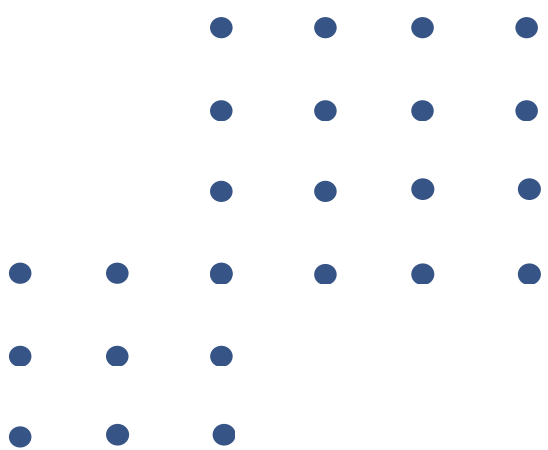




MedHelp
Medical Interpreters & Assistance

Helping you
navigate

IMSS





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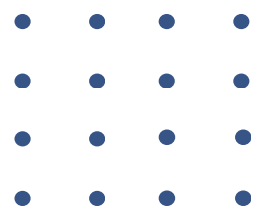
Requirements

04

Why MEDHELP?

05

Contact Us



Get to know IMSS

IMSS stands for

"Instituto Mexicano del Seguro Social,"

which translates to the Mexican Institute of
Social Security

It is a government agency in Mexico
that plays a vital role in providing
public healthcare to Mexican
residents and their families.





What does IMSS offer?

Healthcare Services

This includes medical consultations, hospitalization, surgeries, emergency care, medication and access to various specialists.

Family Coverage

IMSS covers not only the insured person but also their immediate family members, including spouses, children, and even parents.

Preventive Care

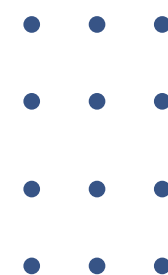
It offers vaccinations, health education, and regular check-ups to help people stay healthy and detect medical conditions at an early stage

What is covered?



FULL COVERAGE*

- DOCTOR CONSULTATIONS
- SPECIALIST
- SURGERIES
- MEDICATION
- ICU
- TESTS
- ETC



*Does not include: Eyeglasses, elective surgeries (e.g. plastic surgery, weight loss, or infertility treatments, etc). emergency ambulances, IMSS coverage does not provide medical evacuation from Mexico, confirm with your MEDHELP specialist to know the full list

*There's some procedures with a waiting time period

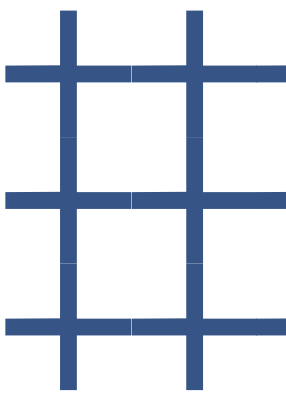


Procedures with Waiting time?



To have all the procedures included you need to be part of the IMSS system for at least 2 years or:

- Six months:
 - Benign breast tumor.
- Ten months:
 - Childbirth.
- One year:
 - Lithotripsy
 - Surgery for gynecological conditions, except for malignant neoplasms of the uterus, ovaries, and perineal floor.
 - Surgery for venous insufficiency and varicose veins.
 - Surgery for paranasal sinuses and nose.
 - Varicocele surgery.
 - Hemorrhoidectomy and surgery for rectal fistulas and rectal prolapse.
 - Tonsillectomy and adenoidectomy.
 - Surgery for hernias, except for intervertebral disc hernia.
 - Surgery for hallux valgus.
 - Surgery for strabismus.
- Two years:
 - Orthopedic surgery.





REQUIREMENTS

Who can apply?

Anyone with a Mexican Residency
(Permanent or Temporary)

Even if

they have Pre-existing conditions,
or are older than 65 years old

**WITHOUT INCREASING YOUR
INSURANCE COST**





Eligibility and Enrollment

In order to get IMSS coverage you require:

01

Mexican Residency Card

Temporary or Permanent

02

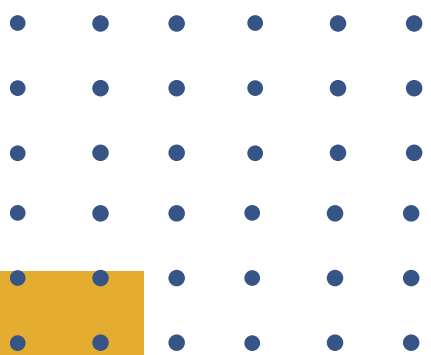
Proof of Address

- Document date must be no older than 3 months.
- Only original statements are accepted (not printed copies).
- Acceptable documents include Electric, Water, or Bank statements.

03

2 Pictures

Tamaño infantil: 3x2.5cm
Can be taken outside the IMSS office.



To add Beneficiaries



If required **MedHelp** can also help you get this paperwork
Ask your **MedHelp** specialist for the current rates for your state

01

Spouse

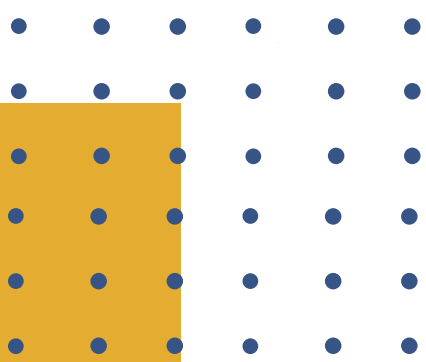
- Mexican residency card
- Certified Copy of your Marriage Certificate
- Apostille
- Valid translation of both*

02

Sons or Daughters

0-16 years old
(Or up to 25 if still studying in México)

- Certified Copy of their Birth Certificate
- Apostille
- Valid translation of both*



*Translation Verified by the
"Tribunal de la Judicatura Federal"

To add Beneficiaries



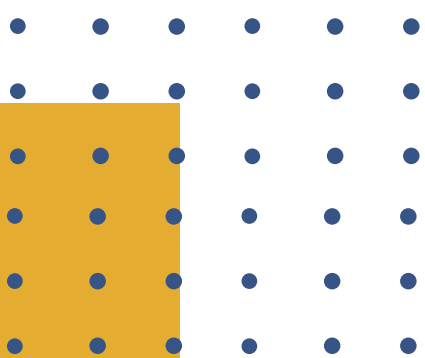
03

Parents

- Mexican residency card
- Certified Copy of your Birth Certificate
- Apostille
- Valid translation of both*

If required **MedHelp** can
also help you get this
paperwork

Ask your **MedHelp**
specialist for the current
rates for your state

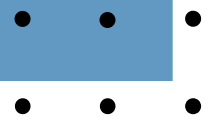


*Translation Verified by the
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Why MedHelp?



PERSONAL ASSISTANCE & SPECIALIZED TRANSLATION



the IMSS Enrollment process

- Addressing all your inquiries about IMSS programs and MedHelp assistance:
- Assisting in selecting the most suitable plan based on your needs.
- Guiding you through document gathering and online form completion.
- Providing in-office enrollment personal assistance.
- Securing your assigned clinic and Family Doctor.
- Obtaining your appointment booklet.

Personal Assistance & Specialized Translation

Scheduling and accompanying you to assist and translate during **up to 4 appointments:**

- First Family Doctor appointment.
- Coordination of Labs, XRs, and other required tests.
- Assistance with obtaining necessary medications, if prescribed.
- Recurrent control check-ups.
- Specialist appointments.
- First Prevention Appointment, including lifestyle and risk assessment.
- Coordination of vaccinations.
- Support with Pap smear /Mammogram appointments.

Why MedHelp?



PERSONAL ASSISTANCE & SPECIALIZED TRANSLATION

Navigating IMSS system

- IMSS APP
- IMSS Website
- How to get appointments with:
 - Family Dr.
 - Specialists
 - PREVENIMSS

Where to go and what to do for:

- Emergency care
- Xrs, Labs, Medications
- Tips and tricks

**Ask your
MedHelp specialist for the
current hourly rates
of our**

**Additional translation
services**

HELPING WITH



MedHelp

Medical Interpreters & Assistance

Contact Us



322 329 008



hola.medhelp@gmail.com



medhelp.mx



WhatsApp - Laura Manzano



WhatsApp - Paola Manzano

