

JOCK JAMZ SCHEDULE

MARCH 8

FRIDAY

**SESSION
1**

XCEL GOLD, LEVELS 4 & 5

Warm Up

Compete

All Levels 4 & 5

Gold Teams: AcroTex, BGC

Relentless, SGA, Star Center

8:00AM

8:30AM

XCEL GOLD

Warm Up

Compete

AGHG, Crossfire, NWK
Sports, Texas Star, uFlip,
WCC

11:15AM

11:45AM

**SESSION
2**

**SESSION
3**

XCEL GOLD

Warm Up

Compete

AAGI, Acrotex Cedar Park,
Powerhouse, Southern

2:30PM

3:00PM

XCEL PLATINUM, DIAMOND, SAPPHIRE

Warm Up

Compete

ALL GYMS

5:00PM

5:30PM

**SESSION
4**



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JOCK JAMZ SCHEDULE

MARCH 9

SATURDAY

**SESSION
5**

HUGS, LEVELS 6 & 7

Warm Up

Compete

ALL GYMS

8:00AM

8:30AM

XCEL BRONZE

Warm Up

Compete

AAGI, Acrotex Cedar Park
AGHG, SAGA, Texas Star,
SGA

10:45AM

11:15AM

**SESSION
6**

**SESSION
7**

XCEL SILVER

Warm up

Compete

NWK Sports, SGA, WCC,
AGHG

1:55PM

2:25PM

XCEL SILVER

Warm up

Compete

AcroTex Gym, Fearless Gym,
Relentless, Southern,
Star Center

4:40PM

5:10PM

**SESSION
8**



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JOCK JAMZ SCHEDULE

MARCH 10

SUNDAY

**SESSION
9**

XCEL SILVER

Warm up

Compete

Acrotex Cedar Park, AGC
Crossfire, United

8:00AM

8:30AM

XCEL SILVER & LEVEL 3

Warm up

Compete

Level 3- All Teams

Silver Teams- BGC,

Texas Star, uFlip Gym, AAGI

11:00AM

11:30AM

**SESSION
10**

**SESSION
11**

XCEL BRONZE

Warm up

Compete

NWK Sports, Southern
Star Center, United

1:30PM

2:00PM

XCEL BRONZE, LEVELS 1 & 2

Warm up

Compete

Level 1 & 2 - All Gyms

Bronze Teams- AGC, Crossfire

Fearless Gym, Relentless, AGHG

4:00PM

4:30PM

**SESSION
12**



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