



TeamedUp

strategic leadership consulting

Who Are We?

We partner with leaders to create clear, engaging strategies and develop culture shifting skills that deliver real results.

Whether you are an executive seeking a strategic alliance with the right thinking partner or a team leader wanting to develop or refresh your team strategy, TeamedUp can help! We introduce tools that mobilize you and your team to think and work even better together.

Our Approach to Strategic Consulting

In our 25 years consulting with executives and their teams, we have identified 7 characteristics all high-performing teams share in common. These characteristics also determine and drive the level of engagement. Using a comprehensive assessment process, we identify gaps and opportunities within these 7 areas. We look at both what is working well and what is not working well, for the leader and for the team.

After recapping the common themes, we make recommendations addressing the unique challenges of your business. Together, we create a strategic plan to move from where you are to where you want to be.

Our process is highly interactive and designed to draw out solutions and strategies from within the team and its leaders. The most impactful, sustainable solutions are in you, we simply help find, clarify, and communicate them.



Consulting Initiatives

Strategic Planning

plan better together

Using our perspective changing processes, we work together to surface powerful strategies to increase productivity, maximize efficiency, and better align your team for the demands of the future.

Team Vitality Assessment

work better together

Based on the results of the team vitality assessment, we make recommendations and customize next steps to get your team from where you are to where you want to be.

*UP...moving toward
a higher place or position*

Breakthrough Brainstorming

think better together

Through our expert facilitation, we help teams balance participation, deepen discussions, and solve complex problems that lead to fresh ideas and creative solutions.

Our Approach to Leadership and Team Development

The best strategies fall flat if not supported by the company or team culture. Our focus is on offering interactive, to-the-point, culture shifting content that is essential to your continued development as a leader, no matter the level.

Coaching Initiatives

Strategic Coaching

Similar to the strategic planning process used with organizations, we strategize how best to get you from where you are to where you want to be. Clarity leads to confidence and confidence leads to the kind of courage it takes to live out your highest potential.

Leadership Coaching

Based on the results of several assessments (including a CCL 360°) we explore leadership of self, others, and the organization at large, along with challenges that can stall you or your team's progression. Our customized coaching will take you to the next level of your leadership potential.

Project: Speak Easy

Improve your confidence and competence when presenting thoughts and ideas in a group setting to increase your level of influence and leadership presence.

Culture Shifting Workshops

Facilitate Don't Frustrate

Explore tips and techniques for effectively facilitating group brainstorming in order to deepen discussions and arrive at more innovative solutions.

Strategic Team Building

Build your team's connection while working through group activities that simulate real world team challenges in a fun and intentional way. It is serious play that leads to serious results.

Playing Like a Team

Using team games to simulate everyday challenges teams face, offers teams a disarming way to learn to think and work even better together. During this facilitator's workshop, we will explore how to best surface insights and help the team transfer that learning back to their work environment.

Culture Shifting Courses

Rise Up

Create high performing, fully engaged, self-directed teams.

Power Up

Discover and capitalize on your natural strengths.

Sync Up

Strengthen team EQ by leveraging the differences in approach and personality.

Focus Up

Increase personal productivity while decreasing unnecessary stress.

Ramp Up

Delegate intentionally and recognize purposefully.

Ease Up

Resolve conflict and navigate difficult conversations.

*Culture Shifting Course Duration: 1.5 hours (courses may be combined) | Workshop Duration: 6 hours
Coaching Initiatives Duration: 8 hour retainer, used in 2 hour increments
Price varies with group size and scope of project, contact us for details*



Impacting Business Results
Through People

Deb McCormick, founder of TeamedUp Consulting, is best known for her work as a strategic thinking partner to leaders wanting to build high performing, self-directed teams. Deb earned her master's degree in Organizational Communications Consulting and has more than 30 years experience as a strategist, facilitator, and executive advisor. With a client base ranging from small startups to Fortune 100 companies, Deb helps simplify the complex and challenges leaders and their teams to think and work even better together.