



Discussion Guide for Families

Read the book with your child. Use the following prompts to guide the follow-up discussion.

- Can you relate to Carter? Have you ever felt how he feels?
- Describe how you might feel if you had a day where you were ignored, left out of games and it seemed like people didn't have time to pay any attention to you.
- At one point, Carter says that his "emotions exploded like lava in a volcano." What do you think this means?
- What is one thing you can do if you are feeling strong emotions and don't know what to do?
- Is there someone in your class or school who seems to get in trouble a lot like Carter? Does this mean they are a "bad" kid?
- The author of the book believes that words can HELP, HARM or HEAL. What do you think this means? How can you use words to help someone?

Remember: Your Words Have Power