

3-in-1

ISSUE 9  
2009

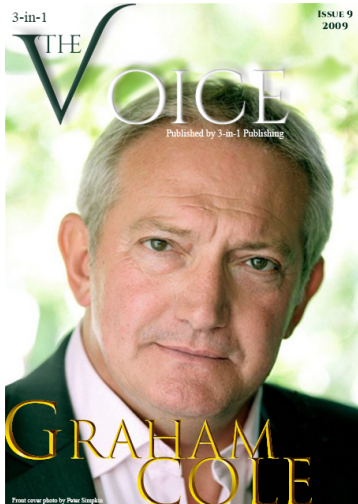
THE  
V

VOICE

Published by 3-in-1 Publishing

GRAHAM  
COLE

Front cover photo by Peter Simpkin



Reproduced by 3-in-1 Publishing copyright 2018, 2010 with kind permission of G.Cole.  
The views contained in 3-in-1 THE VOICE E-zine are the personal views of the authors and do not necessarily represent the views and/or beliefs of 3-in-1 Publishing or any of its members or staff. We may provide links to other sites but accept no responsibility of the content of such sites. The E-zine is provided as-is and to the extent permitted by law.

## WELCOME!

Hello again and welcome to our ninth edition of 3-in-1 The Voice! We are now into March already and Easter will soon be upon us! My goodness time is flying and we have some new additional publications at 3-in-1 Publishing.

February saw the official launch of our 3-in-1 Special Supplement Editions. Since the very popular HAITI Supplement and subsequent update edition, featuring Metro Ministries and Snr Pastor Bill Wilson; we decided to give others the opportunity to also highlight other issues, cover events/conferences, concerts and campaigns that we quite simply don't have enough space to cover properly in 3-in-1 The Voice. It is safe to say that we have been inundated and are delighted with the response. This means that you the reader will be kept up-to-date on all the latest news...

This month we feature IN FOCUS none other than top British actor **GRAHAM COLE**. Graham has been a believer for many years and is most famous for his role in the popular TV series 'THE BILL'. Recently Graham retired from this role and now talks exclusively to 3-in-1 The Voice about what the future holds for one of Britain's best loved actors...

This issue we will be starting our new serialisation of Zara Matthew's incredible story in the 'My Story' section. We are equally delighted to welcome another member to our team – Janine Stellatos. Janine will maintain our new column 'IN YOUR FACE!' She has been on staff with the world's largest Sunday School Ministry - Metro Ministries UK for around 5 years now and will give you, the reader, an insightful and personal view of Metro Ministries and how it meets the challenges it faces everyday around the world. Also we will launch a new men's section in March and kicking this off will be presenter JULS MARTIN from UCB as our new guest columnist.

And as a friend once said' in the meantime be blessed in all you do in the Lord...'

**'Blessed is she who believed, for there will be a fulfilment of those things which were told her from the Lord.'** Luke 1:45

**Karin McBride – Editor-in-Chief**

**DISCLAIMER** The views on this 3-in-1 The Voice - E-Zine are the personal views of the authors, and do not necessarily represent the views of 3-in-1 Publishing, AKR Promotions Events or any of its members/staff or volunteers. We may provide links to other sites, but accept no responsibility for the contents of such sites. This E-Zine is provided as is, and, to the extent permitted by law, our liability is excluded, and no representations or warranties are given.

## CONTENTS

- Welcome
- Missionary News – *Brigid Kerr*
- Messianic Moment – *The Showbread*
- Poet's Corner – *Simon Pearson*
- In Focus – *Graham Cole*
- Heroes – *Florence Nightingale Part II*
- In Your Face! – *Janine Stellatos*
- The Grapevine – *Sylvia Reeve*
- The Gate – *Melanie Henderson*
- The Word – *March 2010*
- Notices & Events

---

Editor-in-Chief – AK McBride  
Design – LCH Creative Multimedia  
Distribution – AKR Promotions Events

### Columnists:

Cecilia Chiwaka, Simon Pearson, Zara Matthews, Lorraine Wylie, Brigid Kerr, Lianne Henderson, Sylvia Reeve, Melanie Henderson, Janine Stellatos, Juls Martin

[www.3in1publishing.co.uk](http://www.3in1publishing.co.uk)

[Click here to submit a prayer request online](#)

UCB Prayerline



**Tel: 0845 456 7729 (UK Local Rate)**

**Tel: 1890 940 300 (Rep of Ireland)**

## Missionary Section



Brigid Kerr

### My Testimony

By Brigid Kerr

acted. I withdrew into myself and became quite self-pitiful as well. Even though I was blessed with wonderful family and friends, I really didn't appreciate them and made their lives difficult. There was someone else I didn't appreciate and that was God. I didn't give God much space in my life and took his name in vain on a daily basis.

Coupled with this, I had an extreme fear of death and this caused panic attacks in my mid-teen years. It didn't help that I had dabbled at one point with ouija boards and other occultic practices. Someone told me that if I played around with the occult, if I looked in the mirror I would see the devil looking back at me. For years, I refused to look in the mirror at night time for fear this would come true. I felt hopeless and afraid of what would happen when I died. I dreaded going to sleep for fear of not ever waking up again. Looking back, I realise this fear was because I was not right with God.

During my teens, I was given a Gideon Bible. Whenever I got scared, I used to read one of the prayers to get me over panic attacks. It helped but as soon as I was over each attack I forgot about God and left Him out of the rest of my daily life. However, looking back I know that Jesus never gave up on me even though I gave up on Him.

Once I left school and started uni, loneliness coupled with a need to block out all the awful stuff in my head led me to start drinking excessively. I also began to seek solace in unhealthy relationships which did not do much for my self-esteem. I continued this way until I was in my late twenties. Finally after a particularly bad episode of drinking and self-harm, my family begged me to seek help. I reluctantly went to the doctor who gave me anti-depressants and sent me to a counsellor. This was my second experience of counselling as I had visited one after a self harm incident at university. It helped to have someone listen to me as I talked about how I felt and obviously, given the fact I am doing this course, I do agree counselling is very important. However, I still didn't feel at peace. I didn't realise at the time but Jesus the Prince of Peace and Wonderful Counsellor



A week or so ago I shared my testimony in one of my counselling skills classes. We had been asked previously to write 200 words on the subject of our choice, in order to read out in class. Originally, I had thought to write about my experiences

in India. However, God spoke into my heart and asked me to give my testimony instead. Of course the enemy tried to discourage me but I just had to remember what Jesus had gone through for me and I was ready to tell others...

Just over two years ago, I found an old diary entry I had written. It was full of self-hatred, bitterness and anger. It was evidence of my life before I became a Christian and let Jesus into my heart as Lord and Saviour. I would like to share my journey of faith and hope that it encourages others as a result.

Throughout my life, I have had a quick temper and used to fight a lot with my sister and friends. Sadly I have to admit, I could be a real bully, pushing people around when I didn't get my way and shouting foul language at those close to me. My head would be filled with mean horrid thoughts I hated. I became full of self-loathing and in my early teens, started to self harm as a way of releasing my emotions and punishing myself for how I

was right by me waiting for me to accept His help.

One evening, some months later, my best friend Dora came round to visit. She and I had gone through a lot together. However, that night, she looked completely different. There was this light in her eyes and a sense of peace in her. She told me that she had got back right with God again and had become a Christian. I think she was expecting me to scoff at her but because the Holy Spirit was working in my heart, I told her I would support her and even come to church with her.

We finally found a church to settle in and I tried to make an effort to go even though it didn't mean that much to me. I kept drinking heavily, swearing and getting angry but I was becoming increasingly aware that everyone who was a Christian did have this peace about them.

I was invited to join an Alpha course at church and so went along out of curiosity. Even though I knew there were a lot of bad things in my life, I still thought I was a fairly good person in other ways. I soon learned that this was not good enough. Through Bible teaching and videos I learned that no matter how many good works I tried to carry out I would still fall short of God's perfect standard. I could not do anything to save myself from sin or receive eternal life. I discovered that God really did love the world because in his grace, He sent Jesus, His own perfect Son down to earth to die for our sins. On the third week of Alpha, one of the Bible verses really touched my heart. It was Revelation 3:20. "Look! I stand at the door and knock. If you hear my voice and open the door, I will come in and we will share a meal together as friends". There is a famous painting depicting this which shows Jesus standing at a door knocking. The door is meant to represent our hearts. What is different in this painting is that there is no door handle on Jesus' side. It was explained in Alpha that this was because Jesus does not force His way into our hearts but waits faithfully and lovingly for us to accept Him. This really got me thinking. I discussed it with friends the following day and they did all they could to encourage me. At one point I burst into tears. I know now that

this was because I was becoming convicted that I needed Jesus in my life.

On the 12 October 2006, I went into work at the call centre as normal but this was to be no normal day. I finally accepted that Jesus had borne shame, torture and separation from God on the cross for me too and that my sins had put him up there on the cross but yet all He wanted was for me to let Him in to my heart and accept Him as my Saviour and to make Him Lord of my life. Sitting there in the call centre, I asked God for forgiveness and for Jesus to come into my life. Suddenly, a deep sense of peace washed over me and I knew Jesus had come to dwell in my heart by His Holy Spirit.

Amazing things have happened since then. I am not going to pretend that I suddenly became perfect. Far from it!! However, because of Jesus, I know now I have the strength to act in love and not in anger. I don't feel the need to get drunk because I have a peace that the alcohol cannot give. He has filled my heart with more love and compassion for others. I could not do that on my own. I know that I let Him down many times and try to do things my way like the prodigal daughter that I am but when I do humble myself and admit I am wrong and turn back to Him for forgiveness, He welcomes me back with open arms and continues that work in my heart. I just have to think of the cross and my heart fills with love for him!

After reading out my testimony, I felt that I had obeyed the Lord and was refreshed spiritually. We went down to the canteen and one of the girls came up to me and announced that she was a prodigal daughter. I listened and thought how to respond. At the end of the class, I felt the Lord prompting me to remind her that wherever she goes, He still loves her so much, and waits with open arms if she wanted to turn back to Him again. I pray that I have sown seeds and now I leave it with the Holy Spirit to do His work hearts.

I would like to share my testimony with as many people as possible so that I can glorify the Lord and encourage others to either share theirs or to accept Jesus into their own hearts.



# Messianic Moment

## The Showbread

**Showbread** (Hebrew: *mīnāp(pah) mehcel* לחם פנים, literally: "Bread of the Presence"), translation would be *presence bread*, since the Bible requires that the bread be constantly in the presence of God (Exodus 25:30).

Within the Torah, the Shewbread is mentioned exclusively by the Priestly Code and Holiness Code but certain sections of the Bible, including the Book of Chronicles, Books of Samuel, and Book of Kings, also describe aspects of them. In the Holiness Code, the Shewbread is described as twelve cakes/loaves baked from fine flour, arranged in two rows/piles on a table standing *before God*; each loaf/cake was to contain two Omers of flour (Leviticus 24:5-6). The Biblical regulations specify that cups of frankincense were to be placed upon the rows of cakes, and the Septuagint, but not the masoretic text, states that salt was mixed with the frankincense; the frankincense, which the Septuagint refers to as an *anamnesis*, a hapax legomenon), constituted a memorial (*azkarah*), having been offered upon the altar to God (Leviticus 24:7-9)



Arranging the showbread

According to the Book of Chronicles, the Kohathite clan had charge of the baking and setting in order of the bread, suggesting that there were secret extra requirements in preparing the bread, known only to the Kohathites. Since leavened products were prohibited from the altar, and the cakes/loaves are not described as being offered upon it, it is possible that the shewbread was leavened; however, as they were carried into the inner part of the sanctuary, it is highly probable that they were unleavened.

The cakes were to be left on the table for a week, and then be replaced with new ones on the Sabbath, so that there were always fresh loaves on the table, and those that had started going stale were removed; the Biblical text states that the Jewish priests were entitled to eat the cakes that had been removed, as long as they did so in a *holy place*, as it considered the bread to be holy. It appears that consumption of the bread wasn't the exclusive preserve of the priests, as the narrative of David's sojourn at Nob mentions that Ahimelek (the priest) gave David the *holy bread*, at his request.



## The 3 Poet's

By  
Simon Pearson, Zara Matthews & Keith Dickinson

### A SCENE OF TIME IS REMOVED

A dream unfolds to a kingdom that's far and wide.  
No eye can see it's eternity's end.  
In the distance, a brightness that seems like a star  
Its heavens bright light that heralds the dawn of great  
new day.

The glory of one whose origins are of ancient old  
A king's residence. His place of honour.  
A journey begins along corridors adjoined to rooms of  
defied ornamental beauty.

A sweet fragrant praise of worship that fills each room.  
Gold, silk and satin embroider tapestries draped over  
Walls.

The essence of divine holiness.

A open archway, graceful and slender as a ballerina  
arms stands in mid dance.

Above this arch a name engraved bears a truth divine.  
IMMANUEL GOD IS WITH US

The scene is set, a drama already is unfolding.

Across a courtyard beyond two columns of pillars that  
stand side by side ensembling a elegance and a dignity  
that shrouds the courtyard with a reverence at this  
moment.

A king and his bride stand alone silhouetted by glory's  
new day

Their voices gentle and alluring carry across this great  
courtyard.

The whisper of thoughts that only intimate lovers can  
reveal. In the light's array the king's apparel dignifies  
his majesty

His bride clothed in fine White linen. Purer than White  
snowflakes that fall on cold winters day

The king's hand opens to reveal a crimson red rose.

The king speaks words so soft and hushed.

"My beloved"

Gentle voice sweeter than honeys dew gain his bride's  
attention.

"My betrothed, this rose signifies the depths of my  
love for you, rivers of crimson red blood that bled on a  
cross for you."

"From ages past to eternity's present the fires of this  
love burn in the furnace of my passion that cannot be  
quenched"

Tear stained crimson red rose comes to rest in this  
kings brides hand

Now they both embrace a union of sacred trust fading  
away now. Becoming like shadows on moonlight  
waters.

As this scene of time returns....



## IN FOCUS

**GRAHAM COLE**

**Actor**

### Introduction

Bill star, Graham Cole, entered show business in 1974 as a red-coat entertainer. Over his career he has appeared in 16 Pantomimes and became known as one of the best “Baddies” on stage.

Graham spent 15 years in Repertory Theatre learning his craft and played hundreds of roles including “Tony” in Abigail’s Party and almost every villain that was created in the Agatha Christie novels. He has also played both “Pilate” and “Caiaphas” in different productions of Jesus Christ Superstar as well as many other key theatre roles too numerous to mention.

On television he has played many and varied roles including numerous panel shows, Cyber Man in Doctor Who and had many guest appearances, most notably with the late Kenny Everett and knocking on the door in “Noels House party”. Graham has also supported and been involved in many charity events over the years.

However Graham is best known for his role as PC Tony Stamp in “The Bill” – a character that he has played since 1984 until the change in the format of the series in 2009. Tony is proud of the fact that, over the years he has done every stunt including all the car stunts, without the need for a stuntman as a “double”.

Graham’s autobiography “On The Beat” was released in October 2009. Graham takes an evening with interviewer/illusionist/evangelist Steve Legg and tells his story of how he found his faith; what it was like working on “The Bill” and what the future holds for him now.

Dave Bemment – The Lighthouse Agency

**Q Hi Graham thank you for taking time out to do this interview. What attracted you to acting in the first place, was it a particular film or actor?**

*A Well I was a young kid around 3 or 4 years old and I remember I used to sing at parties, but only if the adults paid me! So I guess you could say it was in me to act professionally from a very young age! I also remember looking to John Wayne and Humphrey Bogart as role models and used to go to the Cinema on Saturday mornings to see them.*



Graham pictured in his most famous role as PC Stamp in The Bill

**Q Acting like the music business appears from the outside to be a very competitive genre. Is this the case and if so how did you cope with the pressures?**

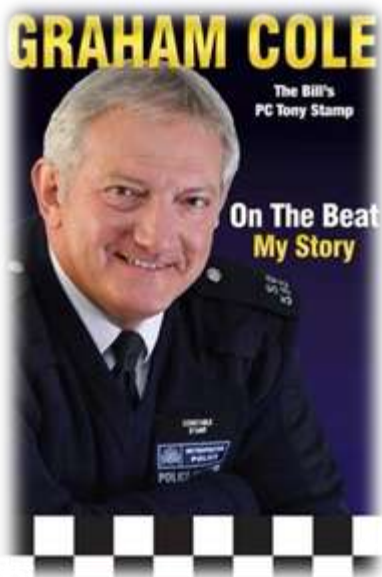
*A The pressure actually never leaves you. For instance if you’re going for a new job or even in an existing one there are always very good actors coming up behind you. So one is constantly fighting to keep either the job you are in or the one you want. For instance if I want a certain part I would do whatever it takes to get it, train harder in the gym, get into shape, if it was a singing role, I would go and have my voice trained. You have got to be disciplined and try and be the best at what you do, that is what the public pay to see.*

**Q What was the defining moment whenever you became a Christian or have you always believed?**

*A When I was younger my dad was the church organist in our local Methodist church. Therefore I used to get dragged along and as a child never really had a proper experience of who Christ was. It wasn’t until 1966 I attended a Billy Graham Crusade, I went forward and all I can say is that I had a ‘Damascus Road’ experience and my life completely changed from then on.*

**Q** You have acted in various roles over the years but PC Tony Stamp from 'The Bill' is what you are most famous for. You acted in this series for 22 years as this character; did you ever find there was an overlap in Tony Stamp and the real life Graham Cole?

*A Well yes, whenever you play a role for just over 25 years, well yes there is a bit of an overlap, there has to be. I like physical roles, all that running and fighting, I like that, it's a very good question. I guess everyone is scared of being 'type cast' as well but that never really worried me at all.*



**Q** You have a new autobiography out called 'On the Beat – My Story'. Tell us all about it and why you felt this was a good moment in your life to write it?

*A Over the years a lot of people approached me including Steve Clarke about writing an autobiography. So I decided to create this chronicle for my two children of my life and approach it in this way. Well it has just taken on a world of its own and in only 4 weeks it has sold something like 3,000 copies which is great feedback.*

**Q** Does writing an autobiography signal that you are retired now from acting or can we hope to see you again in maybe a different role in the future?

*A No I am definitely not retiring. This just signals a new start for me and brings a new opportunity to create new roles.*

**Q** Have you ever acted in Christian roles/films? If yes which ones? If not would you like to?

*A I have been a few roles one called 'it's a Boy' I play the inn keeper, but would love to jump at the opportunity to play more Christian roles definitely.*

**Q** Finally you have just joined The Lighthouse Agency, what will this mean to you?

*A Well that in itself is an amazing story. I was reading a magazine one day and opened it up and there was The Lighthouse Agency. I had a meeting with Dave Bemment and the rest as they say is history. I have to say that from day one The Lighthouse Agency is one of the most professional agency's I have had the pleasure to work with and I perform in churches with none other than Steve Legged it has become a wonderful way to honour God.*



*'This just signals a new start for me and brings a new opportunity to create new roles.'* Graham Cole



E-mail: [www.lighthouseagency.co.uk](http://www.lighthouseagency.co.uk)

Tel: 01371 874544

**Book Graham to come to your church today!**



## HEROES



### FLORENCE NIGHTINGALE – Part II

By

Lianne Henderson

Mary Seacole the British nurse who first offered her services to the British army filled in an application to join Nightingale but was soon ejected. Mary, who had now become a successful businesswoman in Jamaica, decided to travel to Crimea in her own expense. She visited Nightingale at her hospital in Scutari and once again was rejected. Failing to accept defeat and striving to help the wounded Soldiers in Crimea she set up a business called the British Hotel, a few miles from the Battlefield. Here she sold food and drink to the British soldiers and the proceeds she made were used to finance the medical treatment she gave to the soldiers.

### Reformation

In 1856 Florence Nightingale returned to England as a national heroine. She was left traumatized by the lack of hygiene and elementary care that the men received in the British Army and she began a campaign to improve the quality of nursing in military hospitals. In October 1856, she gave a long interview with Queen Victoria and Prince Albert and the following years gave evidence to the 1857 Sanitary Commission. Her long campaigns lead to the Army Medical College being formed.

Nightingale speared her opinions on reform by publishing two books "Notes on Hospital (1859)" and "Notes on Nursing (1859)". John Delane at The Times and wealthy friends of hers raised £59,000 to improve the quality of nursing. She used this money to found the Nightingale School & Home for Nurses at St Thomas Hospital. In her spare time she became involved in the training of nurses for employment in the workhouses that had been established since the result of the 1834 Poor Law Amendment Act.

### Later in Life

Nightingale held strong opinions on women's rights in her book *Suggestions for Thought to Searchers after Religious Truths* (1859). She argued strongly for the removal of restrictions that prevented women having careers. Nightingale over the years worked behind the scenes to get laws changed and disapproved of women making speeches in public. In later life Florence Nightingale suffered from poor health and in 1895 went blind. Soon afterwards she was frail and had to receive full time nursing she lived another fifteen years before her death in [London](#) on 13th August, 1910

*Illustrated London News* (24th February, 1855)

---

### Florence Nightingale Quotes

*'I stand at the altar of the murdered men, and, while I live, I fight their cause.'*

*'I attribute my success to this - I never gave or took any excuse'*

*'How very little can be done under the spirit of fear.'*

*'Apprehension, uncertainty, waiting, expectation, fear of surprise, do a patient more harm than any exertion.'*

*'To understand God's thoughts we must study statistics, for these are the measure of His purpose Law is the continuous manifestation of God's presence - not reason for believing him absent Live your life while you have it. Life is a splendid gift.'*

*'There is nothing small in it. For the greatest things grow by God's Law out of the smallest.'*

*'But to live your life you must discipline it. You must not fritter it away in "fair purpose, erring act, inconstant will" but make your thoughts, your acts all work to the same end and that end, not self but God. That is what we call character.'*

*'Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.'*  
Proverbs 3:5-6





3-in-1 Publishing is delighted to introduce our readers to Janine Stellatos and her new column 'In Your Face!'

---

### MEET ARIE & HELENE

Arie & Helene Paliama served in Metro Ministries New York for 5 years (March 2000 – March 2005), Arie in the finance department and Helene in the Won-By-One Child Sponsorship Department. They have been managing the UK office now for over 5 years, Arie being a Director of Metro Ministries UK. Arie and Helene manage all the financial issues, child sponsorships and resources for the UK, along with other responsibilities. They also oversee Ireland, Norway, Sweden, Denmark, Belgium and Holland. Arie and Helene are Dutch by nationality, Arie having Indonesian/Dutch parentage, and are fully committed to the work of the Lord through Metro Ministries. The main UK office is situated in Horley, in Surrey a few miles from Gatwick Airport.



Arie & Helene who are based in Surrey

Contact Arie and Helene if you would like to sponsor a child, donate funds or purchase any resources. Telephone 01293 776900

E-mail: [uk@metroministries.org](mailto:uk@metroministries.org)

---

### MEET JANINE

Fifteen years ago I visited Metro Ministries in New York to see with my own eyes this amazing Sunday School of over 20,000 children. I came back after the one week trip but my heart never did. For the next eleven years, my body re-joined my heart a couple of times a year as I volunteered to help during my trips when visiting my sponsor child. Five years ago this summer I came onto full time staff as the UK Representative.



Janine Stellatos Metro Ministries UK

In 2001 God began opening doors for me to speak in churches and at that time I remained a visitor and friend of Metro Ministries, however, I could not help but share my experiences of Metro during my speaking engagements and people's hearts were touched and funding began to come in for the ministry. It soon became clear that I had to make a

decision as to whether to continue my employment with the Civil Service of 16 years or take a step of faith and devote my whole time to the ministry. In 2005 I made that step and have been full time ever since (well actually I have been full time ever since I got involved as Pastor Bill says..."if you are not in full time ministry by the time you get into full time ministry, you'll never be in full time ministry when you get in the full time ministry!"

I count it an absolute privilege to be a part of this movement, as I know do Arie and Helene also, and to serve in this ministry in any way which serves them best. In the same way you cannot be around the presence of God and remain the same, you cannot be around this ministry and not be changed, challenged and motivated to make your life count. It is a continual assessment and evaluation of what we do with our time and how we can take things to the next level – not maintaining but ever attaining – and doing everything we can to make sure we reach every child we possibly can with the message of the Gospel.

I am responsible for setting up Pastor Bill's speaking engagements in the UK, liaising with churches, speaking in churches to help motivate people and promote awareness of the ministry, training children's workers, exhibitions, meeting business people to endeavour to secure funding, fundraising and general PR (partner relations) along with other responsibilities.

What I love about being part of Metro Ministries is that no two days are the same. One day I could be writing for the newsletters, editing sermons or contacting our partners and another I could be out training children's workers, speaking in churches and helping to raise funds to enable us to continue what we do with the children. I love this ministry with a passion. It's what

motivates me to get up out of bed in the mornings. It what keeps me from going to bed at night ☺. It's what makes watching TV boring and sitting in the garden a waste of time. It's what makes eating, sleeping and toilet breaks an inconvenience! It's what drives me to my knees besides my ultimate passion for God, to see these kids lives changed and this ministry expand.

#### NORTHERN IRELAND

Today I received a message on FaceBook. It was from a young man who I didn't know called Andrew. He said, hey you won't remember me but around 7 years ago you came across to Darkley, Northern Ireland to do some Kidz work and I was one of the kids that came along. He told me how he enjoyed the games and the lessons and during some of which I shared some of my testimony. He said that 3 years later he was invited to the youth group and gave his heart to the Lord and he wanted to write and thank me for all the work with the children's meetings. He said there were many seeds planted and they will hopefully soon be reaped. Each time I read the message through I cried. It reminded me of one of my favourite songs "[Thank you](#)" by Ray Boltz but more than that it encouraged me that you may not always see instant results, in fact very rarely will you see instantaneous transformations, but like the Scripture says in John 4.37 "one sows, another reaps. Keep on speaking words of life and words of truth. Sometimes you may feel like nothing is happening and your words are having no impact but often those are the times that the Holy Spirit takes those words and quickens them to the hearer. "Thank you" Holy Spirit for taking my words 7 years ago and depositing them into the heart of a young man who is now actively serving you day by day.

#### MAKE A DIFFERENCE!

You can make a difference today and speak words of life into the life of a child just by becoming a child "Won-by-One" Sponsor. The children we minister to each week need to know that someone loves them, that somebody somewhere really does care enough to

*"Thank you for sending your birthday gift..I'm happy we'll have something to eat on my birthday....from a sponsored child*

do something about it. Living in appalling conditions, maybe in the ghetto's of New York city rampant with crime, drugs and prostitution, in rat and cockroach infested buildings, or in the garbage dumps or cemetery's in and around Manila in the Philippines, these children have so much love to give but sadly many do not receive love and are neglected, never experiencing a normal childhood.

We have hundreds of children waiting today for someone to step up and say "I will be the one who will take on one child and make a difference in one life". The monthly commitment is less than £4 per week.

Missing one lunch or one magazine a week would provide the means to take on one child. £15.00 per month is all it takes to invest in one life and help us reach them with a powerful message of love and hope and to minister to their needs. You can be as involved as you want to be. You can even visit your child. I know first hand that you also will be as blessed and touched as you receive feedback from your sponsor child and become a vital part of their life. Here is an



excerpt from one letter I recently received from my sponsor child in the Philippines "Thank you for sending your birthday gift. I'm happy we'll have something to eat on my birthday....by the way we also bought school bags, shoes, school supplies and spaghetti! I hope to meet you again, I miss you, thanks a lot! God bless. I love you". It's priceless folks. Nothing you can buy can ever mean as much to you as making a difference in the life of a child. One hundred years from now , it won't matter how much money you made, what kind of house you lived in, or what kind of car you drove....all that will matter is if you made a difference in the life of a child. Will you? Please allow the plight of these children to be "in your face" Jesus said....'whatever you did unto the least of these...you did it unto me – equally then – I tell you the truth, whatever you did not do for one of the least of these, you did not do for Me.'



#### ***Bake-a-difference***

Metro Ministries UK has just launched a unique and fun way to raise funds and be creative within you church, fellowship, women's groups, youth groups! More details on how you can Bake-a-Difference coming soon!

[jstellatos@metroministries.org](mailto:jstellatos@metroministries.org)

## The Grapevine



3-in-1 The Voice is delighted to introduce you to Sylvia Reeve.

## The King and I

**The King and I, coming soon**, seemed to jump out at me from the poster on the side of the bus. It was apparently going to be shown at the local cinema complex. How I would love to see it again, but I would be too embarrassed, because without fail I cannot prevent myself from crying when the king dies. Now time for a bit of fun with the family.

“Guess what’s coming to the cinema?” I feebly tried to sound disinterested.

“The Sound of Music.” The three chorused.

“Well that’s where you are wrong. It’s the King and I.” I kept my face straight.

“NO!” The chorus was not only unanimous, but forceful.

“I haven’t said a word yet.”

“No but you’re going to ask who would like to go with you, aren’t you?”

“Well; maybe.” I was weakening.

“You embarrass us.” The eldest son said gently.

“I can’t help it if I’m sentimental.”

“But mother, it’s only a film.” they reminded me.

“Yes, but it is based on a true story.” I offered justification for my actions.

“Poor old mum, she’s losing it again.” From my husband.

“Well why shouldn’t I believe it; after all at the time it was written, it was based on the barbaric regime of the Siam dynasty, and personal experience.”

“Where’s Siam then mum, I thought it was a made up place?” from the youngest.

“I can see all your education has been wasted.” I laugh, because I know he is egging me on.

“It’s a good job it is real, or we would never have half the things made by the slave labour the people are subjected to.” From husband, then much to my amazement he added. “It’s about time our country remembered it is British, What was the use of Wilberforce abolishing slavery, if we employ the same conditions, called by a different name? Helping the poorer people; huh, who are they kidding? What help are they getting, working in sweat shops; long hours and for little pay. It’s disgraceful.”

During this long and unusual speech, the boys had quietly left the room, smiling at me from behind their father. I kept my face straight.

“What’s all that about?” I asked him.

“Why do you question me, I would have thought that you with your *goody goody ways* would be in agreement. He said with a degree of sarcasm.”

Oh dear, he must have had a bad day. I was glad the boys had left, or I might have had to bite my tongue.

“I am not a *goody goody*, as you put it. I just happen to live by a different set of rules than you.” Had I gone too far, he had no interest in my faith, but did support me and the boys with any church activities.

“Let’s not fall out over this,” I tried to ease the tension.

“Well, you started it with your *King and I*.” He wouldn’t let it go. Oh dear I could feel my temper rising.



“So what; at least I have a King, which is more than can be said for you” I retorted, then changed it to.

“Actually, you do have a King; you just don’t want to know Him because you are afraid.”

“Afraid; of what? How can I be afraid of *someone*, or *something*, I can’t see, meet, hear, or even have a conversation with?”

“Well that’s four things you’ve got wrong. I can do all those things with my King.” Was I alienating him by this argument? No, I must stand up for what I believe.

“If you took the trouble to read the bible, you might understand more about my King. How He was sent to live among us; experience life in the raw, then perform the ultimate sacrifice anyone could ever make, when He suffered and died on that cross for our sins” There wasn’t a flicker of emotion on his face, nor any sign that he felt uncomfortable.

“Oh yes the bible, your book of rules. I’d forgotten about that. That’s your manual; just like I have one for the car. If you get it wrong and don’t follow the instructions, you’re in trouble.” He tried a weak attempt at a smile, but failed because his voice was speaking with a diffident attitude, he was out of his depth, and he knew it. Should I go on, or leave it there? Help me Lord, I sent a silent plea for the answer. I continued.

“You will certainly have problems if you don’t follow the instructions your manual gives you; and to a degree my bible tells me what is right and wrong. But, as far as being in trouble, it is *me* who judges me, and me who feels the need to repent, because I know I have done something to hurt God.”

“I give up.” he stood up ready to leave the room. As an afterthought he asked. “Do you cry on Good Friday then, when you celebrate the crucifixion? After all, that is when *your* King died?” He left the room before I could answer, but I heard him telling the boys not to come back in, I was on my religious soapbox.

Perhaps, but his last statement made me think. No I don’t cry on Good Friday, despite the crucifixion because I know that *my* King

rose again on the third day; that is fact, the truth, whereas the other is just a movie. Maybe I should cry; but then my King knows what I am feeling anyway. For my Father, my King and my Saviour through the Holy Spirit is alive in me. I never got to the cinema, but my elder son bought me the video.

“Here mum, you can watch it as often as you like, and cry in private.” Bless!

My other son, a Christian, gave me a video too, entitled.

### ‘KING OF KINGS’

As for my husband, he never came to know the Lord and sadly we eventually parted. I re married some years later and my wonderful Christian husband has become my Prince. I cannot give him the title of **King**, as there can only ever be one for me.

He is Risen

Sylvia

[sylvia@sylenvia.freeseve.co.uk](mailto:sylvia@sylenvia.freeseve.co.uk)



# The Gate

Melanie Henderson

3-in-1 Publishing regular columnist Melanie Henderson. Melanie will explore the Holy Land in this series. She will explore the different biblical sites throughout Israel.

---

## The Dead Sea (The Salt Sea)

By Melanie Henderson



Legendary for thousands of years, the Dead Sea has both biblical and historical significance. The fact that it's the lowest point on the face of the earth - 400 meters below sea level - and the abundance of health enhancing minerals in the water has made The Dead Sea a famous and yet exhilarating destination throughout history. King David, Jesus, King Herod and Cleopatra - queen of ancient Egypt were all closely linked to The Dead Sea.

When you think of the name 'Dead Sea', your immediate reaction may be, "Okay, this is a bit eerie!!" Believe it or not but the name 'Dead Sea' is really a kinder translation from the Hebrew name 'Yam ha Maved', which means 'Killer Sea'! The Dead is so salty, it is actually six times as salty as the ocean, and the Dead Sea is completely landlocked, so it gets saltier with increasing depth. Studies have shown that even today, Scientists figures that the Dead Sea lowers as much as 13 inches per year!

The Jordan River is the main source of water for the Dead Sea, and with that there are a few smaller rivers that are also emptying into it. Despite the constant inflow, and the fact that the Dead Sea has no outlet, the level of the Dead Sea changes over the year and this is the result of the extremely high rate of evaporation from the heat of its wide-open, below sea level, desert location. This causes the water to evaporate quickly, but the salt remains.

There is however a promising future for the Dead Sea! In Ezekiel 47:1-6, the passage speaks of "the river of living waters" that will flow towards both the Dead Sea and the Mediterranean Seas from Jerusalem after The Return of Jesus Christ, which reads:

"And he said to me, "This water flows toward the eastern region and goes down into the Arabah; and when it enters the stagnant waters of the sea, the water will become fresh.

And wherever the river goes every living creature which swarms will live, and there will be very many fish; for this water goes there, that the waters of the sea may become fresh; so everything will live where the river goes."

"Fishermen will stand beside the sea; from En-ge-di to En-glain it will be a place for the spreading of nets; its fish will be of very many kinds, like the fish of the Great Sea. But its swamps and marshes will not become fresh; they are to be left for salt."

"And on the banks, on both sides of the river, there will grow all kinds of trees for food. Their leaves will not wither nor their fruit fail, but they will bear fresh fruit every month, because the water for them flows from the sanctuary. Their fruit will be for food, and their leaves for healing." (This is a passage taken from Ezekiel 47:8-12 RSV)

There are no fish or squirming creatures at all of any kind swimming, living in or near the water of the Dead Sea. However there are several types of bacteria and at least one type of algae that have adapted to the harsh life in the waters of the Dead Sea. What you'll see on the shores of the Sea is white, large crystals of salt covering everything (picture above). The salts that are found in the Dead Sea are mineral salts, just like you would find in the oceans of the world but only in extreme concentrations. The water in the Dead Sea is deadly to living things, hence the name 'Killer Sea'. Fish that are accidentally swimming into the waters from one of the several freshwater streams that feed the Sea are instantly killed, with their bodies quickly coated with a preserving layer of salt crystals and then tossed onto shore by the wind and waves!

Amazingly though, the high levels of salt in the Dead Sea do not affect humans at all. When you are in the Dead Sea, it is impossible to swim, so you float! Basically our bodies are a lot more buoyant in the Dead Sea, most people when they are in the Dead Sea just like to kick back in the water and read or enjoy the sun where the crust is stretched thin. The Dead Sea is still sinking lower, even today and scientists figure that the Dead Sea lowers by as much as 13 inches per year. On a geologic time scale that's incredibly fast!

[info@3in1publishing.co.uk](mailto:info@3in1publishing.co.uk)



## The Word of God - MARCH

1<sup>st</sup> The LORD rewards every man for his righteousness and faithfulness. The LORD delivered you into my hands today, but I

would not lay a hand on the LORD's anointed. 1 Sam 26:23

2<sup>nd</sup> Now I know that the LORD saves his anointed; he answers him from his holy heaven with the saving power of his right hand. Ps 20:6

3<sup>rd</sup> You will keep in perfect peace him whose mind is steadfast, because he trusts in you. Isaiah 26:3

4<sup>th</sup> "Why are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation." Luke 22:46

5<sup>th</sup> Sing joyfully to the LORD, you righteous; it is fitting for the upright to praise him. Ps 33:1

6<sup>th</sup> But may the righteous be glad and rejoice before God; may they be happy and joyful. Ps 68:3

7<sup>th</sup> Be joyful in hope, patient in affliction, faithful in prayer. Rom 12:12

8<sup>th</sup> Stay with me; don't be afraid; the man who is seeking your life is seeking mine also. You will be safe with me." 1 Sam 22:23

9<sup>th</sup>  
What business is it of mine to judge those outside the church? Are you not to judge those inside? 1 Cor 5:12

10<sup>th</sup>  
The voice of the LORD is over the waters; the God of glory thunders, the LORD thunders over the mighty waters. Ps 29:3

11<sup>th</sup> Be exalted, O God, above the heavens; let your glory be over all the earth. Ps 57:5

12<sup>th</sup> But God sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance. Gen 45:7

13<sup>th</sup> I call to the LORD, who is worthy of praise, and I am saved from my enemies. 2 Sam 22:4

14<sup>th</sup> You will be protected from the lash of the tongue, and need not fear when destruction comes. Job 5:21

15<sup>th</sup> O LORD, you will keep us safe and protect us from such people forever. Ps 12:7

16<sup>th</sup>  
If the LORD is pleased with us, he will lead us into that land, a land flowing with milk and honey, and will give it to us. Num 14:8

17<sup>th</sup> Even if you go and fight courageously in battle, God will overthrow you before the enemy, for God has the power to help or to overthrow." 2 Chron 25:8

18<sup>th</sup> Be perfect, therefore, as your heavenly Father is perfect. Matt 5:48

19<sup>th</sup> For if you forgive men when they sin against you, your heavenly Father will also forgive you. Matt 6:14

20<sup>th</sup> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. James 5:16

21<sup>st</sup> He provides food for those who fear him; he remembers his covenant forever. Ps 111:5

22<sup>nd</sup> "For I, the LORD, love justice; I hate robbery and iniquity. In my faithfulness I will reward them and make an everlasting covenant with them. Isaiah 61:8

23<sup>rd</sup> Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.' Matt

24<sup>th</sup> Then Jesus declared, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty. John 6:35

25<sup>th</sup>  
You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives. Gen 50:20

26<sup>th</sup>  
Can anyone teach knowledge to God, since he judges even the highest? Job 21:22

27<sup>th</sup> Then men will say, "Surely the righteous still are rewarded; surely there is a God who judges the earth." Ps 58:11

28<sup>th</sup> Jesus answered him, "I tell you the truth, today you will be with me in paradise." Luke 23:43

29<sup>th</sup> He who has an ear, let him hear what the Spirit says to the churches. To him who overcomes, I will give the right to eat from the tree of life, which is in the paradise of God. Rev 2:7

30<sup>th</sup> Nation will rise against nation, and kingdom against kingdom. There will be famines and earthquakes in various places. Matt 24:7

31<sup>st</sup> Because of the increase of wickedness, the love of most will grow cold, but he who stands firm to the end will be saved. Matt 24:12-13

Notices & Events



www.cfan.org



www.metroministries.org

Notices & Events



**ADVANCING YOUR DESTINY**



**Teachings Include (4 CD SET):**

1. The Power of Vision and Destiny
2. Advancing Your Destiny with Excellence
3. Pulling Your Future into Your Now
4. Unleashing Your Prophetic Promise

**Order online at [mattsorger.com](http://mattsorger.com) or call today at 631-696-4950**

**Suggested Donation: \$30.00(FREE SHIPPING within USA)**

**ENZO CALAMITA**

Evangelist MICHELLE DELANEY

Sunday 7th March 2010

KILTONGA CHRISTIAN CENTRE

36A Belfast Rd., Newtownards BT23 4TT

Tel: 028 91 81 5071

E-mail: [g.fitness@kiltonga-christian-centre.co.uk](mailto:g.fitness@kiltonga-christian-centre.co.uk)



Book III 'Son of Perdition'

**BANGOR TOWERVIEW FREE METHODIST CHURCH**

**PATRICIA BOOTSMA**  
Canada

Friday 9th - Sunday 11th April 2010

Friday 9th @ 8pm - Youth Band led by Darrell Ross & Ryan Craig  
Saturday 10th @ 7.30 pm - Worship led by Paul & Beulah Shields  
Sunday 11th @ 6.30 pm - Worship led by Paul & Beulah Shields

**PATRICIA BOOTSMA WILL BE SPEAKING AT ALL MEETINGS**

Contact: 028 91 473310 E-mail: [grahamrachel@btinternet.com](mailto:grahamrachel@btinternet.com)  
[www.jubileecf.ca](http://www.jubileecf.ca)

Notices & Events



**FREE TRACK**  
"the voice of hope"  
from  
**X Factor**  
finalist  
**beverley**  
**trotman**

The UK watched a star in the making as Beverley Trotman won their hearts with her infectious warmth and amazing vocals during the hit talent show - The X Factor! Enjoy 'The Voice of Hope' track that encapsulates the theme of her upcoming album - delivering powerful and uplifting songs of hope

album released October '09

[Download Free Track](#)

UCB Prayerline



**Tel: 0845 456 7729 (UK Local Rate)**

**Tel: 1890 940 300 (Rep of Ireland)**

**Text a Prayer:** Text **PRAY** followed by your request to **83737** (messages cost 25p + 1 standard text).

[Click here to submit a prayer](#)

Notices & Events



The African Children's Choir

[www.niicca.co.uk](http://www.niicca.co.uk)



<http://www.niicca.co.uk/>

329 Antrim Road Newtownabbey BT36 5DY

Tel: 077 571 191 20

Charity Shop: Monday - Saturday: 9 - 5

NIICCA is accepted as a charity by the Inland Revenue under reference XR54953

<http://www.graeme-bell.co.uk/>



LCM

Creative Multimedia

<http://www.lchenderson.com/>

E-mail: [info@lchenderson.com](mailto:info@lchenderson.com)

**Website, Graphic Design, Sound,  
Animation, Videos, Logo Designs**