

Our hearts are heavy as we long to see our friends and family in other countries so badly. Right now, the US Department of

State and the CDC have classified all foreign countries as Level 4 travel restricted areas. This means that travel is not advised at all and places liability firmly on travelers. For the ministry, that equates to potential problems in emergency situations as well as departing the country. We do not wish to put our partners or participants in harm's way or do any type of damage to those we serve.

With many states dropping masks mandates, we are hopeful that the travel restrictions will



be revised soon. This will pave the way for the annual medical clinic mission trip in November! We may cry great tears of joy to be back on the mission field... okay, we WILL be crying for sure! We

praise God for the way He has sustained us during the last eighteen months.

By the time we return to Guatemala, it will officially be TWO years without being on the mission field. During that time, I have taken on more tutoring with math and ACT students. JT has worked tirelessly with home repairs, construction, and even lawn care. The Lord has provided so many jobs and projects to care for our family. We are extremely grateful for His faithfulness and care through the pandemic.

On the home front, Madison has officially moved to Arlington, Virginia. God definitely showed us His compassion in looking for apartments. She had narrowed the list to about five places that we toured back in March. While we were looking at locations, a friend from Arizona contacted us. He has a

special assignment in DC for six months and happened to be living in a complex just across the street from two places that we were visiting. Isn't God so good to give us some sense of safety and care while our daughter moves to another city? Definitely!

Madison will be working for a non-profit, behavioral health agency while seeking her Masters in Public Health from George Washington University. We are so proud of her

Kaitlyn continues to work full-time for a local children's clothing online store and is looking at possible Master's programs this fall. Jett is now a senior in high school, and I can't fathom the quickness of years passing. Weren't we just in Guatemala a few years ago picking him up? He is beginning to look at colleges and loves the idea of psychology and/or history right now. Zeke and Elly are freshmen in high school which is mind boggling. They are both playing sports (football and soccer) and trying to get as much rest as possible this summer to tackle the fall (please read that as "If I don't wake them in the morning, they will sleep all day.").

Looking forward, we anticipate the trip to Guatemala in November and hope that many of you can join us. If you have a heart for the nations, we would love to have you! We are in need of medical personnel as well as non-medical participants. If you cannot go, please consider the list of supplies needed in this newsletter. You can send funds for those supplies or buy them yourself!

They can be dropped off or shipped to the address at the bottom of this page.



Let's make this the best clinic ever as we seek to re-establish a presence in Sajcavilla!

Thank you for your continued support and prayers. You have been instrumental in God's work, and we are so grateful for you all!

Mother Teresa once said, "I alone **cannot change the world**, but I can cast a stone across the waters to create many ripples." When we see a puddle or a calm body of water, we do not see it as having power. We see it as still. But, everything changes when a drop of water or a stone breaks that calm surface.... It becomes active! It sends out ripples that resonate and create a whole series of ripples, all from that single drop. This is called the ripple effect.

What if we were that drop or that stone that initiated the ripple effect? We could start something that would resonate to others and continue to effect more people as it traveled. We could be responsible for a ripple effect for Christ! The influence that we have on others can make a huge impact. Every word, thought, or action carries with it potential to create ripples.... For good or bad. Those ripples will carry on, build momentum, creating more ripples and become what can ultimately change things. It has the ability to be powerful, where there was once stillness.

We must be about creating ripples in order to spread the gospel. Starting with our family, our ripples should continue out among our friends, co-workers, neighbors, community and the world. Jesus is at the core of us, and He is our center. If we truly love like He does, think like He does, act like He would, share Him with others, and serve wholeheartedly, then we can create life-changing ripples.

Stop and think about what you are putting out there. How big is your ripple? Who has been affected by your ripples? Who can and will be affected by your ripples today? Remember, if we aren't creating ripples, then we aren't being effective.

Love to you all! - Karen

## **Guatemala Medical Clinic Needs**

Adult vitamins Children's vitamins

Aspirin

Chewable Aspirin

Self-adhering elastic bandages (2")

Adult Acetaminophen (Tylenol)

**Ankle Supports** 

Children's Acetaminophen (Tylenol)

Knee Supports

Adult Ibuprofen

Ziplock Snack Bags Children's Ibuprofen Bandaids (all sizes)

Antibiotic Ointment

Adhesive Bandages, asstd. sizes

**Pregnancy Tests** 

Gauze

Anti-itch Creams Athletic Tape Anti-fungal Creams

Paper Tape Hemorrhoid Cream

Suturas

Sutures

Diaper Rash Cream

IV Administration sets

Eye Drops

Wound Cleaner

Adult Cough Medicine Clorox wipes/Lysol Wipes Children's Cough Medicine

Misc. eyeglasses

Cough Drops

Masks

Antacid Tablets

Hand sanitizer (Liquid and wipes)

Acid Reducer Boxes of gloves Pepto-Bismol Cold Medicine

Adult Allergy Medicine Children's Cold Medicine Children's Allergy Medicine

Petroleum Jelly
Nasal Relief Spray
Hydrogen Peroxide
Vitamin C Drops
Isopropyl Alcohol
Lice Treatment
Cotton Balls

Q-tip/Cotton swabs Specimen Collector Swabs

