

Yong In Martial Arts Academy
Belt Promotion Requirements

BLUE BELT

Terminology

You do not have to know how to write the hangul.

Action	Korean	Hangul 한글	English
Strike	Palkup Chigi	팔굽 치기	Elbow Strike
Strike	Batangson Chigi	바탕손치기	Palm Strike
Strike	Sonnal Mok Chigi	손날목 치기	Knife Hand Neck Strike
Block	Otgoreo Makgi	엇걸어막기	Cross (X) Block
Block	Anpalmok Hecho Makgi	안팔목 헤쳐막기	Inside Wrist Pushing Block
Kick	Ap Huligi Chagi	앞후리기차기	Front Hook Kick

Eight Count No. 6

1. Left Leg Back Fighting Stance
Step Forward Into Forward Stance Left Upward Elbow Strike
2. Right Leg Back Fighting Stance
Step Forward Into Forward Stance Right Upward Elbow Strike
3. Left Leg Back Fighting Stance
Step Into Forward Stance Low X Block Middle Section Punch
4. Right Leg Back Fighting Stance
Step Into Forward Stance Low X Block Middle Section Punch

5. Left Leg Back Fighting Stance
Step Into Forward Stance High X Block High Section Punch
6. Right Leg Back Fighting Stance
Step Into Forward Stance High X Block High Section Punch
7. Left Leg Back Fighting Stance
Step Into Forward Stance, Inside Wrist Double Block, Palm Strike
8. Right Leg Back Fighting Stance
Step Into Forward Stance, Inside Wrist Double Block, Palm Strike

KIHAP

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Taegeuk Sam Jang (3rd Part of Taegeuk)

#	Technique	Stance	#	Technique	Stance	#	Technique	Stance
1	90° Turn Low Block (To Left)	Walking	9	Single Knife Hand Block (To Left)	Back	17	Double Punch	Forward
2	Front Kick		10	No Step, Middle Section Punch	Forward	18	180° Turn Low Block	Walking
3	Double Punch	Forward	11	Single Knife Hand Block (To Right)	Back	19	Front Kick	
4	180° Turn Low Block	Walking	12	No Step, Middle Section Punch	Forward	20	Double Punch	Forward
5	Front Kick		13	Reverse Inner Block (To Front)	Walking	21	90° Turn To Back Low Block, Middle Section Punch	Walking
6	Double Punch	Forward	14	Step, Reverse Inner Block	Walking	22	Step, Low Block, Middle Section Punch	Walking
7	Reverse Knife Hand Neck Strike (To Front)	Walking	15	270° Turn To Left, Low Block	Walking	23	Front Kick, Low Block, Middle Section Punch	Walking
8	Step, Reverse Knife Hand Neck Strike	Walking	16	Front Kick		24	Front Kick, Low Block, Middle Section Punch KIHAP	Walking