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Email: rpact2021@gmail.com

Website: www.rendezvouspointe.com

Phone: 307-367-2881 Fax: 307-367-6769

Hours: Monday—Friday, 8am—4pm

This complete newsletter
can be viewed on our website.

May
2024

Mother's Day Tea
Sublette County Mothers, you are invited to tea
on May 12th from 1:30pm - 3pm.
Please join us at Rendezvous Pointe
425 E. Magnolia, Pinedale, WY

R.S.V.P. by May 6th, 2024
to 307-367-2881 or stop by the office!



This document was developed under grants from the Wyoming Department of Health, Aging Division.



EMPLOYEE DIRECTORY

Director - Tina Robinson
Financial Director - Cher Rosencranse
Adm. Asst. - Charlee Thomson
Activity Director/Newsletter - Kathy Allen
Transit Coordinator - Hannah Bennett
Transit Driver - Blake Ober

Case Manager/SAMS - Karissa Aldava
 Gail Toth—**Homemaker**
 Jacqueline Murray—**Homemaker**
 Flor Quezada--**Homemaker**

Kitchen Manager - Holly Hansen
Cook—Kerri Anderson

Kitchen Staff—
 Jody Wilson, Wanda Jones,
 Sharon Bell, Lydia Petersen,
 Zoey Hedgepeth, Flor Quezada,
 Andy Jones

Board of Trustees

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Bella wants to be a cowgirl!!



Jacob was RP's Volunteer of the Year 2023
 Thank you for contributing so much to the seniors!



The domino crowd is growing!!

WWCC nursing students came to RP to talk to us about COPD. They earned credit for this presentation to seniors that was very informative.

The Bronx Club had Albert Sommers as their guest Speaker.



From the Director

Hi everyone! To all I have met and yet to meet, it is my pleasure and honor to serve as the new Director here at Rendezvous Pointe. As you all know, I have some very big shoes to fill with Kevin leaving. He has been such a wonderful and welcome mentor to me and I hope to carry on the level of professionalism and care you have come to know throughout his tenure here at Rendezvous Pointe. Thank you to all the amazing staff for being so wonderful throughout this transition. The dedication to serving the seniors and team effort amongst them all is truly admirable.

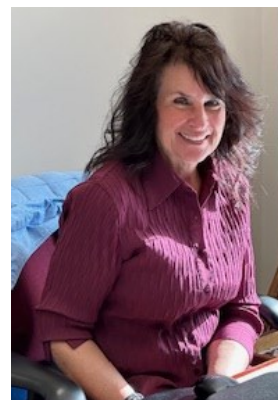
I look forward to engaging and learning more names with all the seniors and I truly look forward to hearing more wonderful stories and laughter. Please feel free to stop in anytime for coffee and conversation.

I consider myself very blessed to be part of an organization that plays such a critical role in our community. I as well hope to play a major role in keeping these resources available and will continue striving to keep Rendezvous Pointe strong and stable.

Please stop in, introduce yourself and enjoy the wonderful lunches, and the many activities. We look forward to having the company and support of all.

Thank you all so much!

Tina M. Robinson





Treva on piano - Wii bowling ladies - Dr Eder at Coffee and Conversation - BINGO !! - Little miss Bella Bunny - Four Pines PT with Jacob - Money won at Bingo!!



Bunny Bella came for Easter!!



Activities for all to enjoy at RP!!



Coffee & Conversation at 9:00am on Friday mornings!
Sponsored by First Bank

May 3rd ~ Tish Tuttle / Wyoming State Health Insurance Information Program / Explain Medicare and Medicare Advantage programs/ **PLEASE ATTEND!!** Get your questions answered.
May 10th ~ Tina Robinson / Come get better acquainted with our new Director!!
May 17th ~ Kari DeWitt/Dr. Eder with presentation Part 2
We will take a break from Coffee and Conversation to enjoy the summer, see you all in mid September.



Ladies mark your calendars for our Mother's Day Tea on Sunday, May 12th from 1:30pm -3:00pm!
Sign up in office or call 307-367-2881 to reserve your seat!

Random dates in May you may or may not want to know!!

- May 2nd - National Play Your Ukelele Day
 - May 5th - National Lemonade Day
 - May 7th - National Asthma Day
 - May 10th - National Shrimp Day
 - May 14th - National Dance Like a Chicken Day
 - May 29th - National Snail Day
- (I'll take Shrimp Day and make mine Garlic Shrimp please!)

Straight from the kitchen!

Please let us know if you enjoyed a particular item on our lunch menu and would like the recipe. The kitchen will share recipes if possible.

Dill Dip

- 1 cup mayonnaise
- 1 cup sour cream
- 1 1/2 Tbls. minced onion
- 1 1/2 Tbls parsley flakes
- 1 1/2 tsp seasoned salt
- 1 1/2 tsp dill weed
- 3/4 tsp Accent (substitute garlic salt if preferred)
- 1/2 cup cottage cheese

Refrigerate for several hours. This is a great vegetable dip!

From Hannah our Transportation Coordinator

Do you need a ride to medical appointments in Jackson or Rock Springs? Or even local trips to the clinic, grocery store, hair appointments, dental appointments, etc? Reach out to Hannah at 307-360-7138 to schedule your ride or find out what our rates for transportation are. We'd be happy to serve you!

Join Us in Honoring Sue Eversull

Wyoming Community Foundation 2024 Spirit of the Meadowlark Award Recipient

Drinks and light appetizers will be served June 12th at 5:30 in the evening at the Sublette County Library

155 S. Tyler Avenue, Pinedale, Wyoming 82941 Please RSVP by contacting jerrica@wycf.org

by Friday, May 31st

Wyoming Community Foundation - Wyoming Afterschool Alliance -Wyoming Wildlife Foundation Wyoming Women's Foundation

Touring Pinedale's 100yr Old Homes

Wednesday, May 15th depart RP at 12:45pm. Our guide Ann Noble will be showing us a handful of the oldest homes in Pinedale and giving us a tour of the Chambers House! Sign up sheet on the bulletin board or call Kathy to get on the list! 7 in van and you can also drive yourselves and follow! More history folks!!

Memorial Day

was originally Decoration Day established after the Civil War to remember those who died In those battles between the North and the South, and today Its goal is to honor all who have sacrificed their lives in wars to keep our nation Free and i will bow my head in memory of all my family who have died.

—c. f. kelly

2024 Summer Trips for "Seniors on the Go"

Thank you BOCES for your continued support of community education and our seniors!

May 24th – Friday - \$20 trip/person

Dubois Military Vehicle Museum - \$20 admission/person/veterans free

May 29th – Wednesday - \$15 trip/person

Rawlins Frontier Prison - \$10 admission/senior

June 11th - 13th – Wednesday – \$75 trip/person

Casper accommodations

Black Thunder Coal Mine north of Douglas

June 28th – Friday - \$15 trip/person – sack lunch furnished

South Pass and English Tunnel Tour and Miner's Delight

July 23 thru 25th – Tuesday thru Thursday - \$167 trip/person, includes Boat Tour cost

Lovell trip – Bighorn Medicine Wheel – Pryor Mountain Wild Horses drive –

Bighorn Canyon Boat Tour – Local museums – Red Gulch Dinosaur Tracksite

July 31st – Wednesday - \$10 trip/person

Flaming Gorge Bus Tour - \$68 ticket/person includes lunch and snacks

August 7th – Wednesday - \$15 trip/person – includes sack lunch and snacks for the day

Red Desert Loop Tour

August 21st – Wednesday - \$10 trip/person

Teton Village Gondola Ride - \$35/senior

August 28th – Wednesday - \$15 trip/person

Periodic Intermittent Springs – Star Valley



Sign-up sheets will be posted on the bulletin board about 3 weeks before each trip. Trip fee must be paid for at least three days before the trip departs RP. Seven passengers on each trip in van. Seniors are responsible for their meals on trips, unless stated otherwise. Always water and snacks in van!!

All trips subject to change.



Attention

My Hearing Center is coming to Rendezvous Pointe the second Monday and Tuesday of each month.

If you need an appointment, please call My Hearing Center in Rock Springs, 307-212-3234.



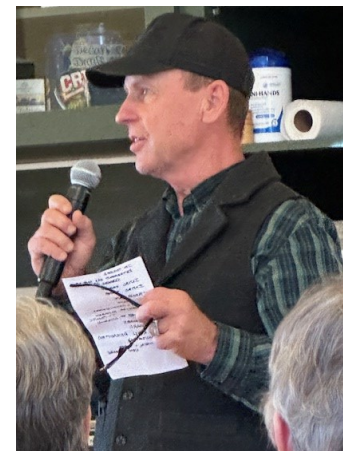
Lunch & Movie in Marbleton

Thursday, May 30th

Van departs RP at 10:20am
Sign up on bulletin board!



Kevin's retirement party was a great day, good food and lots of friends came to help celebrate his special day. We will miss you but wish you well in what lies ahead!



Sable Stitches are Giving Back!!

On the 3rd Tuesday of each month there will be a drawing for a lap quilt made by the Sable Stitches.

All you have to do is dine in for lunch on the 3rd Tuesday and put your name in the hat for a chance to win the lap quilt.

Winner will have his/her choice of the two lap quilts pictured!

Sean Reed won the April Lap Quilt



Somewhat Selfish

I spied a kitty drenched in rain
Why should I care, for what's to gain
Well, you could be a real good Joe
The kids would crown you their hero
Come on cat, no higher state could I attain

---Rich Boettcher

ACTIVITIES



Jacob from Four Pines PT on **Wednesdays at 10am** for guided exercise to help improve mobility, balance, strength, and overall well being thru exercise. New exercises added weekly! Come improve your physical well being!

Thank You Jacob for your dedication to our seniors!



Yoga with Teisha !!
Mondays and Thursdays from 10am - 11am at Rendezvous Pointe. Come and take part in a fun yoga session!! Your body will thank you!!



May book is:
"None of This Is True"
by Lisa Jewell

Book discussion will be on **Friday, May 17th at 1:00pm**

Dog Toenail Clipping

Thursday, May 16th @ 12:45p
with Patti Baxley

Please have your dog on a leash!



Dominoes

Come join the fun of mental exercise! No need to sign up, just come and play! We learn new versions regularly. All Fives, Threes and Fives, Moon & 42.

BUNCO !!

Bunco is on Thursday afternoons at 1:00pm. Come join the fun!!

Bingo Players

White Elephant Bingo day will be on Monday, May 6th. Bring a white elephant gift in a bag (no need to get fancy) and your \$10 for 10 games as always. White elephant prizes need to be taken home and not left for next month!!



Birding with Betty



It's that time of the year again! This year our birding dates are Thursdays, May 9th, 16th and 23rd. Time frame is 7:00 - 9:30am. Sign up sheets are on the bulletin board. We will depart RP promptly at 7:00am each birding day. Seven people can ride in the van, you can also drive your own vehicle and follow the van to the different locations. Please dress appropriately for weather. Bring camera, water bottle, and binoculars!! See you soon!



2	Anita McCutchan
3	Albert Etcheverry Michael Palmer
4	Bob Carmean
5	Mike Grove
8	Carlene Barber Roy Barney
10	Lenore Percy Bob Rule
11	Nylla Kunard Phil Howland
12	JoAnn Kirkpatrick

14	Barbara Pape Mark Kalal
15	Phyllis Staidl Jerry Hengen
17	Elaine Mess
18	Jamie Kaul Bev Dibben Ruth Lanning
19	James Sarapata William Johnson
20	Bill Williams
21	DaleKeting Maria Wise



22	Paul Glace
23	Loleen Denney
24	Sheila McNealy
25	Pat Thomas Rick Johnson Mary Kay Zabotnik
26	Kathy Hengen Jamie Wood Peggy Noble Patricia Looney
28	John Emerson John Anderson
29	Kristen Anderson Lee Martin
30	Pam Kirkpatrick



May Birthdays

Monday	Tuesday	Wednesday	Thursday	Friday
2% Milk, Butter, Iced Tea and Lemonade Served Daily	May 2024	1 Oven Fried Chicken , Mac & Cheese, Mixed Vegetables, Roll, Chocolate & Vanilla Pudding Cup, Orange Juice	2 Chicken & Herbed Fettuccine , Starch In Main, Strawberry Spinach Salad, California Vegetables, Wheat Roll, Berry Pie	3 BBQ Meatballs , Baked Potato, Garden Salad, Mixed Vegetables, Wheat Roll, Chilled Peaches
6 Grilled Chicken Sandwich , Oven Fries, Broccoli Slaw, Blueberry Cobbler	7 Baked Salmon Filet w/Lemon , creamy Parmesan Risotto, Zesty Vegetable Salad w/multigrain croutons, Pumpkin bran Muffin, Grapes, Banana Split Dessert	8 Mother's Day Lunch Salisbury Steak/Mushroom Gravy , Baked Potato, County Blend Veg, Mandarin Orange Spinach Salad, WW Roll, Blueberry Crisp	9 Clam Chowder , Wheat Crackers, Spinach Salad w/mandarins, Broccoli, Wheat Roll, Apricot Crisp	10 Sloppy Joe , Sweet Potato Puffs, Marrinated Veg Salad, WW Roll, Pears, Oatmeal Raisin Cookies
13 Orange Glazed Chicken , Fried Brown Rice, Garden Vegetable Salad, Grilled Broccoli, Wheat Bread, Cinnamon Pears, Mixed Berry Crisp	14 Happy Birthday! Chicken Fried Steak , Mashed Potatoes, Green Beans w/ bacon, Biscuit, Apricots	15 French Dip Sandwich w/Au Jus , Broccoli Craisin Salad, Apple Juice, 2WW Bread, Pears, Ranger Cookies	16 Roast Pork , Lynne's Oven Roasted Potatoes, Tossed Salad, Steamed Broccoli, Wheat Roll, Chilled Apricots	17 Buffalo Chicken(Chicken Drummers with buffalo sauce) , Macaroni Salad w/ Baby Carrots, Marinated Cucumber Salad, Watermelon Chunks, Oatmeal Raisin Cookie
20 Blue Cheese Mushroom Burger , Potato Salad, Lettuce Tomato Onion, Spinach Salad Mandarin Oranges, Peaches, Orange Juice	21 Chicken Fajitas , Spanish Rice, Steamed Broccoli, Lettuce & tomato, Pineapple	22 Western Egg Bake with Sausage Links , Tri-Color Potatoes, Tossed Green Salad w/multigrain croutons, Boston Brown Bread, Tropical Fruit Cup	23 Hamburger Steak , Whipped Potatoes, Tossed Salad, Italian Vegetables, Wheat Roll, Bananas & Mandarin Oranges	24 Beef & Spinach Wrap , Carrot & Celery Sticks, Granola Bar, Fresh Fruit
27 Memorial Day Closed	28 Cabbage Roll Casserole , Baked Potato/Sour Cream, Pacific Blend Vegetables, WW Roll, Chunky applesauce, Chocolate Surprise Cupcake	29 Spinach & Mushroom Chicken , Brown Rice, Calico Salad, Carrot Coins, Apple Slices	30 Hot turkey Sandwich , Mashed Potatoes/Gravy, California blend Vegetables, Caesar Salad, WW Bread, Cran-apple Salad, Oatmeal Raisin Cookies	31 Baked Fish , Cheddar Mashed Potatoes, Creamy Coleslaw, Steamed Broccoli, Banana Bread, Chilled Apricots

Please Call Rendezvous Point @ 367-2881 for your Reservations

Mon	Tue	Wed	Thu	Fri
May 2024				
6 10a ~ Chair Yoga / Teisha 1p ~ White Elephant Bingo	7 9a ~ Wii Bowling 9a -4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	8 9a-12n ~ Art 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	9 10a ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco 1p ~ Connections presentation thru St John's Hospital	10 9a~C & C w/Tina Robinson our new Director 1p ~ Hand & Foot Sable Stitchers
13 10a ~ Chair Yoga / Teisha 1p ~ Bingo	14 9a ~ Wii Bowling 9a -4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	15 9a-12n ~ Art 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	16 10a ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco	17 9a~ C & C with Kari DeWitt and Guest 1p ~ Hand & Foot 12noon ~ Book & Tech/Alise
20 10a ~ Chair Yoga / Teisha 1p ~ Bingo	21 9a ~ Wii Bowling 9a -4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong SS Lap Quilt Drawing at Lunch	22 9a-12n ~ Art 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	23 10a ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco Lunch hosted by Jonah Energy	24 Coffee & Conversation will be taking a break until September 1p ~ Hand & Foot Sable Stitchers
27 CLOSED	28 9a ~ Wii Bowling 9a -4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	29 9a-12n ~ Art 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	30 10a ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco Lunch/Movie in Marbleton	31 No Coffee & Conversation 1p ~ Hand & Foot