

Yong In Martial Arts Academy
Belt Promotion Requirements

YELLOW BELT

Terminology

You do not have to know how to write the hangul.

Eight Count No. 2

In Horse Stance
Left Single Knife Hand Block
Right Single Knife Hand Block
Left Hand Neck Attack
Right Hand Neck Attack
Left Hand High Knife Hand Block
Right Hand High Knife Hand Block
Double Middle Punch

Action	Korean	Hangul 한글	English
Command	Baro	바 로	Return (To Junbi)
Command	Gyeorugi-Junbi	겨루기준비	Fighting Stance Ready
Command	Shijak	시작	Begin (Start)
Block	Sonnal Makgi	손날막기	Knife Hand Block
Block	Sonnal Olgul Makgi	손날올려막기	Knife Hand High Block
Strike	Sonnal Chigi	손날 안치기	Knife Hand Strike
Strike	Dubeon Momtong Jireugi	두번 몸통지르기	Double / Twice Middle Section Punch

Kibon Ee Jang (Basic 2nd Part)

All Techniques In Forward Stance (Ap Kubi 앞굽이) - Front Knee Bent, Back Leg Straight

#	Technique	#	Technique	<p align="center">KIHAP (기합)</p> <p>Kihap is a kroean word that means to yell or shout. Kihaps should be short and loud. The kihap should come from the diaphragm, not from the throat.</p>
1	Inner Block (To Left)	9	Inner Block (270° Turn To Left)	
2	Middle Section Punch	10	Middle Section Punch	
3	Inner Block (To Right)	11	Inner Block (To Right)	
4	Middle Section Punch	12	Middle Section Punch	
5	Low Block (To Front)	13	Low Block (To Back)	
6	Out to Inner Block	14	Out to Inner Block	
7	In to Outer Block	15	In to Outer Block	
8	Middle Section Punch KIHAP	16	Middle Section Punch KIHAP	