of the year, the Jamaica Association continues its role in advocating for the community and there have been several radio and TV interview with Mark Henry, President and Sharon Nelson, 1st Vice President including radio (CBC, CJAD, and CKUT) and TV (CTV news, Global News & City News) interviews once again.

We were also vocal with groups such as the Centre for Research Action on Race Relations (CRARR) and joined a working group named Communities United for Race Equality (CURE). Particular to this year, we worked with CRARR on a program for youth named Pour et Par les Jeunes. We entered a contest for funding to do a project

around youth violence. The Association and CRARR's project was selected in that the proposal concerned hosting a conference on youth violence and hearing from youths and their families on the impacts of violence on their families. There was also a basketball tournament that brought together 5 youth teams to play against each other. The goal was to get youth together that would not usually play against each other. This included Black, Chinese, and Filipino teams where one team consisted solely of young girls. The following day there as a conference for youth, family and friends to discuss and address the matters youth violence and to find solutions.

We have worked with many community groups over the year, chief among them is the Caribbean Coalition Network of Montreal. We have had several activities together and supported each other's activities over the year.

MENTAL HEALTH, WELLNESS & SAFE SEX

In this year, we continue our role in promoting health and wellness in as many ways as possible. While mental health was at the forefront, we also began a pilot project of placing condoms in both the men's and women's lavatories to promote safe sex in late 2019. Approximately two and a half years later, and once we were able to open again to the public, we continued to make accessible condoms received from our community collaborator, Gap Vies. During the pandemic, it was shown that there was a rise in STIs in Montreal, as such we felt it was necessary for the Jamaica Association to play our part in also promoting safe sex. Not only condoms, but we also have literature about how to use condoms and what is safe sex. These materials also were taken at a high rate.

In the Black community, discussing sexuality or safe sex are taboo topics. We want to break that stigma and be also proactive on the matter of sexual health and wellness particularly at this time. Our patrons find this service an important one, as we replenish our stock of condoms in both bathrooms on a consistent weekly basis.

SHARING RESOURCES

Over the past year, our collaboration with many groups has grown, including the Montreal Caribbean Coalition Network. Seven Caribbean islands are part of the group currently: Antigua and Barbuda, Barbados, Dominica, Grenada, Guyana, Jamaica and St. Vincent and the Grenadines. In this year Trinidad and Tobago wanted to join and had an interview for admission, but unfortunately, they could not commit to the time for meeting. As such, the group remains at the 7 Caribbean islands as stated above. As part of our work to support each other, and outside of the Black History Month and Emancipation events, the Association has offered free use of its facilities for Coalition members' meetings. If they are hosting an event outside of a membership meeting, we offer a minimal flat rate for use of the space.

When other organizations need help or assistance, we also make ourselves available to help them in the most meaningful way possible either in time or donations when we can.

PARTICIPATION IN COMMUNITY ACTIVITIES

Throughout the year, we participate in many activities outside the Jamaica Association to support and encourage community involvement at all levels. These events are both social and community based, particularly with the member organizations of the Montreal Caribbean Coalition Network, but also with B'Nai Brith Canada, CRARR as well as with all levels of government and with the Jamaican government and more. When we can, we donate resources, time and materials to organizations as needed. We have continued to work with the Regional Public Health Department on health issues within the Black communities of Montreal. In addition, we are also collaborating with the <<Black Opportunity Fund>> in their health care group.



On March 18, 2023, we were proud to participate in the St. Patrick's Day Parade where we had 8 participants represent the Jamaica Association.



On April 4, 2023, we were proud to participate in advocacy against Anti-Semitism after vandalism at a small synagogue in the Plateau.



On July 1, 2023, we were proud to participate in the Canada Day Parade where we had 8 participants represent the Jamaica Association.



On August 12, 2023, we were proud to participate in the Nuestroamerica Friendship Parade where we had participants represent the Jamaica Association.

SOCIAL & ORGANIZATION ACTIVITIES

(October 1, 2022 – September 30, 2023)

In addition to the monthly meetings of the board, executive team, committees, and program activities there were many social activities. Overall, there were approximately 100 events on the calendar this year some of which are listed below. This list does not include the numerous parties that were held over the course of the year along with several organization meetings that were attended.

In fulfilling its mission, the Association manages its operations to ensure the continued development of the community through economic, educational, cultural, and social activities. Our committees are instrumental in fulfilling a large part of this mission.

2022 – 2023 EVENTS

Table 9 – list of scheduled and completed events over the fiscal year

MONTHLY EVENTS TOTAL: 170 events

Monthly Events: October 2022 – September 2023

Event name	Number of events
Games Nights	12
OverProof Fridays	45
Versatile Saturdays	20
Collective Kitchen	19
Mental Health Thursdays	30
Financial Wednesdays	15
Socasize Work out classes	24
Bamboo Lounge	5

Additional events outside monthly events, & board and member meetings: 33 additional events

October 2022 (1 events)

Heroes Banquet 2022 * Sat., Oct. 15 at Ruby Foos

November 2022 (1 events)

Preparation for Annual General Meeting during the month

December 2022 (4 events)

- Visit of Honourable Minister Leslie Campbell December 12, 2022
- 2. AGM December 10
- 3. Staff appreciation, December
- Meeting with school children from Coronation school, Dec.

ASSOCIATION CLOSED FROM FRIDAY DECEMBER 23, 2022 TO WEDNESDAY JAN 3, 2023

January 2023 (1 events)

1. Strategic meeting, Jan. 15, 2023 in person at the

February 2023 (0 events)

March 2023 (1 event)

1. Cultural ignition showcase, March 4

Association

April 2023 (3 events) May 2023 (6 events)

1.

June 2023 (2 events)

- 1. Cabane a sucre, April 22
- 2. Cabane a sucre, April 29
- 3. Presidential Brunch, April 30
- 1. Jewish History in the Caribbean, May 11
- 2. Karaoke Night, May 12
- 3. Mother's Day Brunch, May 14
- 4. Mother's Day bus trip to Bleu Lavande, May 21
- 5. Sponsor a youth basketball event, May 21
- Health and Safety Workshop, May
- 1. Tribute to the Greats Reggae show, June 3
- 2. Celebrating Caricom in Ottawa, June 23
- 3. St. Baptiste BBQ, June 24

July 2023 (4 events)

1. Canada Day BBQ in Martin Luther King Park with Cool Runnings Restaurant - July 1

- 2. Canada day Parade July 1,
- 3. Jamaica Day, July 22
- 4. Soft Launch of the Arts Centre, July 22
- 5. Emancipation Celebration, July 30 (with the Coalition)

August 2023 (6 events)

- Youth International Day, August
- 2. Bus Trip to Ottawa for Jamaica Day, August 12
- 3. Participation in Nuestraamerica Friendship Parade, August 12
- 4. Jonkanoo Dutch Pot Brunch
- Youth Basketball Tournament against violence, Aug. 25
- 6. Youth conference against violence, Aug. 26

September 2023 (4 events)

- 1. Oldies and Goodies September, 16
- Regional Diaspora Conference, Montreal satellite location, September
- Visit of Honorable Minister Alondo Terrelonge & High Commissioner Marsha Coore-Lobban, September 25
- 4. Launch of the Arts Center, September 28

Events over the Year

October 1, 2022 to September 30, 2023

The Board of the Jamaica Association of Montreal has been extremely busy over the past year. Many of the over 200 activities focused on the acquisition of funds for a building soon. From October 1, 2022 to September 30, 2023, we count the following: 202 events, not including board and membership meetings, weekly interviews with radio personalities, and TV interview.

The use of the space was at an all-time high with 67 rentals recorded. We are extremely pleased with the high energy and engagement, and we look forward to the 2023-24 year, where we hope to come closer to purchasing a building to house all the activities of the Association. We have been meeting with an advisor to acquire a new charter for charitable status to help fund activities and the Association itself.

THE YEAR IN IMAGES



OCTOBER 2022 - Heroes Banquet Event at Ruby Foos



DECEMBER 2022 - Honourable Leslie Campbell &



JANUARY 2023 – Strategic Meetig



MARCH 2023 – Cultural Ignition



APRIL 2023 - Dutch Pot Brunch



MAY 2023 - Mother's Day



JUNE 2023 - Tribute to the Greats



JULY 2023 – Jamaica Day



SEPTEMBER 2023 – Regional Diaspora

Figure 10 The year in images 2022-2023

CONCLUSION

This report covers the many activities of the Jamaica Association over the October 1, 2022, to September 30, 2023 fiscal year. As noted, the Association is multi-faceted and as such there are several events and activities that respond to the needs of the many different populations described above for one reason or another. We are happy to serve each one for and for whom we are very happy to serve.

We look forward to your comments and are open to answering your question