# Addressing Energy Insecurity in Alaska Native Communities through Weatherization Programs: Behavioral and Socio-cultural Dimensions of Perceived Use

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### **RESEARCH PROBLEM**

Alaska Native communities (ANCs) are faced with high degrees of energy burden. Energy burden refers to the percentage of household income spent on energy utilities including heat and electricity per year (Brown et al., 2020; MacDonald et al., 2020; Drehobl et al., 2020). In the United States, high energy burden is estimated as more than 6% of household income (Bohr & McCreery, 2020; Moore & Webb, 2022). Comparatively, ANCs spend as high as 47% of household income on residential energy costs (MacDonald et al., 2020; Hossain, 2017). Studies have shown that high energy burden has adverse effects on physical and mental health, food security, housing stability, general well-being and local economic development particularly for low-income communities (Chen et al., 2021; Fabian et al., 2014; Drehobl et al., 2020; Hernández & Bird, 2010; Makhijani, 2021)

Weatherization programs have been a major strategy adopted by federal and state organizations to address energy burden for low-income communities (Hayes et al., 2022). Some studies have shown an energy reduction potential of 30% post-implementation (Gerarden, 2008; Drehobl et al., 2020; Rose & Hawkins, 2020). Weatherization programs generally comprise strategies that enhance the energy efficiency of the building envelope and building systems such as unit heating, cooling, lighting, windows, and water heating (Drehobl et al., 2020; Hayes et al., 2022).

Despite the potential to address energy burden, the adoption of weatherization among low-income households in the US is particularly low (Cluett et al., 2016; Drehobl et al., 2020; Huang et al., 2019). In ANCs, our partner discussions suggest that some weatherization measures are not being used by homeowners as initially designed nor fully perceived useful. As a result, the maximum energy saving potential of weatherization programs are not fully realized. These issues outline the need to study people's motivation driving the use or misuse of weatherization strategies (De Feijter et al., 2021; Southwell & Murphy, 2014; Ashby, 2017).

Current literature on people's motivation with weatherization programs present two major gaps. First, existing studies have over focused on positive experiences or people's desire to use weatherization programs (Rose et al., 2015; Bruce et al., 2015; Raissi & Reames, 2020). These studies provide an under-estimated position of potential negative experiences on the adoption, use and outcomes of weatherization programs. Second, there is a limited understanding of ANCs' experiences with weatherization programs. ANCs share Indigenous knowledge, norms and values that are different from Western perspectives (Barnhardt, 2007;

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Barnhardt & Kawagley, 2005). These perspectives are expected to play a critical role in driving their desire to use different weatherization programs.

This paper addresses the need to study behavioral and socio-cultural aspects of weatherization programs implementation by answering two questions: (1) What is the current state of the literature that focuses on behavioral, social and cultural factors determining the use of weatherization programs generally? (2) What are the perceptions and experiences of AN communities with weatherization programs?

### BRIEF RESEARCH MTHODOLOGY AND APPROACH

This paper used qualitative methods to respond to the two questions. To answer the first question, a systematic literature review was conducted of journal articles from Scopus, Web of Science and Google Scholar databases from 1990 to 2021. A total of 60 peer reviewed journals were identified using "weatherization", "weatherproofing", "energy efficiency", "retrofitting" as key words.

To answer the second question, this paper used the case of one community in Norton Sound region in Alaska. A combination of purposive and convenience sampling methods were used to conduct semi-structured interviews with participants who were available and were willing to participate in the study. To be included in the study, respondents had to be 18 years and older. All interviews were administered face-to-face by one of the trained research assistants in English. All research participants were compensated with a \$50 gift card after the interview. Participants were asked questions about whether they have received weatherization assistance before, what they think about weatherization programs, their experiences and what opportunities exist to improve weatherization programs. After data collection (n=40), interviews were transcribed, coded manually and analyzed using narrative analysis. The study was reviewed by the Iowa State University Institutional Review Board (IRB) and Alaska Area Institutional Review Board (AAIRB) to ensure that research followed acceptable procedures to engage human subjects.

### **KEY FINDINGS AND IMPLICATIONS**

Preliminary finding from the systematic literature review indicated that studies are recent ranging from 2014 to 2020. Geographically, majority (80%) of the studies were conducted in the USA and a few in the UK. However, there was a limited focus on cold regions. In terms of methodology, studies primarily used qualitative methods. Most (60%) of the journal articles analyzed showed that weatherization recipients have had positive experiences as evidenced in improved health, increased thermal comfort, energy cost savings among others. Conversely, only a few papers reported negative experiences such as poor functioning of new windows and doors installed. It was discovered from the literature that some qualified low-income households are not motivated to participate in weatherization programs because of the perception that potential benefits of programs are not commensurate with the struggle applicants face with the application and implementation processes.

To answer the second research question, our conversations with participants revealed that most (55%) of the respondents have no experience with weatherization or had their homes weatherized a long time ago (more than 8 years ago). Perceptions that the benefits of weatherization programs are far less than the efforts made to benefit from them could be one of the reasons for the low weatherization uptake. For those who had participated in weatherization programs, we found that proportion of people who had positive (25%) and negative experiences (20%) are almost the same. In the final paper submission, we will present the specific socio-cultural and behavioral reasoning behind the use of weatherization programs.

This study suggests the need for weatherization agencies to pay keen attention to the perceptions held about programs as well as undesirable experiences to enhance weatherization adoption and use, and improve program outcomes in ANCs.

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