WESTERN CAPE

NOURISHING STUDENTS IN NEED...

No man can be wise on an empty stomach. ~ George Elliot

ENSURING ORPHANED PUPILS AT SALT RIVER HIGH SCHOOL HAVE FOOD PARCELS FOR THE HOLIDAYS

The Angel Network Western Cape is very grateful to <u>JSHealth</u> Sydney Australia, for their continued support towards Salt River High School.

Their generous assistance enabled us in collaboration with <u>Yebo Fresh</u>, to sponsor orphaned students in need, with nutritious food parcels to ensure these destitute students were fed and sustained during the holidays.



Since our last newsletter we are thrilled to report that we have been able to start improvements to the kitchen and Recreational room for the students at Salt River High School. We would like to extend our heartfelt gratitude to Warren Kilborn and UBS, for the incredible donation of paint, which transformed the student recreational room, giving it a fresh look and feel.

The vegetable garden is flourishing, and the students are enjoying the responsibility of caring for and watering the plants. They have harvested some vegetables already and we now plan to extend the garden to make it bigger.

The students who benefitted from the kitchen last year, all did extremely well in their exams and there is no doubt that the nutritious food they received played a huge role in their mental and physical well -being.

We look forward to continuing to make a positive impact on the lives of the many students at Salt River High in partnership with JSHEALTH.



SYDNEY



Sherisse Cohen, Galia Durbach, Simone Joffe & Jo-Anne Bloch, Sydney Angel Network Exec, TANA

We are excited to have formally registered the Australian Branch of the Angel Network with the Australian Charities and Not-for-profits Commission, and we are now able to issue Donation Receipts to our donors. We are optimistic that this facility for issuing tax receipts will make donating to a South African Charity, from Australia, more accessible to our community here. We are focusing on adopting and supporting soup kitchens in South Africa, as our starting point. Unfortunately, due to the rapid spread of Omicron in Sydney in the last few months, we have been unable to organise an official launch of our fledgling charity, but we plan to do so as soon as it is reasonably possible.

During the last couple of months of 2021, Louise Fisher (our Melbourne Angel), raised in excess of R100 000 in support of a Soup Kitchen in South Africa. Louise, worked together with another ex South African, Belinda Daniels to raise this amount to establish and support a soup kitchen in the name of Belinda's late son, Sammy Daniels. Belinda offered to donate 30 hand crocheted dolls, she had been making during Melbourne's long lockdowns, to Louise' fund-raising efforts. Louise recognised the love and labour that Belinda had put into making these fabulous dolls and decided to use them as a Xmas

Gift option and fundraiser all in one.

The Daniels family tragically lost their 21 year old son and brother 8 years ago. Louise believed that by selling the dolls and raising money for a soup kitchen in an impoverished area in South Africa, they could honour Sammy by helping those in need, and so Sammy's Kitchen was established. Social media provided an effective platform for selling these dolls and their popularity extended way beyond the Melbourne Borders. Purchases of the dolls were made from Sydney, Canada and the United States. 100% of all sales were donated to the Angel Network South Africa to set up Sammy D's Kitchen, in Orange Farm, Gauteng. The Daniel's family have gained much comfort from knowing that 1000s of hungry children will be fed in Sam's memory. Louise and Belinda have together ensured that this kitchen will be funded for over one year. We are so proud of these two impressive Angels from Melbourne.



Louise Roth Fisher, Melbourne Ange