

## Objective Medical Evidence

Objective medical evidence is something quantifiable; such as diagnostic tests, radiographic imaging (x-ray, MRI, CT scan), measurable findings, range of motion, etc. This is what your case manager requires to make decisions on your claim.

Doctors notes, for example, saying the worker must be off work for a few days are subjective, not objective and normally the WSIB will ignore them.

If your case manager asks you for objective medical related to your organic (physical) injuries, they are asking for the following:

- Specific areas of deterioration with current clinical findings including ROM, flexion extension, rotation, any neurological impairment, sensory or motor changes, specific area of pain distribution and frequency of symptoms
- What started or brought about this worsening or change?
- What is the current working diagnosis?
- What treatment is recommended?
- Have any investigations or specialist referrals been ordered
- Are the current problems in keeping with the original diagnosis?
- What are the physical restrictions?
- What if any are the restrictions on hours of work?
- Is this worker capable of full time or part time work?

If your case manager asks you for objective medical related to your psychological condition, they are asking for the following:

- Objective psychological findings for injury based on this visit or previous visit(s)
- Current/past clinical findings regarding injury showing objectively how the psychological impairment is or is not related to any previous episodes,
- Objective finding/discussion of how the psychological impairment is related to the current workplace injury.
- distribution and frequency of symptoms
- If symptoms are organic or non organic in nature
- Current diagnosis, symptoms
- Prognosis. Is further improvement expected
- Treatment plan and duration if applicable
- Dates of treatment regarding the injury from date of accident to date (chart notes etc. that may not yet have been forwarded)
- A list of medications currently prescribed for the psychological condition
- DSM-5 diagnosis