

Yong In Martial Arts Academy
Belt Promotion Requirements

ORANGE BELT

Eight Count No. 3

- Left Leg Step Forward
- Left Low Block
- Double Punch
- Right Leg Step Forward
- Right Low Block
- Double Punch
- Left Leg Step Forward
- Left Outer Block
- Double Punch
- Right Leg Step Forward
- Right Outer Block
- Double Punch
- Left Leg Step Forward
- Left High Block
- Double Punch
- Right Leg Step Forward
- Right High Block
- Double Punch
- Left Leg Step Forward
- Left Knife Hand Block
- Double Punch
- Right Leg Step Forward
- Right Knife Hand Block
- Double Punch

Terminology

You do not have to know how to write the hangul.

Action	Korean	Hangul 한글	English
Kick	Ap Chagi	앞차기	Front Kick
Kick	Dollyeo Chagi	돌려차기	Roundhouse Kick
Kick	Naeryeo Chagi	내려차기	Downward (Axe) Kick
Kick	Yeop Chagi	옆차기	Side Kick
Command	Swida	쉬다	Rest
Command	Hae-San	해 산	Dismissed
Block	Bakkat Makgi	바깥막기	Outer Block

KIHAP

Kibon Sam Jang (Basic 3rd Part)

All Techniques In Forward Stance (Ap Kubi 앞굽이) - Front Knee Bent, Back Leg Straight

#	Technique	#	Technique	#	Technique
1	High Block (To Left)	8	Middle Block	15	Front Kick
2	Front Kick	9	High Block	16	Left Middle Punch
3	Right Middle Punch	10	Middle Punch (KIHAP)	17	Low Block (To Back)
4	High Block (To Right)	11	High Block (270° Turn To Left)	18	Middle Block
5	Front Kick	12	Front Kick	19	High Block
6	Left Middle Punch	13	Right Middle Punch	20	Middle Punch (KIHAP)
7	Low Block (To Front)	14	High Block (To Right)		