# Hope Counseling Service Biographical Information Form—Adult

Instructions: To assist us in helping you, please fill out this form as fully and openly as possible. All private information is held in strictest confidence within legal limits. If certain questions do not apply to you, leave them blank.

### **Personal History**

1) Na	me:	2	) Age:	3) Gender:	MF
4) Ad	idress:Street & Number				Py:
				State	Zip
	eight: 6) Height: 7) Eye				
	oday's Date: 11) Date of E				
13) C	Occupation: 14) Hor	me Phone:	15) Busin	ess Phone:	
	Present Marital Status:				
	<del></del>	<u></u>	5)	-	
			6)	divorced and n	
				widowed and n	
	_ 4) married now after first time		8)	other (specify)	
	Children – Names and ages:				
17)	If married, are you living with your sp	ouse at present?: Y	Yes	No	
18)	If married, years married to present sp	ouse:			
19)	Are you receiving counseling services  If Yes, please briefly describe:	at present?: Yes_		No	
20)	Have you received counseling in the pure If Yes, please briefly describe:				
21)	What is (are) your main reason(s) for	this visit?:			
22)	How long has this problem persisted	(from #21)?:			
23)	Under what conditions do your proble	ems usually get wo	rse?:		
24)	Under what conditions are your prob	ems usually impro	ved?:		
25)	How did you hear about this clinic, o	r who referred you	?:		

#### **Medical History**

	Dhyminian's name:							
	Physician's name:							
	Address:							
)	List any major illnesses and/or operations you have had:							
	List any physical concerns you are having at present: (e.g., high blood pressure, headaches, dizziness, etc.):							
)	List any other physical concerns you have experienced in the past:							
	When was your most recent complete physical exam?:  Results of physical exam:							
)	On average how many hours of sleep do you get daily?:							
	Do you have trouble falling asleep at night?:NoYes If Yes, describe							
)	Have you gained/lost over ten pounds in the past year?: _Yes _No, _gained _lost  If Yes, was the gain/loss on purpose?: _Yes _No							
)	Describe your appetite (during the past week):  poor appetite average appetite large appetite							
)								
	poor appetiteaverage appetitelarge appetite  What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose							
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)	poor appetiteaverage appetitelarge appetite  What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?:  1) Catholic 2) Jewish							
)	poor appetite average appetite large appetite  What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?:  1) Catholic 2) Jewish 3) Protestant (specify denomination if any)							
)	poor appetiteaverage appetitelarge appetite  What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?: 1) Catholic2) Jewish3) Protestant (specify denomination if any)4) None, but I believe in God							
)	poor appetiteaverage appetitelarge appetite What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?:1) Catholic2) Jewish3) Protestant (specify denomination if any)4) None, but I believe in God5) Atheist or agnostic							
)	poor appetiteaverage appetitelarge appetite What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?: 1) Catholic2) Jewish3) Protestant (specify denomination if any)4) None, but I believe in God5) Atheist or agnostic6) Other (please specify)							
)	poor appetiteaverage appetitelarge appetite What medications (and dosages) are you taking at present, and for what purpose?:  Medication							
)) - - - -								
)     7)	poor appetiteaverage appetitelarge appetite What medications (and dosages) are you taking at present, and for what purpose?:  Medication Purpose  Religious Concerns  What is your present religious affiliation?:  1) Catholic  2) Jewish  3) Protestant (specify denomination if any)  4) None, but I believe in God  5) Atheist or agnostic  6) Other (please specify)  How important is religious commitment to you?:  Average Extremely Unimportant important  1 2 3 4 5 6 7							
)) - - - -								

## **Family History**

39)	Mother's age:	If dece	eased, ho	w old were you	ı when she	died?:		
40)	Father's age: If deceased, how old were you when he died?:							
41)	If your parents are s	eparated or	divorced	l, how old wer	e you then	?:		
42)	Number of brother(s	s)	_ Their a	ges	<del></del>			
43)	Number of sister(s)		Their age	es	<del></del> -			
44)	I was child number		in a famil	y of	children.			
	Were you adopted o					parents?:	Yes	No
46)	Briefly describe you	r relations	hip with y	our brothers a	nd/or siste	ers:		
47)	Which of the follow	ring best de	escribes th	ne family in wl	nich you gr	rew up?:		
WA	RM AND						Н	OSTILE AND
	CEPTING			AVERAGE				FIGHTING
	1 2	3	4	5	6	7	8	9
48)	Which of the follow	ring best de	escribes tl	he way in whic	h your fan	nily raised	you?:	
ALI	LOWED ME							
	BE VERY							EMPTED TO
INI	DEPENDENT	3	4	AVERAGE 5	6	7	8	ONTROL ME 9
	1 2	3	4	3	O	,	Ū	
ΥO	UR MOTHER (or n	nother subs	titute)					
49)	Briefly describe yo	ur mother:	• • • • • • • • • • • • • • • • • • • •					
50)	How did she discip	line you?:						
51)	How did she rewar	d you?:						
52)	How much time did				re a child?	•		
53)	Your mother's occ	upation wh	en you w	ere a child:				
	stayed home	e w	orked out	side part-time	wo	rked outsic	le full-time	
54)	How did you get along with your mother when you were a child?:							
,	poorly	average	· V	vell				
551	How do you get ale							
33)		_						
	poorly	average	V	vell				

	Did your mo your childhood (If Yes, please	d developmer	nt?: Yes	No		<del></del>				
•	Is there anythi	-								
	Yes	_ No	(II Yes, ]	piease desc						
-	Describe over			ted the follo	owing p	eople a	s you we	re growi	ng up:	
YOU	R MOTHER'	S TREATME	ENT OF:	Poor			Average		E	xcellent
	1) YOU			1	2	3	4	5	6	7
	2) YOUR FA	MILY		1	2	3	4 4	5	6	7
	3) YOUR FA			1	2	3	4	5	6	7
VAF	R FATHER	(or father sub	stitute)							,
) <del>9</del> )	Briefly descri	be your rame	r						<u></u> -	
50)	How did he d	iscipline you	?:							
51)	How did he re	eward you?:								
ŕ	How much tin much Your father's	average occupation v	ge lit when you we	tle ere a child:						
	stayed	home	worked ou	tside part-ti	me	WOI	rked outs	ide full-i	ime	
64)	How did you poorly	_			were a	child?				
65)		avera	agev	well						
66)	Did your fa			ıs (e.g. ald Yes				c.) that	may ha	ve affecte
	(If Yes, pleas	_								
67)	Is there anyth	ning unusual a	about your r	elationship	with ye	our fath	er?: No _	•	Yes	
		se describe)								
68)		erall how you		ted the foll	owing	people	as you w	ere grow	ving up:	
	,			_			Average		1	
110	ID PARKITON	CTDEATIA	EXIT OF	DAA*						Excellent
YO	UR FATHER'	S TREATMI	ENT OF:	Poor 1	2	3	-			Excellent 7
YO	UR FATHER' 1) YOU 2) YOUR FA		ENT OF:	Poor 1	2 2	3	4 4	5	6	

## **Thoughts and Behaviors**

Never   Rarely   Sometimes   Frequently	69)	Please check how often the follow	wing thoughts occ	ur to you:		
Never   Rarely   Sometimes   Frequently	1)	Life is hopeless.	Never	Rarely	Sometimes	Frequently
No one cares about me.  Never Rarely Sometimes Frequently  I am a failure.  Never Rarely Sometimes Frequently  Sometimes Frequently  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I want to die.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I want to hurt someone.  Never Rarely Sometimes Frequently  I am so stupid.  Never Rarely Sometimes Frequently  I am so depressed.  Never Rarely Sometimes Frequently  Sometimes Frequently  I can't be forgiven.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Sometimes Frequently  I can't do anything right.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I can't do anything right.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I have no emotions.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I have no emotions.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  I have no emotions.  Never Rarely Sometimes Frequently  I have no emotions.  Never Rarely Sometimes Frequently  I have no emotions.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently	2)	-	Never	Rarely _	Sometimes	Frequently
A) I am a failure.  Never Rarely Sometimes Frequently  5) Most people don't like me.  Never Rarely Sometimes Frequently  6) I want to die.  Never Rarely Sometimes Frequently  7) I want to hurt someone.  Never Rarely Sometimes Frequently  8) I am so stupid.  Never Rarely Sometimes Frequently  9) I am going crazy.  Never Rarely Sometimes Frequently  10) I can't concentrate.  Never Rarely Sometimes Frequently  11) I am so depressed.  Never Rarely Sometimes Frequently  12) God is disappointed in me.  Never Rarely Sometimes Frequently  13) I can't be forgiven.  Never Rarely Sometimes Frequently  14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	•	•	Never	Rarely _	Sometimes	Frequently
6) I want to die.  Never Rarely Sometimes Frequently 7) I want to hurt someone.  Never Rarely Sometimes Frequently 8) I am so stupid.  Never Rarely Sometimes Frequently 9) I am going crazy.  Never Rarely Sometimes Frequently 10) I can't concentrate.  Never Rarely Sometimes Frequently 11) I am so depressed.  Never Rarely Sometimes Frequently 12) God is disappointed in me.  Never Rarely Sometimes Frequently 13) I can't be forgiven.  Never Rarely Sometimes Frequently 14) Why am I so different?  Never Rarely Sometimes Frequently 15) I can't do anything right.  Never Rarely Sometimes Frequently 16) People hear my thoughts.  Never Rarely Sometimes Frequently 17) I have no emotions.  Never Rarely Sometimes Frequently 18) Someone is watching me.  Never Rarely Sometimes Frequently 19) I hear voices in my head.  Never Rarely Sometimes Frequently 20) I am out of control.  Never Rarely Sometimes Frequently Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	4)	I am a failure.	Never	Rarely _	Sometimes _	Frequently
Never Rarely Sometimes Frequently  1 am so stupid.  Never Rarely Sometimes Frequently  1 am going crazy.  Never Rarely Sometimes Frequently  1 can't concentrate.  Never Rarely Sometimes Frequently  1 am so depressed.  Never Rarely Sometimes Frequently	5)	Most people don't like me.	Never	Rarely _	Sometimes	Frequently
Never Rarely Sometimes Frequently  9) I am going crazy.  Never Rarely Sometimes Frequently  10) I can't concentrate.  Never Rarely Sometimes Frequently  11) I am so depressed.  Never Rarely Sometimes Frequently  12) God is disappointed in me.  Never Rarely Sometimes Frequently  13) I can't be forgiven.  Never Rarely Sometimes Frequently  14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19 I hear voices in my head.  Never Rarely Sometimes Frequently  19 I hear voices in my head.  Never Rarely Sometimes Frequently  19 I hear voices in my head.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	6)	I want to die.	Never	Rarely _	Sometimes	Frequently
9) I am going crazy.  Never Rarely Sometimes Frequently 10) I can't concentrate.  Never Rarely Sometimes Frequently 11) I am so depressed.  Never Rarely Sometimes Frequently 12) God is disappointed in me.  Never Rarely Sometimes Frequently 13) I can't be forgiven.  Never Rarely Sometimes Frequently 14) Why am I so different?  Never Rarely Sometimes Frequently 15) I can't do anything right.  Never Rarely Sometimes Frequently 16) People hear my thoughts.  Never Rarely Sometimes Frequently 17) I have no emotions.  Never Rarely Sometimes Frequently 18) Someone is watching me.  Never Rarely Sometimes Frequently 19) I hear voices in my head.  Never Rarely Sometimes Frequently 19) I hear voices in my head.  Never Rarely Sometimes Frequently 19) I am out of control.  Never Rarely Sometimes Frequently 19 I hear voices in my head.  Never Rarely Sometimes Frequently 20) I am out of control.  Never Rarely Sometimes Frequently 21) Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	7)	I want to hurt someone.	Never	Rarely	Sometimes	Frequently
10) I can't concentrate.  Never Rarely Sometimes Frequently  11) I am so depressed.  Never Rarely Sometimes Frequently  12) God is disappointed in me.  Never Rarely Sometimes Frequently  13) I can't be forgiven.  Never Rarely Sometimes Frequently  14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	8)	I am so stupid.	Never	Rarely	Sometimes	Frequently
11) I am so depressed.  Never Rarely Sometimes Frequently  12) God is disappointed in me.  Never Rarely Sometimes Frequently  13) I can't be forgiven.  Never Rarely Sometimes Frequently  14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	9)	I am going crazy.	Never	Rarely	Sometimes	Frequently
12) God is disappointed in me.  Never Rarely Sometimes Frequently  13) I can't be forgiven.  Never Rarely Sometimes Frequently  14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I am out of control.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	10)	I can't concentrate.	Never	Rarely _	Sometimes	Frequently
13) I can't be forgiven.  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently  Never Rarely Sometimes Frequently	11)	I am so depressed.	Never	Rarely	Sometimes	Frequently
14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  20) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	12)	God is disappointed in me.	Never	Rarely	Sometimes	Frequently
14) Why am I so different?  Never Rarely Sometimes Frequently  15) I can't do anything right.  Never Rarely Sometimes Frequently  16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  20) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	13)	I can't be forgiven.	Never	Rarely	Sometimes	Frequently
16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  20) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts			Never	Rarely	Sometimes	Frequently
16) People hear my thoughts.  Never Rarely Sometimes Frequently  17) I have no emotions.  Never Rarely Sometimes Frequently  18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  20) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	15)	I can't do anything right.	Never	Rarely	Sometimes	Frequently
18) Someone is watching me.  Never Rarely Sometimes Frequently  19) I hear voices in my head.  Never Rarely Sometimes Frequently  20) I am out of control.  Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts			Never	Rarely	Sometimes	Frequently
19) I hear voices in my head. Never Rarely Sometimes Frequently 20) I am out of control. Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	17)	I have no emotions.	Never	Rarely	Sometimes	Frequently
20) I am out of control. Never Rarely Sometimes Frequently  Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	18)	Someone is watching me.	Never	Rarely	Sometimes	Frequently
Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts	19)	I hear voices in my head.	Never	Rarely	Sometimes	Frequently
Please comment (e.g., examples, frequency, duration, effects on you) about each of the above thoughts that occur frequently or are a concern to you. Use the back of this sheet if necessary.	20)	I am out of control.	Never	Rarely	Sometimes	Frequently
	Ple tha	ase comment (e.g., examples, free	quency, duration, on to you. Use the b	effects on you) back of this she	about each of the a et if necessary.	bove thoughts
				***		
			A STATE OF THE STA			

#### **Symptoms**

	0.1	
aggression	fatigue	sexual difficulties
alcohol dependence	hallucinations	sick often
anger	heart palpitations	sleeping problems
antisocial behavior	high blood pressure	speech problems
anxiety	hopelessness	suicidal thoughts
avoiding people	impulsivity	thoughts disorgan
chest pain	irritability	trembling
depression	judgment errors	withdrawing
disorientation	loneliness	worrying
distractibility	memory impairment	other (specify)
dizziness	mood shifts	<del></del>
drug dependence	panic attacks	
eating disorder	phobias/fears	***
elevated mood	recurring thoughts	
	n of the symptoms that you checked tionally, physically, etc.). Use the back	
	n of the symptoms that you checked	
	n of the symptoms that you checked	
	n of the symptoms that you checked	
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	n of the symptoms that you checked	

71)	List your five greatest strengths:
	1)
	2)
	3)
	4)
	5)
72)	List your five greatest weaknesses:
·	1)
	2)
	3)
	4)
	5)
73)	List your main social difficulties:
13)	
74)	List your main love and sex difficulties:
74)	List your main love and sex difficulties.
75)	List your main difficulties at school or work:
76)	List your main difficulties at home:
77)	List your behaviors that you would like to change:
78)	Additional information you believe would be helpful: