

Programs in support of 2013 CHNA

Healthyopolis

Centscible Nutrition –

Program run in Fall of 2013 with a focus on healthy eating habits. Class taught by Cindy Aguilar.

Women's outdoor day created to support initiative. Ran 2013, 2014, 2015. Offered women opportunity to get outside and take part in activities that normally were more viewed as targeting men (eg: Fly-fishing, Kayaking, and shooting. These were offered in June. Plans for a 2016 class based on bicycling is in the works.

Also, the Boy Scout Jamboree is held every year in September. This is a Boy Scout event that has BSA Council support. It involves over 500 participants who take part in a Friday-Sunday opportunity to:

- Shoot guns
- Bow and Arrows
- Pellet guns
- Rappelling
- Canoeing
- River Crossing
- Tug – o – war
- Hiking
- Ropes Course

The Kiwanis' Health fair in 2014 – educated on building a healthy pizza by earning toppings based on healthy life choices.

The Kiwanis' Health fair in 2015 – educated on women's health, and the importance of mammography, and healthy life choices to avoid increasing your risk – including diet. This program was also repeated in Shoshoni at their health fair in 2014 and 2015.