



MIRROR

**ONE MIRROR,
EVERY WORKOUT**

**BOXING
WEIGHTLIFTING
STRETCH
DANCE
CARDIO
BARRE
YOGA
PILATES
STRENGTH
PERSONAL TRAINING**

MIRROR

THE NEARLY INVISIBLE INTERACTIVE HOME GYM

THE VARIETY OF CLASSES
YOU WANT

THE IMMERSIVE EXPERIENCE
YOU WILL LOVE

THE INDIVIDUALIZED FITNESS
YOU NEED



MIRROR

MEET MIRROR

When off, it's a full-length mirror. When on, see yourself, your instructor and your classmates in a sleek, interactive display. All you need is the space of a yoga mat for a high-energy workout in any room!

TRAIN WITH EXPERTS

From cardio and strength to yoga and boxing, stream unlimited classes from our NYC studio directly to your MIRROR. Enjoy 70+ new live classes weekly, or take a class anytime with our extensive library of on-demand workouts, available 24 hours per day.

GET REAL-TIME PERSONALIZATION

Mirror uses your personal fitness profile and your biometric data to optimize every workout for maximum results. Receive real-time instruction from world-class NYC instructors, work out with friends and track your progress.

ENJOY SURROUND SOUND

Choose from curated playlists featuring popular music or create your own. Use the Mirror's embedded speakers, or sync your favorite Bluetooth audio device.