



— FEMALE — FILM CLUB

Resources Sheet

Film: *Meditation Park*

Director: Mina Shum



Mina Shum: *“We need to know that we have more power than we think. How do you harvest that? Often, it’s just fighting your own demons, your self-doubt, and societal expectations. These are all themes that are very dear to my heart because there are so many expectations placed on somebody that looks like me, and which I rejected. I haven’t rejected all of them, but I’m negotiating them every day.”*



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TRAILER

FunFacts:

- Mina Shum: To me, that's always been my goal when I work with different elements in the film. The visual should be able to tell the story with no sound. The sound should be able to tell the story with no visuals.
- Mina made this film to honor her mother's generation.
- Mina wrote the screenplay in a month, shot it within 18 days in her Vancouver neighborhood and made it the top Canadian film at the box office at its 2017 release
- The filming location was so close to Mina Shum's house that it was easier for her to go eat at home than in the trailer.
- 'It was important to me that Maria receive the Batman treatment. I see her as a superhero. Her obstacles of being able to speak for herself, being able to try to get a job, that's as big to me as a car chase in Deadpool. I wanted a very epic score for her. Andrew's really good at that. You pick the right people to work with, and then you're just making magic'.
- The wallpaper is actually designed from a graphic book that my dad brought to Canada with him when we immigrated. When he died, my mother said, "Do you want this?" I said, "Absolutely, these are gorgeous prints of borders, of just shapes and designs".
- Shum has lived in Hastings–Sunrise for 23 years, the past 13 in the same house. "I love the world of this movie," she says. "I made this movie about a block away from my home, so it is my world. I see these women every day. I see what they are doing and how they are dressed, and I'm like, 'Rock on.' They give me a lot of courage because they don't care what people think. They have solidarity among themselves, and they just don't care."



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Festival Appearances and Award/Nominations

- Toronto International Film Festival
- Vancouver International Film Festival
- CAAMFest 2018

Winner
Audience Award

Best Narrative
Mina Shum (Writer/Director/Producer)
Thoughts from the Asylum (Production Company)

- Canadian Screen Awards, CA 2018

Nominee
Canadian Screen Award

Performance by an Actor in a Leading Role
Tzi Ma
Meditation Park Film Ltd.

- Leo Awards 2018

Nominee
Leo

Best Supporting Performance by a Female in a Motion Picture
Lillian Lim

Best Lead Performance by a Male in a Motion Picture
Tzi Ma

Best Direction in a Motion Picture
Mina Shum



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Interviews:

<u>Seventh Row – Interview Mina Shum</u>	https://seventh-row.com/2018/03/09/mina-shum-meditation-park/
<u>Sandra Oh Speaks On Her Film "Meditation Park"</u>	https://www.youtube.com/watch?v=MZSRqEZw9Lk
<u>Mina Shum on Meditation Park</u>	https://www.youtube.com/watch?v=KMaYmFMg8oE
<u>Mina Shum talks Meditation Park</u>	https://www.thegate.ca/film/032657/mina-shum-talks-meditation-park/
<u>VIFF 2017</u>	https://vimeo.com/258904054
<u>Mina Shum on MEDITATION PARK Mongrel Media</u>	https://www.youtube.com/watch?v=sqgmp3a5l08
<u>Mina Shum talks Meditation Park</u>	https://www.youtube.com/watch?v= 2-Eu-taBnI



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Reviews:

<u>Hollywood Reporter:</u>	https://www.hollywoodreporter.com/news/meditation-park-trailer-sandra-helps-cheng-pei-pei-discover-world-video-1036102
<u>Old aint dead:</u>	https://oldaintdead.com/review-meditation-park/
<u>Festival Reviews</u>	http://festivalreviews.org/2017/09/07/tiff-2017-movie-review-meditation-park-canada-2017-12/
<u>TIFF:</u>	https://www.tiff.net/events/meditation-park
<u>Runway Girls Network</u>	https://runwaygirlnetwork.com/2018/05/19/ife-film-review-meditation-park-is-a-feast-for-the-soul/
<u>Screen Queens:</u>	https://screen-queens.com/2018/09/27/review-meditation-park/
<u>Original Cin:</u>	https://www.original-cin.ca/posts/2018/3/6/meditation-park-heartfelt-gem-spotlights-hidden-woes-of-immigrant-women
<u>The Global Mail:</u>	https://www.theglobeandmail.com/arts/film/film-reviews/review-meditation-park-is-a-complex-portrait-of-the-lives-of-immigrants/article38247861/