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3-in-1

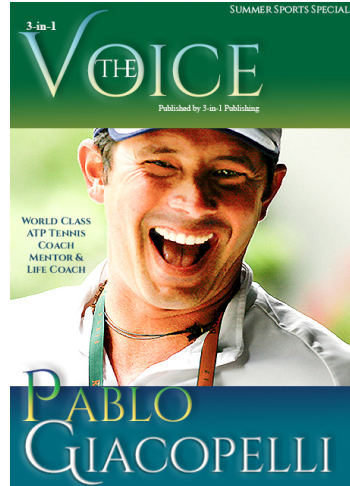
THE VOICE

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WORLD CLASS
ATP TENNIS
COACH
MENTOR &
LIFE COACH

PABLO
GIACOPELLI



ON THE COVER
PABLO GIACOPELLI
WORLD CLASS INTERNATIONAL
MENTOR, & LIFE COACH

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Meet Pablo Giacobelli

World Class International Mentor & Life Coach

Introduction

Sometimes in life there comes along a person that changes the entire dynamics of how we think; someone who opens a new door and the scriptures somehow come to life again, in the form of a bright and shining light.

Pablo Giacobelli is one such individual, he is a man who has been challenged and has overcome many obstacles. He has found a way, through Jesus, to assist others to achieve their goals and ambitions, unlocking and maximizing their true potential in the process. He is a strategic warrior!

Pablo's story is one of the greats. Today he is one of the world's top professional tennis coaches, mentors and life coaches and we are delighted that he has agreed to share some of his innermost thoughts with us.

Part II of our indepth interview with Pablo is featured in this issue of 3-in-1 The Man's Voice and demonstrates how faith in Jesus combined with self belief will enable you to achieve more than you could ever have hoped for...



Pictured above:
Pablo Giacobelli

Book:
'Holding on Loosely'

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Karin McBride-Chenoweth

Biography

"I have always been known as a man who goes against the flow of what others consider normal. This approach to work and life explains why I have seen breakthrough where others haven't."

Pablo Giacobelli

Born to Argentinean parents working in Lima, Peru, I was the only child until my sister showed up. She ruined a pretty good gig for a kid who had all of his parents' attention all of the time! During my boyhood years in Peru, I began to play tennis through the encouragement of my parents. I didn't like tennis. I loved soccer and motocrossing on the small bike my grandfather purchased for me for my tenth Christmas. Still, I had to do what my parents said, and everyone assumed that I loved tennis because I became good at it very quickly. Soon I was the best player of my age in my country, and at 11 years old I began to travel to international tournaments, where I also excelled. My father, wishing to cultivate my athletic potential, began to plan my life according to his vision for my success. When I was 13, my parents sent me to attend a tennis academy in America. From there, I began to travel the world playing junior events. My life focused on making it as a professional tennis player. It became one big show, and I felt that I had to excel at everything I did.



My career as a professional world tour tennis coach started at a conference at the 2004 Wimbledon Championships. My job took me all over the world. I became familiar with a multitude of cultures. I experienced some amazing highs, but also some painful lows. There is no describing the thrill of marching into the inaugural ceremony at the 2008 Beijing Olympics and watching my players perform at the very pinnacle of their sport. Yet, I longed to wake up next to my kids each day. I missed watching them grow up into the wonderful people they are today. After too many lonely nights in hotel rooms, I began asking some deep, long overdue questions. What was life really about? Was this as good as it got? Finally, while in a jet flying 35,000 feet above the Earth, I began to break down. That is when God opened the curtains on a new, far more wonderful way of living—one in which I have come to know firsthand the depths of His love and the life-changing power of His grace.

Excerpt from 'Pablo Giacobelli Biography'



Pablo with his beautiful wife Madeleine

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Interview - Part I

* Part 2 Will feature in a future issue of 3-in-1 The Man's Voice

Pablo Giacobelli



1. Thank you so much for taking the time to answer our questions. Pablo firstly how did you come to know Jesus as your Lord and Savior?

I woke up to the reality of Christ for the first time when I was 19 years old. It was through a new friend I made during my first year in university; the great thing about this story is that this 'cat' was not only gay but also an addict to over the counter drugs. He struggled with depression and his behavior was as flawed as anything that I had seen, up until that point in my life. Yet with all of this baggage on his back I could see, through his eyes, a genuine love and affirmation I had never seen or felt before. After several conversations with this man, I began to see through his words that there was someone greater than him reaching out to me through him. These days, as I look back, I realize that the ferocious love and affirmation I felt when I was with him was in fact that Jewish man they call Jesus.

Like him, I too was deeply wounded from many traumatic experiences I had lived through since leaving my home at the age of thirteen while I tried to gain the approval and affirmation of those closest to me through my tennis career. This attempt to silence my own wounds, through what I did and how successful I became, was transferred to trying to please a God whose image in my mind was as much the same as the one of my natural father. This life, based on performance, measured by what I did and how well I did it, ruled much of my 'schizophrenic relationship' with God for many years. It wasn't until I reached my mid-thirties and had gone through a traumatic divorce that I began to have a second awakening. Slowly but surely I began to understand and see with the eyes of my heart, who the God of my life really was and how well He loved me. Since that day my life has been transformed into a journey where I have started to shed my false self that I had worked so hard to build over the years, covering my shame and pain as I discovered my real and true identity made in the image and likeness of God.

2. You are a sports coach as well as life coach. What is the difference, if any, and what is the key ingredient to helping them find success?

A coach is someone who has a different perspective to the person they are coaching. He is able to see things that the client is not able to as they are directly involved in either their career or life. Ultimately for an individual to reach and maximize their potential they must step into a reality where their play and life begin in their heart and not the mind within their heads.

You see, the mind can only take us so far and like any muscle in our body it eventually tires and runs out of energy, interrupting the flow of talent and life; the heart doesn't, its' energy and resources are unlimited and they can be fully tapped into if it is whole and not wounded. Once a person taps into it, they enter into a place that is known in sports as the zone. This is where one loses the need to control and manipulate everything and everyone and instead begins to walk and play in the present moment, with all of their talent, no longer worried about the outcome or result. For this reason it doesn't matter what kind of coaching I am doing, my approach is always the same, though of course I tailor how I express it, according to the person I am coaching. For instance, when I was coaching tennis my understanding of the game and the mechanics of the strokes was also extremely important, however, at the level I worked at the difference, after all the hard work had been done, came down to who was able to express their heart better on the court.

Leading someone into a journey of self-discovery is not an easy task and one that can have many twists and turns. This is why I believe that coaching is an art and not a profession. Ultimately it is an expression of your own journey of discovery and self-development, as it is very difficult to lead and walk with someone into a reality or place you have never been yourself before. This is why an effective coach knows that it is not about the destination as much as it about the process. He understands that success is shy and the more he and the pupil focus on it the bigger the likelihood that it will never fully be a part or join their journey in the way it can when we don't focus on it.

3. What is the difference between faith and self-belief and is it important to possess both?

Faith believes that what one desires happens for others, belief understands that it can happen to us. The greater the understanding an individual possesses of who they truly are the more confidence they will walk into the tennis court with; for instance, life is a mirror that exposes to us at what stage of our discovery process we are in. The way we react to the adversity we find in both of these paths will ultimately be aimed at the belief we have regarding our identity and self esteem. This is why those who overcome are those that continue to run, walk, or even crawl as they understand that deep within themselves lies the answer to whatever they are facing; those that don't, show that they are yet to either begin this journey or are only at the very beginning of it. Ultimately our faith and belief in God and the discovery of who He really is can only happen when we at the same time undertake the same journey of discovering who we really are. Too many of us focus on just discovering God and spend very little if no time at all in discovering our real selves, hence the lack of faith. I believe that it is impossible to discover who God really is without also, at the same time, discovering who we really are. If we are serious about experiencing the confidence Jesus had, instead of our own man-made arrogance, then these two journeys need to happen parallel to each other.

Interview - Part II

Pablo Giacobelli



1. Thank you so much for taking the time to answer our questions. Pablo What does the bible teach us about being the best we can be and why do you think it is important to strive to achieve one's goals?

I am not so sure that the bible teaches us to be the best we can be as much as it encourages us to follow Jesus to the very depths of our being where we can discover or true self that shares our identity and likeness with God. I believe when we focus on being the best we can be our journey becomes one of performance. The danger with this is that if we are not careful sooner or later we fall into the trap of measuring who we are and our worth according to the results we manage to achieve.

Everything we experience we do so with a mindset of getting it right or wrong, winning and losing. This approach invites anxiety, entitlement, and fear into our path, which are then responsible for dividing us by focusing one part of us on a result and the other on our ability. When we undertake a journey of discovery where we see everything as an opportunity to discover something new about God, ourselves, and life we then create an environment where hope, grace, love, and faith can thrive. Here in this place we understand that the results of our lives belong ultimately to God and that our job is to stay present and simply manage and keep our lives like Adam was charged to manage and keep the Garden of Eden. If someone wants to see the unprecedented take place in his or her life and profession then this is the way I have discovered is more likely to happen.

2. Your book 'Holding on Loosely' is inspirational and encouraging, do you agree that individuals tend to hold back and are almost afraid to realize their true potential?

I believe that most of us don't struggle with going out into the unknown as much as we struggle with leaving behind what we already know and feel safe with. This phenomenon often interferes with our journey of discovery as it leads us to remain anchored to the beach of tradition in the shores of familiarity.

Now is very important that we all understand that this problem is nothing new and it is not something that we alone have to face. This is the consequence of what happened in the Garden of Eden all those years ago and continues to happen today.

I will explain.

In Genesis chapter 3 after things are not so good in the garden God tells the woman:

...You'll want to please your husband, but he'll lord it over you."

This word please in the original text means that there will be a 'turning'. Now when we as humans turn we do it towards was is the most like us in proximity.

This means that what Dad was saying was the following:

To Eve:

Eve all the underlying premises you need to live a healthy and whole life that you were receiving from me from your heart you are now going to turn and look to your husband to deliver them to you. This is because you came from Adam and so this is what is the closest in proximity to you.

To Adam:

Adam all the underlying premises you need to live a healthy and whole life that you were receiving from me from your heart you are now going to turn and look to the ground to deliver them to you. This again is because you came from the ground and so this is what is the closest in proximity to you.

And so Eve turns to Adam and demands these things from him to which he replies "I am not God" Adam equally as he turns to the ground and demands these things from it the ground replies like he did to Eve "I am not God".

Now to help us see this event all those years ago at play in the world that we all live in today we only have to look at the place women look to find their identity and that is from the man they are with and how much they are liked and loved by him. Equally men today they look to their careers and work to get a clue of their identities, which is in essence the ground, they work on.

What we need to understand is that this is exactly what the Gospel Jesus came to share with us, is all about and was meant to break. You see Jesus understood what was going on and why it was happening. He knew that what had happened in Genesis 3 in the garden of Eden when Adam and Eve had become disconnected from the reality within their hearts was still affecting us all. He understood that as long as they remained disconnected from their hearts they would seek to find their identity outside of them. This move would prevent them from fulfilling their potential and who they were designed to be originally. This is why is there is a word I believe I would use to describe the message of the Gospel that word would be the word 'return'. Return to the reality of the identity that is within your heart. Return to the way it was in the Garden on Eden before things took a left turn.

We need to understand that the only way we will ever maximize our potential will be from that place within our hearts where we share our identity with God. The battle we fight everyday is not against the enemy but against that false reality we build outside ourselves where we try and find our identity and indirectly try and fulfill our potential. Jesus called us to follow him so we could journey to that place within us where the Kingdom of Heaven is and all the magic happens. Holding On Loosely is the way I began this journey or returning. It is my personal spiritual journal of what God showed me needed to happen in my life and I believe in the lives of others so that we can be loosed into this new path where we will have a very realistic chance of discovering who we really are in Him and in the process begin to maximize the potential that has been deposited within our lives.

3. How does this book enable us to let go and let God?

Most of us live our lives mainly from our minds. This approach to life means that we spend most of our time here on earth absent from what is actually happening to and around us.

In the book I explain how this works, how it shows up in our lives, and what the alternative looks like. It is important to understand that the only place we are able to hear and sense God's presence is in the present. He is an eternal being and as we all know in eternity there is no time apart from the present moment. This is why when God introduced himself to Moses by the burning bush he didn't say I am the great I was or the great I will but instead the great I AM, the one who is always present. Like him we too are eternal and so when we enter the dimension of our heart living in the present moment becomes possible.

Most of us struggle with fully loosening our grip over our lives because we don't understand or truly know God and his nature. When we live present lives this begins to change as we become aware and understand how much we are loved by him which produces a new momentum of trust in our lives that then enables us to hold on loosely to our lives and all its attachments and hold on tight to His hand as he leads us forward and inward.

4. How do you balance your work, ministry and family life?

I struggled with this for many years and in fact suffered great consequences in my life because of the lack of balance I experienced when it came to managing how I lived it. More recently I have found that the best way in my life to approach the above scenario is by focusing on living out of the real Pablo that is within my heart. This has enabled me to remain present and be able to address the present moment as required. So in other words I don't stop being a father or a husband when I am working and neither do I stop being a coach or a minister when I am with my family. I am coming to see my life not as a catalog of different labels expressed independently from each other but instead Pablo expressing the life that is within him in an uncensored, real, and raw fashion all of the time no matter where he finds himself.

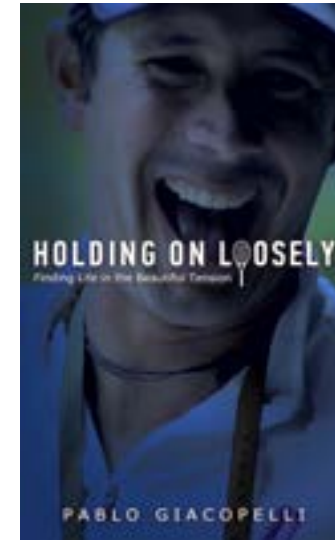
This way has also helped me to find immense harmony in arranging my time and commitments as I trust God to bring only the assignments he wants me to fulfill instead of me going out to try and fill my diary with as much work as I can find. I must be honest and tell you that my life today is not only impacting more people than it ever has before but it is also as balanced as it has ever been barring of course any unexpected events that might disrupt this flow like sickness, sudden events, etc.

5. You are a motivational speaker; do you also take seminars or workshops?

Most of my work with wider audiences happens through seminars and workshops. Here is where I find I am able to express best what I carry within me. I enjoy doing weekend retreats and events where people and I are able to interact with each other. At the end of these weekends I am also normally asked to speak at the Sunday services which I also enjoy. Another area of my work that I also love to do is coaching people around the world on a one to one basis online mainly through Skype. The joy of seeing people wake up to the reality of who they truly are and seeing them begin to express this new reality through their lives is something very few other things can match.

Lastly, one thing I am very excited about, as it is having a great impact on many souls, is a new online course I have recently released for both people in leadership positions as well as those of us that lead in our lives unofficially every day. The course is an in depth 11-week interactive journey around the theme of Holding On Loosely. The course can be taken either by people on their own or together with me through one on one sessions each week.

Book Review



Pablo Giacobelli
'Holding on Loosely'

Review by: 3-in-1 Walking in the Light Ministries (Int)
Genre: Non-fiction
Format: Softback



You are born into a world and you aim to make the most of it! Whether you are a person of ministry, an athlete, a business person, homemaker, every human being has a desire to achieve life goals, to succeed in life and fulfill their dreams. Some of us will achieve, with perseverance and struggles, for others failure is not an option and it comes easier, for others it is necessary for them to be manipulative in order to 'achieve'. However, I believe that there is not one single person amongst us who could state that they are the person that they truly need to be as opposed to the person they want to be. Through the testimony of Pablo Giacobelli you will discover that it is actually possible to achieve both in life, through the love and completeness of God.

That is the challenge that I believe this book brings out in the reader more than anything else, are you prepared to let go and let God? Pablo Giacobelli offers a way, through 'Holding on Loosely', a path if you like to successfully overcome the things that prevent us from letting go. This unique and wonderful book will not only hold your attention but in a very troubled world enable you to believe that you are much more than just flesh and bone and that with God's help you can be all that you ever wanted and more importantly become the person God designed you to be.

The old sayings, 'more haste less speed' and 'if you try too hard it won't work!' resonate from the pages of this insightful and powerful book, however there is more much more. It is, I believe a profound insight into the 'binding and loosing' teaching in the Bible by Jesus. Seen here as not just a powerful spiritual key but a very practical one as well, etched in the personal experiences of one man.

'Holding on Loosely' will leave you with a peace and sense that all is not lost as it guides you and helps you to let go, in turn enabling the God who created you to mould you into a better human being who not only appreciates his fellow human beings more but in turn can help contribute and create a much better world...a MUST addition to your library.

Karin McBride- Chenoweth

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“Life is not easy...The pressures and expectations we all face are overwhelming! But you can overcome that...” Pablo Giacopelli

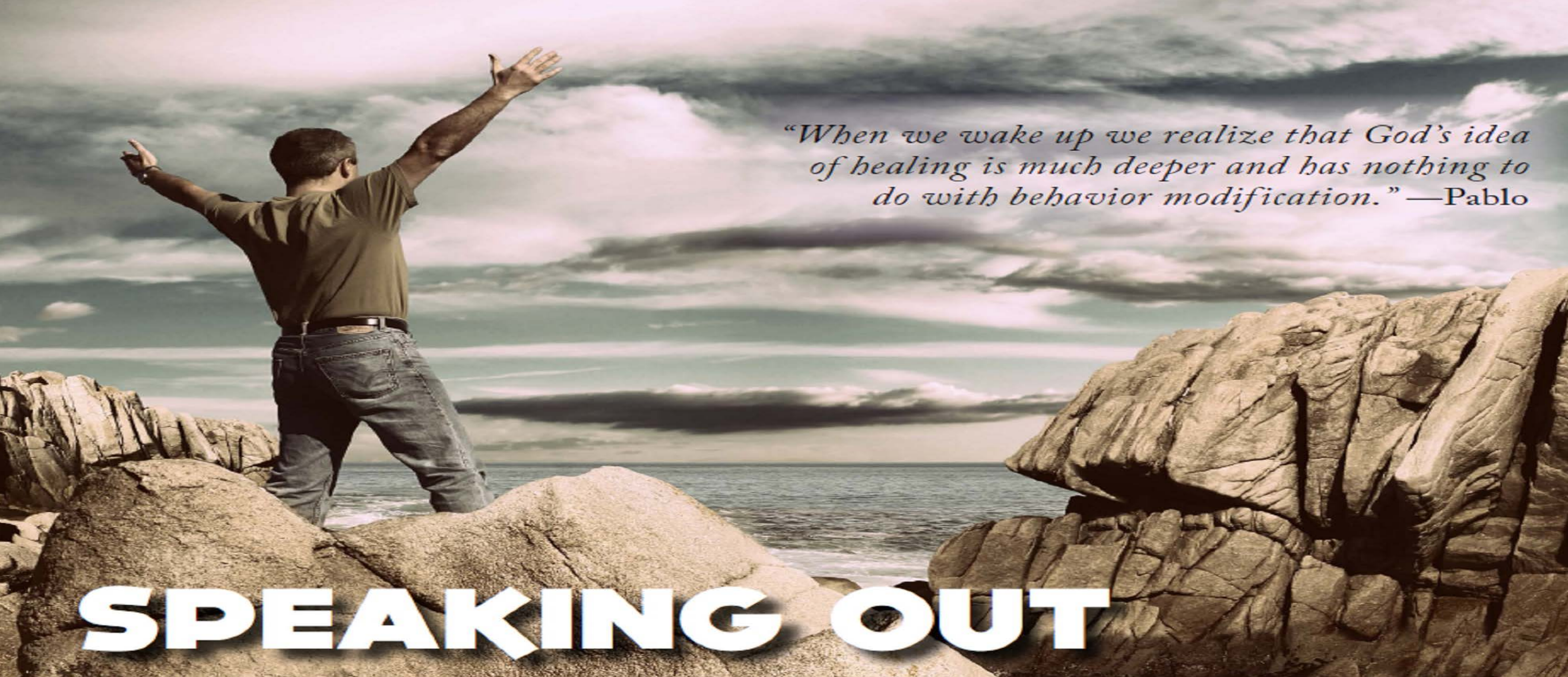
Pablo understands what it is to work and live under constant pressure. What it is like when the expectations from others are high and we are expected to deliver winning results.

Whether in the workplace or the sporting arena Pablo will teach you how you can align your path up in a new direction and realize not only the dreams you have become a reality but become the person you were always created to be...

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And get started TODAY!





“When we wake up we realize that God’s idea of healing is much deeper and has nothing to do with behavior modification.” —Pablo

SPEAKING OUT

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