

Mark Reid

**HOPE COUNSELING SERVICE**

Pastoral Counselors

32400 Hoover Road

Warren, MI 48093

586-764-3940

**Professional Disclosure Statement:**

As you consider beginning counseling with me, it is important that you know how I view counseling and what you can expect from our work together. Please read this statement and let's plan to discuss these ideas in our first session.

In our sessions together, I will try to create a trusting environment where you will feel safe to share your thoughts, ideas and feelings. I will listen carefully to understand the meanings you have made of events and relationships in your life. Most of these meanings will have developed while you were growing up, so we'll talk about your family history. Our main focus, however, will be on what is happening in your life now. Sometimes we will find that ways of responding that were useful to you in the past are now getting in the way. If so, I may help you to recognize and consider other alternatives or meanings that will be more effective for you.

The benefits of counseling can be increased understanding, self-confidence, control and accomplishment of goals. However, there also may be some risks involved. Painful memories or feelings can be recalled. You may decide to change aspects of your life. This could result in changes in relationships with friends, family or others. We can work together to resolve any difficulties that counseling may cause. Most people find that the benefits of counseling outweigh the risks.

You may choose to leave counseling at any time; however, it is best if this decision is discussed with me and planned in a mutual way. I may recommend certain alternatives to counseling, such as workshops, reading materials or support groups.

All information shared with me will be kept confidential unless you give written permission for its disclosure. There are some limitations to confidentiality. If insurance is used to help pay for sessions, the insurance company may request information regarding diagnosis, symptoms and counseling goals. If I suspect that you may be in danger to self or others or if I suspect that a child is being abused, then I am required by law or by ethical standard to notify an appropriate person. In some court situations, a judge might order me to disclose confidential information.

Counseling sessions are one hour, (50 minutes of counseling with 10 minutes to handle administrative requirements), and generally occur on a weekly basis, varying with individual need. The number of weeks of counseling is decided upon mutually. The fee for each one hour session is decided based upon your income, as explained in the brochure. Payment is expected at the beginning of each session. If you would like help in submitting bills to your insurance carrier, please let me know.

The first session requires a credit Card with a minimal charge to reserve the appointment. If you don't come and do not call or text I will run your card. Should you need to cancel a session I must be notified 24 hours in advance or you will be responsible for the normal fee. This allows me opportunity to plan others into the schedule that are also waiting for appointments.

I have a master's degree in counseling from Ashland Seminary, and am an ordained minister with the Assemblies of God. I have counseled with children, adolescents and adults since 1977 in pastoral settings, and now in the counseling setting. People come to me for counseling to deal with such issues as depression, anxiety, relationship concerns, grief and loss, rape/incest, self-esteem, mid-life issues and career concerns. I have special training to help women deal with issues such as depression, eating problems, divorce and abuse.

I am in a voluntary supervisory relationship with Kathy Barton, an MSW in the State of Michigan. Currently I work with one other counselor. Any information these individuals may learn about will be kept confidential. If you should have any questions or concerns about my work, please bring them to me. If you have further concerns you may contact the Michigan Department of Consumer and Industry Services, Complaint and Allegation Division, P.O. Box 30670, Lansing, Michigan 48909, phone (517) 373-9196. We will work closely together to help make your counseling productive.

**YES I AGREE TO PARTICIPATE FREELY**

**IN THE COUNSELING PROCESS**

Client \_\_\_\_\_ Date \_\_\_\_\_

Counselor \_\_\_\_\_ Date \_\_\_\_\_

I \_\_\_\_\_, have received a copy of this disclosure statement and agree with and accept the terms mentioned above.