



Childhood Development

Click the links below for helpful information for you.

9 Tips to Boost Your Baby's Language Development

1. Talk, talk, talk. 2. Sing and read. 3. Make eye contact. 4. Respond to your baby. 5. Use gestures. 6. Play together. 7. Use simple words. 8. Repeat words. 9. Be patient.

Tips to Boost Your Baby's Development

9 Simple Ways to Advance Your Toddler's Brain Development

1. Talk. 2. Read. 3. Sing. 4. Play. 5. Explore. 6. Create. 7. Move. 8. Connect. 9. Repeat.

Simple Ways to Advance Your Toddler's Brain Development

10 Tips for the "Picky Eater"

1. Be patient. 2. Offer variety. 3. Involve your child. 4. Model eating. 5. Keep it positive. 6. Avoid pressure. 7. Be consistent. 8. Offer small portions. 9. Try new foods. 10. Stay calm.

Tips for the "Picky Eater"

7 Tips for Raising a Cooperative Child

1. Be a role model. 2. Use positive reinforcement. 3. Set clear expectations. 4. Offer choices. 5. Use natural consequences. 6. Listen to your child. 7. Stay calm.

Tips for Raising a Cooperative Child

7 Tips for a Good Night's Sleep

1. Establish a routine. 2. Create a sleep environment. 3. Limit screen time. 4. Avoid naps. 5. Use white noise. 6. Stay consistent. 7. Be patient.

Tips for a Good Night's Sleep

10 Family Rules for Safety

1. No running. 2. No climbing. 3. No touching. 4. No hitting. 5. No shouting. 6. No swearing. 7. No bad language. 8. No disrespect. 9. No defiance. 10. No excuses.

Family Rules for Safety

Tips for Saying Goodbye at Child Care

1. Be consistent. 2. Keep it short. 3. Stay calm. 4. Offer a hug. 5. Say goodbye. 6. Leave on time. 7. Don't peek.

Tips for Saying Goodbye at Child Care

10 Things Every Parent Should Know about Play

1. Play is essential. 2. Play is learning. 3. Play is social. 4. Play is creative. 5. Play is fun. 6. Play is healthy. 7. Play is important. 8. Play is necessary. 9. Play is beneficial. 10. Play is wonderful.

Things Every Parent Should Know about Play

Choose the Right TOYS

1. Age appropriate. 2. Safe. 3. Educational. 4. Fun. 5. Durable. 6. Affordable. 7. Easy to clean. 8. Encourages creativity. 9. Promotes social skills. 10. Supports learning.

Choose the Right Toys

PLAY is a child's work

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Play is a Child's Work

How Children Learn

1. Through play. 2. Through exploration. 3. Through social interaction. 4. Through discovery. 5. Through repetition. 6. Through curiosity. 7. Through imagination. 8. Through experience. 9. Through observation. 10. Through practice.

How Children Learn

Kindergarten Readiness Checklist for Parents

1. Social skills. 2. Communication. 3. Self-regulation. 4. Problem-solving. 5. Independence. 6. Curiosity. 7. Persistence. 8. Flexibility. 9. Cooperation. 10. Responsibility.

Kindergarten Readiness Checklist



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