# Healthcare Essentials



ACCESS TO ONLINE DOCTOR



COUNSELING & COACHING



KEY HIGHLIGHTS	CO-PAY
• Unlimited After-Hours Telehealth	\$0
Integrated Virtual Behavioral Health	\$0
Life Care Member Assistance	\$0
Life Stress & Anxiety Counseling	\$0
Care Concierge Services	\$0
• Free or Deeply Discounted Care at a	
nearby non-profit hospital	

	MONTHLY MEMBERSHIP
Member Only	\$49.95
Member+Spouse	\$59.95
Member+Child	\$59.95
Member+Family	\$69.95

### ALSO INCLUDED IN YOUR MEMBERSHIP



#### WHOLEHEALTH LIVING CHOICES

Access to a Network of Healthy Living Choices with more than 35,000 providers, discounts & more than 35 complementary & alternative medicine specialties,



## PERSONAL MEDICAL RECORDS VAULT

Get and maintain your medical records. Grant access to a "circle of care" improving coordination of care while enhancing your overall healthcare experience.



#### QR LIFECODE

Grants Emergency Medical service providers access to your necessary personal medical information, emergency contact information (medication, allergies, blood type etc.) increasing the quality of your care.

#### As Easy as Texting a Friend

Members may access our primary, pediatric, women's health, and behavioral health board-certified physicians on their own time, whenever and wherever. Through a convenient web and mobile experience, members are free to text directly with our providers to get the answers they need, including access to additional support. This solution will be accessible via secure text (with image share, phone, and video available) 24/7 and 365 days per year.

#### Easier Access

Our Virtual Healthcare solution opens the door to any care a patient needs - from concerns about new symptoms, to a question about their child's asthma or an arising behavioral health issue.

®	No appointments, just simple on-demand care
•	Instant, effortless access to a real doctor
$\otimes$	Licensed physician coverage, all 50 states
<u> </u>	Mobile, mobile web and desktop for ease of use
	Integrated care for all types of health concerns - including behavioral health

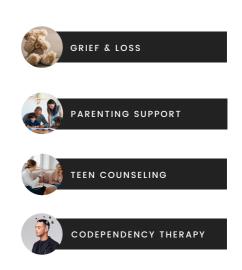


#### Provides members with a way to find help for dealing with personal and work-related issues.

Without this help, these issues could decrease members' quality of life, interfere with job performance, reduce profits and decrease member productivity.

#### SERVICES INCLUDE:

- <u>Counseling</u>: Live interactive, HIPAA compliant, virtual, face to face or telephonic
- <u>Personal Navigation</u>: In all areas of work/life convenience (child/eldercare, housing assistance, local community-based resources, etc.)
- <u>Elder Care and Financial</u>: Telephonic consulting, tailored eldercare counseling & resources, plus financial wellness counseling provided by experts in their field
- Online Training Library: Thousands of virtual work/life trainings & ability to track progress
- Access to COMPASS: Advanced HR support & assistance in professional development



#### know the cost of medical services before receiving them

You may be eligible to receive free or deeply discounted care at a nearby non-profit hospital when a doctor prescribes medically necessary care. Through our plan, you can apply for financial assistance prior to receiving medically necessary care, or up to as many as 240 days after you've received care. Our Advocates will help you through every step of the process, so you don't have to worry about a thing.

#### Display nearby low cost, in-network providers by category in just seconds

#### MONEY MAP

- Tap the Map to save or make money
- Care options travel with you on our mobile experience
- Save 60% on average with Money Map providers
- \$1,000,000 in potential savings exists on routine care for every 1,000 employees



## CONCIERGE ASSISTANCE / QUALITY & COST CONTROL

A team of dedicated agents that will help members navigate the healthcare system and receive the best care possible.



The Concierge is focused on supporting and guiding you every step of the way through your healthcare journey.



- Support Confidence to know that you are never alone
- Provides logistic navigation of medical needs
- Access via 800# phone or secure chat
- DPC Provider connects with Concierge for coordination of care
- Price comparison for services
- which eliminates any surprises

  Care Connect for negotiation of pre-paid large expense surgical bundles

#### NAVIGATION

Our Concierge Team guides you in navigating any health care need such as providers, medical facilities, medications, labs, and behavioral healthcare.

#### CONCIERGE PHARMACY BENEFIT PROGRAM

Our Concierge will search to find the best possible pricing for your medications at a pharmacy near you. Use our sources for high-cost prescriptions and maintenance medications.

- We enter your prescription information into our search engine and give you a list of your local pharmacies with the cost of your prescription at each location.
- Look through your list of options and decide which is the best pharmacy for you.
- Keep a full history of your prescriptions, so you can see what medication you have taken, and when.
- Access to any and all Manufacturer Savings Programs, Patient Assistance Programs and other savings and discounts offered by pharmaceutical manufacturers.
- For more expensive medications we have resources who can get medications from overseas to our members at a better cost. They help with high-cost maintenance meds like insulin, medicated creams, and asthma inhalers.