

GAMEDAY M.A.S.S. CLASS SCHEDULE

**MINDSET/AGILITY/STRENGTH/ SPEED
TRAINING FOR CHILDREN GRADES 1-12**

Free Week Trial!

**MEMBERSHIPS START AT
ONLY \$99 A MONTH!**

Monday

- 3-5 Open Training & LAX WALL BALL CLUB, 1 on 1
- 5-6 All Ages
- 6-7 Grades 1/2
- 7-8 Middle/High School
- 8-9 Team Training

Tuesday

- 3-5 Open Training & LAX WALL BALL CLUB, 1 on 1
- 5-6 Grades 3/4/5
- 6-7 Grades 3/4/5
- 7-8 Middle/High School
- 8-9 Team Training

Wednesday

- 3-5 Open Training & LAX WALL BALL CLUB, 1 on 1
- 5-6 All Ages
- 6-7 Grades 1/2
- 7-8 Middle/High School
- 8-9 Team Training

Thursday

- 3-5 Open Training & LAX WALL BALL CLUB, 1 on 1
- 5-6 Grades 3/4/5
- 6-7 Grades 3/4/5
- 7-8 Middle/High School
- 8-9 Team Training

Friday

**1 on 1 training
with Coach
Rockne**

Saturday

- 8a- 10a Open Training, LAX WALL BALL CLUB & 1 on 1
- 10a Middle/High School
- 11a Grades 3/4/5
- 12p Grades 1/2

Sunday

TURF RENTALS AVAILABLE!

**www.GamedayAthlete.com
[@GamedayAthletix](https://www.instagram.com/GamedayAthletix)**