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NOTICE OF PRIVACY PRACTICES

Effective 01/01/2022

YOUR INFORMATION. YOUR RIGHTS. OUR RESPONSIBILITIES.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

YOUR RIGHTS

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you. We respect our legal obligation to keep health information that identifies you private. We are obligated by law to give you notice of our privacy practices. This notice describes how we protect your health information and what rights you have regarding it.

TREATMENT, PAYMENT, AND HEALTH CARE OPERATIONS

The most common reason why we use or disclose your health information is for treatment, payment, or health care operations. Examples of how we use of disclose information for treatment purposes are: setting up appointments for you; testing or examining your eyes; prescribing glasses, contact lenses, or eye medications and faxing them to be filled; referring you to another doctor or clinic for eye care services; or getting copies of your health information from another professional that you may have seen before us.

Examples of how we use or disclose your health information for payment purposes are: asking you about your health or vision care plans, or other sources of payment; preparing and sending bills or claims; collecting unpaid amounts (either ourselves of through a collection agency or attorney).

"Health Care Operations" mean those administrative and managerial functions that we must do to run our office. Examples of howe we use or disclose your health information for health care operations are financial or billing audits, internal quality assurance, personnel decisions, participation in managed care plans, defense of legal matters, business planning, outside storage of our records

We routinely use your health information inside our office for these purposes without any special permission. If we need to disclose your health information outside of our office for these reasons, we will ask you for special written permission.

USES AND DISCLOSURES FOR OTHER REASONS WITHOUT PERMISSION

In some limited situations, the law allows or requires us to use or disclose your health information without your permission. Not all these situations will apply to us; some may never come up at our office at all. Such uses or discloses are:

- when a state or federal law mandates that certain health information be reported for a specific purpose; for public health purposes, such as contagious disease reporting, investigation, or surveillance; and notices to and from the federal Food and Drug Administration regarding drugs or medical devices.
- disclosures to governmental authorities about victims of suspected abuse, neglect, or domestic violence; uses and
 disclosures for health oversight activities, such as for the licensing of doctors; for audits by Medicare or Medicaid; or for
 investigation of possible violations of health care laws.
- disclosures for judicial and administrative proceedings, such as in response to subpoenas or orders of courts or
 administrative agencies; disclosures for law enforcement purposes, such as to provide information about someone who is
 or is suspected to be a victim of a crime, to provide information about a crime at our office, or to report a crime that
 happened somewhere else.
- uses or disclosures for health-related research; uses and disclosures to prevent a serious threat to health or safety;
 disclosures relating to worker's compensation programs.
- disclosures to "business associates" who perform health care operations for us and who commit to respect the privacy of your health information.

Unless you object, we will also share relevant information about your care with your family or friends who are helping you with your eye care.

APPOINTMENT REMINDERS

We may call, text, or email to remind you of scheduled appointment, or that it is time to make a routing appointment. We may also call, text, or email to notify you of other treatments or services available at our office that might help you. Unless you tell us otherwise, we will mail you an appointment reminder on a post card, and/or leave you're a reminder message on your phone.

OTHER USES AND DISCLOSURES

We will not make any other uses or disclosures of your health information unless you sign a written "authorization form." The content of an "authorization form" is determined by federal law. Sometimes, we may initiate the authorization process if the use or disclosure is our idea. Sometimes, you may initiate the process if it's your idea for us to send you information to someone else. Typically. In this situation you will give us a properly completed authorization form, or you can use one of ours.

If we initiate the process and ask you to sign an authorization form you do not have to sign it. If you do not sign the authorization, we cannot make the use or disclosure. If you do sign one, you may revoke it at any time unless we have already acted in reliance upon it. Revocations must be in writing. Send them to **Longmont Eyecare**, **2285 E. Ken Pratt Blvd**, **Longmont CO 80504**.

YOUR RIGHT REGARDING YOUR HEALTH INFORMATION

The law gives you many rights regarding your health information. You can:

- Ask us to restrict our uses and disclosures for purposes of treatment (except emergency treatment), payment of health care
 operations.
- Ask us to communicate with you in a confidential way, such as by phoning you at work rather than at home, by mailing health information to a different address, or by using e-mail to your personal e-mail.
- Ask us to communicate with you in a confidential way, such as by phoning you at work rather than at home, by mailing health information to a different address, or by using e-mail to your personal e-mail.
- Ask us to amend your health information if you think that it is incorrect or incomplete. If we agree, we will amend the
 information within 60 days from when you ask us. We will send the corrected information to persons who we know got the
 wrong information, and others that you specify.
- Get a list of the disclosures that we have made of your health information within the past 6 years.
- Ask to see or to get photocopies of your health information. By law, there are a few limited situations in which we can refuse to permit access or copying. For the most part, however, you will be able to review or have a copy of your health information within 30 days of asking us. You may have to pay for photocopies in advance.
- Get additional paper copies of this Notice of Privacy Practices upon request.

Please send any request for any of the above in writing to the office by mail, fax, or e-mail shown at the beginning of this notice.

OUR NOTICE OF PRIVACY PRACTICES

By law, we must abide by the terms of this Notice of Privacy Practices until we choose to change it. We reserve the right to change this notice at any time as allowed by law. If we change this Notice, the new privacy practices will apply to your health information that we already have as well as to such information that we may generate in the future. If we change our Notice of Privacy Practices, we will post the new notice in our office, have copies available in our office, and post it on our website.

COMPLAINTS

If you think that we have not properly respected the privacy of your health information, you are free to complain to us or the U.S. Department of Health and Human Services, Office for Civil Rights. We will not retaliate against you if you make a complaint. If you want to complain to us, send a written request to the office by mail, fax, or e-mail shown at the beginning of this notice. If you prefer, you can discuss your complaint in person or by phone.

FOR MORE INFORMATION

If you want more information about our privacy practices,	, please contact Dr.	Grace Kim at the address	and phone number sho	own a
the beginning of this notice.				

Signature of Patient or Authorized Representative	Date
Print Name of Patient or Authorized Representative	