



Musquodoboit Valley
Home for Special Care

126 Higginsville Road
Middle Musquodoboit, NS B0N 1X0
Telephone (902) 384-3007
Fax (902) 384-3310

Braeside Family Council Meeting

July 26, 2023 @ 2:00-2:45 p.m. via teleconference line

Attendance: Tara Rutherford, Tamsen Cumming, Allison Robinson, Lorelei Taylor (scribe), and representatives for two residents.

Agenda Items	Discussion / Notes	Action / Status
Tara welcomed attendees and reviewed agenda. Family members are welcome to add items.		
Standing Items		
Activities	<ul style="list-style-type: none"> ◆ Discussed calendar. Question regarding residents' mobility and can family go, met up at location? ◆ Family is encouraged to participate in activities now that Covid limitations have been lifted. If you are coming for a particular activity please call on the day of incase of unexpected changes. ◆ If a family member would like to volunteer for trips, please call Andrea for more details. ◆ Residents that go on trips are advanced cash to cover meals, the cost is added to the resident's monthly bill. ◆ Dietary needs are known by recreation when taking residents out for lunch. 	<ul style="list-style-type: none"> ◆ Activities calendar to be shared monthly. ◆ Minutes from meeting to be sent to all families.
Projects		
Recruitment	<ul style="list-style-type: none"> ◆ Recruitment is a challenge within many homes in the province. Vacant positions in every department except housekeeping. Recruiting for nursing, CCAs, Recreation Therapist and Rehab Assistant (assists Occupational Therapist and Physiotherapist). ◆ LTC supports tuition for staff to further their education. 	
Website	<ul style="list-style-type: none"> ◆ Family recommended an online presence for the Braeside. Many positive things happen at Braeside that it would be nice to share in the moment. ◆ Our Website should be up by early August. Calendar and other information for families will be posted there. 	

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New Business		
Capital Funding Requests	<ul style="list-style-type: none"> ◆ We are getting some new beds and replacement flooring for damaged areas. ◆ Our request for an electrical panel assessment for Braeside was denied as Department of Health wants to expand it to include the whole building. ◆ We are struggling to find engineers to give us a quote; once quotes received, it then goes to public tender. ◆ Our panel has reached its limit, which became an issue as air conditioners could not be hooked up. Blown in insulation added this year has improved temperature fluctuations. Heat pumps installed but a couple are awaiting parts. Extra hydration passes to residents, and staff are reminded to take hydration breaks and popsicles are provided. 	
Multi-Discipline Team	<ul style="list-style-type: none"> ◆ Some Braeside team members are shared within the Tri-facilities (rural HRM hospitals/nursing homes) such as Physiotherapy, Occupational Therapy, and Social Work. ◆ Family would like to maintain residents' strength and movement. Some of this is achieved through recreational activities. Specific concerns can be addressed through care plans. Discuss concerns with nurse and they can generate referrals and develop plan that staff can do. Some residents need to be encouraged to move. ◆ Dietitian on Tuesday. Reviews residents' charts (likes and dislikes) monthly and communications with kitchen staff. Interdisciplinary team can help in between days. ◆ Physician is onsite Tuesday mornings and Thursday afternoons: Communicate with nursing to schedule a time to speak with Dr. Barnes. 	
Communication to Families	<ul style="list-style-type: none"> ◆ Family suggested that if we have need for items to improve residents' lives, that communication to families may provide it. 	Add Recreation Dept wish list to this meeting agenda.
Family Satisfaction survey	<ul style="list-style-type: none"> ◆ Sent via email and Canada post on a yearly basis, along with a Resident survey. Once received, data is compiled, and an Action Plan is developed. 	

Adjourned: 3:00 p.m.

Next meeting: