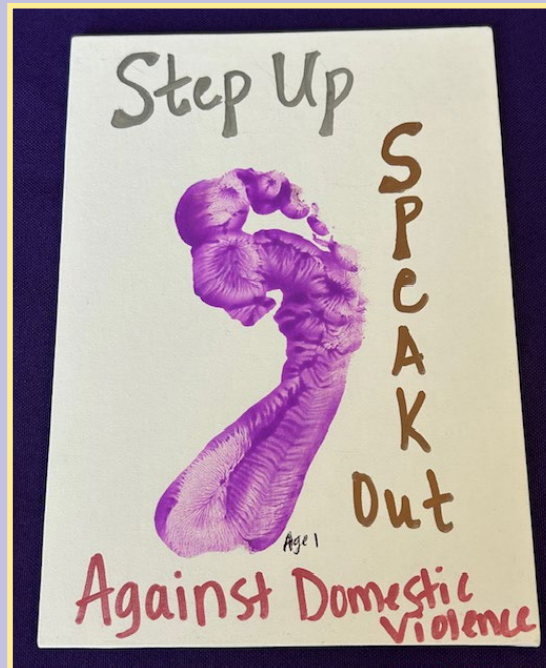




Safety • Protection • Support

2023 ANNUAL REPORT



The mission of Penelope House is to provide safety, protection, and support to victims of Domestic Violence and their children through the provision of shelter, advocacy, and individual and community education.



Daughters of Penelope



United Way
of Southwest Alabama

SACNP

SOUTH ALABAMA
COALITION of NONPROFITS

Executive Director's Message

Penelope House experienced so many wonderful positives in 2023, but boy, did we experience some negatives as well. I feel like the pendulum is swinging higher and higher in both directions- this can lead to feelings of ecstasy to feelings of doom and gloom, sometimes in the same day! Thankfully, we have steady support of the Penelope House Board, staff, and community near and far, that helps to stabilize the swings and allows Penelope House to fulfill its mission in a calm, steady, compassionate manner. For our staff, I am most thankful. Penelope House saw the expansion project of the shelter completed and opened in 2023 to serve those in need better- especially male clients and those with pets. Yet, we saw the decrease in funding sources to meet the increased costs of an expanded shelter. We saw individuals and businesses stepping up to fill the gaps- including the Shawn Esfahani Foundation that committed to donate \$35,000.00 to Penelope House for TEN years! Wow- what a commitment! It reminds me that "there is nothing impossible to those who will try"- Alexander the Great; and with all of us trying together, we will do whatever it takes to continue the mission of Penelope House that reached its 44th year of service in 2023.

Tonie Ann Coumanis Torrans, LMSW

President's Message

I write this message as a thank you for allowing me to serve for the past two years as Board President for Penelope House. Penelope house has always been an organization that has consistently serviced the needs of the community. I've come to think of Penelope House as a family organization that provides advocacy, mentorship, and purposeful care to many that are experiencing domestic violence. Our community of professionals, board members and sponsors provide a supportive network in which Penelope House has become increasingly reliant throughout each year.

I am proud of our determination to strive for excellence during economic uncertainty and staffing challenges, while ensuring community services are not affected. In the years ahead, I hope that the board will continue its initiative to support Penelope House in any capacity needed to ensure positive fiscal growth and community involvement.

Yours Truly,
Dana M Polk

Ambassador's Message

Through the years I have continued to be asked how we got our name "Penelope House." It comes from our founding organization the Daughters of Penelope. In 1978 the local chapter of the Daughters of Penelope voted to establish a shelter for Battered Women. Since then, the Board membership has grown to encompass a broad selection of members and leaders from the Mobile Community with a small percentage of members of the DOP still serving on the Board.

The Daughters of Penelope is an international organization of women whose mission is to promote philanthropy, education, leadership, and citizenship. There are hundreds of Chapters in the US, Canada, and Europe all with the same goals. They hold annual National and International Conventions where they assess projects that they wish to support throughout the year.

The DOP embraced Penelope House as a National Project since its very founding in 1978 and our doors opened in 1979 to serve victims of Domestic Violence and their children. Penelope House is a permanent National Project of the DOP which means that all Chapters are required to provide some support during the year to remain in good standing with the organization.

Through the years, the Daughters of Penelope along with our fellow AHEPA men's organization have provided hundreds of thousands of dollars to Penelope House and they keep Penelope's Closet well stocked with designer clothes and accessories. We are indeed blessed to have this association that has wholeheartedly supported us and is committed to continue to do so indefinitely.

Kathryn Coumanis, LMSW, LICSW, Ed.D.



Shawn Esfahani Foundation



Mobile City Council meeting



Daughters of Penelope

Officers and Board of Directors

Dana Polk
Mitchell Edwards
Tara Kleinpeter
John Pierce
Sheri Bosage
Stacey Killingsworth
Sheriff Sam Cochran
Jennifer Curry
Rep. Victor Gaston
Gwyn Howard

President
President-Elect
Secretary/Treasurer
Vice President Legal Council
Vice President Governance
Past President
At Large Member
At Large Member
At Large Member
At Large Member

Serena Chen Low
Tabitha Olzinski
Bobbie Holt Ragler
Ashley Rich
Marion Stille
Florence Stratas
Stephanie Streeter
Jessica Welch
Marilyn Wood

At Large Member
At Large Member
At Large Member
At Large Member
At Large Member
At Large Member
At Large Member
At Large Member

Advisory Board

Angelique Agee
Allison Tanner Allen
Ernie Bankhead
Allan Julian Barnes
Lisa Barnhill
Laura Haas Becker
Shelly Beech
Keith Blackwood
Joseph Blaise
Paul Burch, Jr.
Panay Lignos Burland
Mallory Brooke Carey
Dr. Ted Catranis
Davey Chastang
Rebecca Classic
Kathryn Coumanis
Peggy Cronin
Gayle Davidson-Shivers
Rena Davis
Kathleen Duthu
Pat Edington
Virginia E. Edington

Ashley Ferguson
Bobby Foropoulos
Melanie Fraim
Sam Gadd
Kelsey Gallahar
Tracey Gann
Jacquitta Powell Green
Maria Greenwald
Nina Hayes
Sharon Hindman
Angel Howell
Matthew M. James
Kanecka James
Kerrianna Johnson
Quinn Kennedy
Brock Killingsworth
Michelle Krulewicz-Dees
Tina Lackeos
Cindy S. Leonard
Darby Luxenberg
Fran Lyons
Leanna MacRae

Nancy Manlangit
Sheena Marler
Paula Marshall
Tobey Matthews
Karen McGill
Ashley McKeithan
Pamela Millsaps
Vicki Mitchelmore
Dani Moore
Alec Naman
Judge Edmond Naman
Gina Nolfé
Eleanor Odom
Trey Oliver
Harry Palles
Janis Pearman
Karen Pettiford
Amber Pierce
Ellen Platis
Paul Platis
Mary Powell
Beverly Kennedy Reed

Sharon Young Rhodes
Carol Robbins
Rhonda Roebuck
Belinda Shoub
Debbie Simpson
Mary B. Smith
Kymberly Soule'
Judy Stout
Titsa Stratas
Chris Stratas
John B. Teal
Tonie Ann Torrans
Jo Vaughn
Father Warren Wall
Cecilia Wallace
Cheryl Ward
Angela Weaver
Tonyea Weber
Raymond Weinschenker
Leah Williams
Ketti Smith Williams
Andy Wynn
Sandi Zoghby

Emeritus Board

Vivian DuValle
Dr. Bill Higgs

Leannah Holland
Susan Morrison

Davis Pilot
Mary Zoghby

Posthumous/Founding Members

Wiley Butler
Freda Roberts
Ethel Catranis

Joe Wilson
Sophia Clikas
Jack Grove

Sue Hanlein
Janie Ladas
Millie Long

Alice Meadows
Emily Panayiotou
Marie McConnell Perkins



DV Awareness- Lunch & Learn



Mary Kay Foundation

Services

CRISIS HOTLINE A crisis hotline is answered 24 hours a day, 365 days a year to provide counseling, information and referral services to families in abusive situations.

SHELTER: Emergency shelter for victims of intimate partner violence and their children is available 24 hours a day, 365 days a year. Victims who are admitted for shelter care are provided a safe place to stay while assessing their life situation and setting goals for the future. Shelter services include food, clothing, case management, advocate services, vocational counseling and children's services.

COURT ADVOCACY: Court Advocates assist domestic violence victims in Mobile, Washington, Clarke and Choctaw counties to navigate within the court system. The advocates provide information to victims about their rights and options in the legal system, assist with obtaining warrants and protection from abuse orders, and accompany them to court, both criminal and civil. One of the advocates is located in the Mobile Government Plaza Complex to assure services are readily available to the Domestic Violence Court and for victims needing assistance in filing some form of protection order.

CHILDREN'S PROGRAM: The Children's Program services are provided in the shelter and through referral to community agencies as needed. Recreational activities are scheduled for children with assistance from volunteer groups. Support groups are provided for shelter and outreach children. A full time child advocate provides individual support.

VICTIM SUPPORT GROUP: Meetings are held weekly. These groups are conducted for both victims in shelter and on an outreach basis. The group's purpose is to provide support as well as education about issues related to intimate partner violence and to empower the individual to make safe choices for themselves and their children. Children's support groups are also provided in coordination with victim support groups.

COMMUNITY EDUCATION: Penelope House provides workshops and speaking engagements directed toward the prevention of family violence through education. Workshops are routinely provided for other professionals such as medical, social services and law enforcement on the dynamics of intimate partner violence, the effects of violence on children and the prevention of family violence.

PREVENTION EDUCATION: The Penelope House school-based Prevention Education Program is for grades Pre-K through 12. The purpose of the program is to help children understand that abuse and violence is wrong, no one deserves to be abused, how to be safe when abuse is occurring in their home, and to never keep abuse a secret. Children are taught to recognize inappropriate adult behaviors and who they can turn to for help. The program also teaches teenagers about the warning signs and dynamics of unhealthy dating relationships and how to seek help if they are in an abusive relationship.

OUTREACH SERVICES: Services are provided to victims who do not request shelter care but are in need of assistance in dealing with intimate partner violence. These services include domestic violence education, support groups, legal referral, victim advocacy, vocational counseling, housing referral and assistance with victim compensation.

TRANSITIONAL LIVING COMMUNITY: A Transitional Living Community (TLC) provides housing and supportive services to victims of domestic violence (with or without children) who are homeless as a result of the domestic violence and who meet the VOCA guidelines. They must agree to develop a case plan, with the assistance of the Case Manager, which will lead to permanent housing within 24 months. Clients will receive Life Skills classes dealing with subjects such as financial literacy, homeownership, budgeting, parenting and other issues that will assist them in moving towards independence and self-sufficiency. While in the TLC program, our clients may also avail themselves to all of the services provided by Penelope House and its staff

PROJECT ID ABUSE: A domestic violence data collection and perpetrator identification program. Project ID Abuse identifies abusers in twenty south Alabama counties, tracks their criminal histories and provides partners in the project vital information to assist in the arrest and prosecution of domestic violence offenders. Project ID Abuse has been funded by the Department of Justice - The Office of Violence Against Women. Project ID Abuse was commissioned by the Mobile County Domestic Violence Task Force in July 2005 and has been administered through the Mobile County District Attorney's Office.

PENELOPE'S CLOSET: Penelope's Closet is located at 2907 Old Shell Road, Mobile, Alabama. It continues to flourish due to the combination of location, loyal volunteers, donors, and the public. It is absolutely an essential component to our mission. Penelope's Closet provides our clients with clothing and other necessities at no cost. All proceeds from the Closet return to the shelter to further assist victims and their children.



DV Awareness Walk

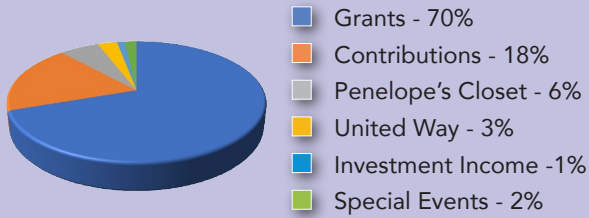


*Alabama Media Group- United Way
Day of Caring*



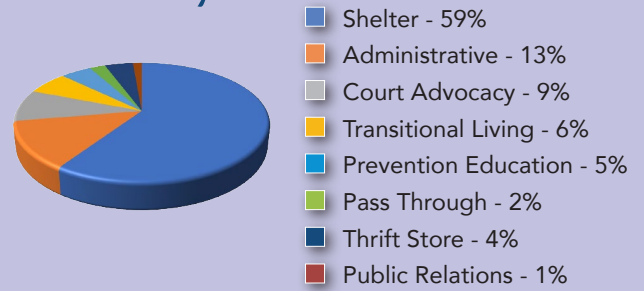
Past Board Presidents Meeting

2023 Income



*Based on 2023 Budget of \$2.9 million

2023 Expenses



2023 Foundation/Trust Contributions

AHEPA 310 Senior Housing Corps.
 AHEPA Senior Living
 AHEPA 29 Charitable Foundation
 C.D. Helen and Jeff Glaze Foundation
 Daughters of Penelope 180
 DuValle Charitable Trust
 Eichold Family Foundation Fund
 Ethel Burgess Maschmeyer Trust
 Malbis Foundation
 Mary Kay Foundation
 Mobicon Foundation
 Mobile Airport Authority Fund

Nan H. Altmayer Charitable Trust
 Nick's Kids Foundation
 Nicks Stratas Chapter 310 AHEPA
 Progressive Insurance Foundation
 Shawn Esfahani Foundation
 Skyros Benevolent Society
 The Caring Foundation
 The Daniel Foundation
 The Miller Charitable Foundation
 The Moses Foundation
 The TJX Foundation



AHEPA

2023 Mobile Chocolate Festival Sponsors

Moon Pie:

Poarch Creek Indians
 The Hargrove Foundation

Truffle:

Mobile County Sheriff's Office
 New Horizons Credit Union
 Tyndall Federal Credit Union

Bonbon:

Blue Cross Blue Shield of Alabama
 Joe Bullard
 Carlisle Medical
 Andy Citrin Injury Attorneys
 Tara and Shawn Kleinpeter
 Maids a la Mode
 Mobile County Commission- Comm. Randall Dueitt
 Rich's Car Wash
 Rihner, Gupta, and Grosz Cardiology
 Wilcox Chevron and Outpost Food Store
 Wilderness R.V. Park

Chocolate Covered Cherries:

Pilot- Adjusters Give Back
 AHEPA District One
 AltaPointe Health
 American Foods
 AmFirst
 Rebekah Brown Agency -
 State Farm Insurance
 Bryant Bank
 Daughters of Penelope
 Thais Chapter
 Estes Heating & Air Conditioning
 Gardberg and Kemmerly
 Ladas Development
 Mobile County District Attorney's Office
 Mobile Fixture
 Florence and Mike Stratas
 Zoghby's Uniforms



Thais Chapter- Daughters of Penelope



Mobile Chocolate Festival Co-Chair

2023 Memorials

Dr. James Bailey
 Bettie Bankhead
 Virginia Bray
 Ethel Catranis
 Christy Catranis Sparantsas
 Stella Chronis
 John & Calliope Cleondis
 Schmohl Cooper
 George N. Coumanis
 Nicholas Coumanis
 Dianne Michelle Devitt
 Richard Drew

Ashley Emrich
 Nicholas Family
 Reverend William Gaines
 Marion Griser
 Jean Archibald Hopson
 Anatasia Kakis
 Howard Knapp
 Bill Lacey
 Bill Lightfoot
 Nick George Lukes
 John McDougal
 Jimmie Menutis

Emmet Mosely
 Angelina Nicholas
 Angelo Nicholas
 Betty Nicholas
 Chris Nicholas
 Luke Nicholas
 Mert Nicholas
 Evelyn Richards
 Sawyer Russell
 Jane Suggs
 Rita Tziotis
 Nicholas Visaras



Greek Fest Charity Gala



Brides March



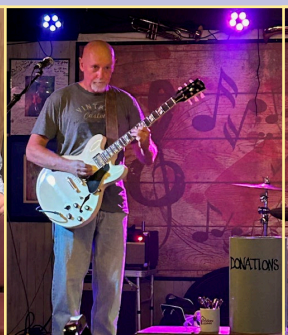
PJs for Penelope

2023 Community Involvement to Benefit Penelope House

Thank you to so many who held fund raisers for Penelope House, collected items from our Wish List, donated meals, and contributed clothing, small appliances, and artwork to Penelope's Closet- all ways to support Penelope House by generating income and helping us meet the needs of those we serve.



Youth Leadership Mobile- projects for Penelope House



Blues for Cans Ric McNaughton



Carlisle Medical



Mega Musical Chairs Univ. of South Alabama



Post Office Box 9127
Mobile, Alabama 36691

(251) 342-2809 Administrative Office
(251) 342-3144 Shelter
(251) 342-8994 24-Hours Crisis Line
www.penelopehouse.org



Dealers Auto Auction of Mobile



Washington County Sheriff's Office



Springhill Medical Auxiliary



Mobile Police Department DV Unit



Greek Fest Charity Gala



Choctaw Count DV Awareness Month Proclamation



Spire- United Way Day of Caring



DV Awareness Month Display

Penelope House thanks the entire community for their support!



United Way of Southwest Alabama



Andy Citrin Injury Attorneys



United States Coast Guard Sector Mobile



Shimmy Mob

Safety • Protection • Support