



Musquodoboit Valley  
Home for Special Care

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## Braeside Family Council Meeting

January 16, 2024 @ 2:30-3:15 p.m. via teleconference line

Attendance: Esther MacDonald, Tom Higgins, Patsy and Phillip, Tara Rutherford, Allison Robinson

Agenda Items	Discussion / Notes	Action / Status
<b>1. Standing Items</b>		
a. Activities	<ul style="list-style-type: none"> <li>◆ Reviewed Covid outbreak - #s and support of NSH Infection and Control Team</li> <li>◆ Full Activity Calendar December and January</li> <li>◆ Calendars can be emailed out – question from family.</li> <li>◆ calendar available on website</li> <li>◆ Review sending out process- mail vs</li> <li>◆ Hired New Recreation Therapist – Sam , currently getting to know residents and recreation program. Plan to review individual goals for recreation program.</li> <li>◆ Family report that we have an excellent recreation program.</li> <li>◆ Review of January calendar – Bingo and Music highlights</li> <li>◆ New items apple pie social, in house bowling</li> </ul>	<ul style="list-style-type: none"> <li>◆ Lorelei to send website link to families.</li> <li>◆ Review email vs mail activity calendars to family</li> <li>◆ Follow up with attendance to activities for residents- who gets invited etc.</li> </ul>
<b>2. Projects</b>		
a. Recruitment	<ul style="list-style-type: none"> <li>◆ Area we are challenged with – recruiting to all positions at Braeside</li> <li>◆ Looking at new and creative ways to recruit- reaching out nursing schools, Continuing Care team to recruit international nurses</li> <li>◆ Vacancies will be posted on Braeside Website</li> <li>◆ Recreation Therapist – Sam</li> <li>◆ Rehab Assistant Hired in October</li> <li>◆ Term Clinical Lead –Shelby great resource for the team, involved with complex care planning.</li> <li>◆ Reviewed Mobility needs referral process to go to physiotherapist.</li> </ul>	
b. Website	◆ New Website Live	Lorelei to send out Link
<b>3. New Business</b>		
a. Capital Funding Requests	<ul style="list-style-type: none"> <li>◆ department of health for upcoming fiscal year – remaining items- assessment for HVAC system for central air and cooling happening in next couple months- then move forward with request for funding.</li> <li>◆ Equipment for residents</li> <li>◆ New cutter systems for outside</li> <li>◆ Questions about timing for if cooling will be in place for the summer.</li> <li>◆ We consulted with Department of Health – Air Quality Hygienist to come in early spring and summer</li> <li>◆ Question - Are we concern about air quality?</li> </ul>	

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	<ul style="list-style-type: none"> <li>◆ Answer- Not a great concern but looking to be a thorough as possible. We do have heat pumps and it gets quite warm in the summer.</li> <li>◆ Question concerns with mold? Answer No related to humidity.</li> <li>◆ New Build Discussed – possible date approx. 2030. Location yet to be determined.</li> </ul>	
<p><b>b. Multi-Discipline Team</b></p>	<ul style="list-style-type: none"> <li>◆ Discussed in last meeting- physio , social work and occupations therapy , dietician- shared services among the Tri Facilities , physician on site 2x week Tuesday Mornings and Thursday afternoons</li> <li>◆ New- Weekly Careplan meetings with team in efforts to enhance our</li> <li>◆ Q- requirements for volunteers?</li> <li>◆ A- Activity department has process for volunteers.</li> <li>◆ Criminal record check and vulnerable person check, orientation</li> </ul>	
<p><b>c. Family Satisfaction survey</b></p>	<ul style="list-style-type: none"> <li>◆ Send out the end of the summer original sent by email with option to be sent by mail.</li> <li>◆ We do surveys once yearly to family and residents and take feedback and develop action plans.</li> <li>◆ Q how long does it take to get mental health assessments results</li> <li>◆ A- depends, but if it is taking a length of time encouraged to consult staff</li> </ul>	<p>Allison to follow up with Patsy and Philip for more details regarding assessment follow up</p>
<p><b>4. Adjournment</b></p>		
<p><b>a. Next meeting</b></p>	<ul style="list-style-type: none"> <li>◆ March 2024 – Date to be Determined</li> </ul>	