

ARMY NATIONAL GUARD CHILD & YOUTH SERVICES

More Than A Program...It's A Promise!



DECEMBER 2023

A Year of Appreciation: ARNG CY S Says "Thank You"

Another year has gone by. It is hard to believe that in a matter of days, we will all be ushering-in 2024! Where did the time go?

Before we officially bid 2023 farewell, the entire Army National Guard (ARNG) Child & Youth Services (CYS) Team would like to thank all of the youth, families, partner organizations, volunteers and vested individuals who helped make 2023 one of the best years in our program's history. Whether you attended an event, requested resources or provided volunteer support, without your engagement, many of our events and initiatives would not have been possible. Together, you helped us show just how truly resilient our military community can be when faced with unique challenges or last-minute changes to programming.

Throughout 2023, the ARNG CY S Program provided support programming and services to over **63,000** National Guard youth and teens. As a program, nearly **90,000** National Guard Service Members and Spouses completed training or attended various briefings and resource events. Collectively, through both local and partnered efforts, ARNG CY S hosted over **3,900** in-person and virtual events, resulting in **14,239** hours of programming support. Your engagement with the ARNG CY S Program ensured we could continue our mission of being a valuable resource for our military and military-connected youth, Soldiers and Families.

As we prepare for 2024, be sure to connect with your local ARNG CY S Team to learn about upcoming events in your area! You can find contact information for your ARNG CY S Team by visiting the ARNG CY S Website (www.arngcys.com) and clicking on the "My Local CY S Program" link.

THANK YOU for making 2023 such a great year! We wish you and your loved ones a wonderful Holiday Season and look forward to seeing you in 2024!

IN THIS ISSUE:

- **CYS Symposium Highlights Part 2**
- **Teens on The Move**
- **A Month of Celebrations**
- **Trends and Data**
- **Survey**
- **Training Opportunities**



SC CYP - "Flour Power"



AR CYP - Teen Council member



#GuardFamilies
#ARNGCYS



WWW.ARNGCYS.COM



>>> Look for Part 1 of 2 in the previous NOV 2023 issue



Virgin Islands Youth Health Equity Symposium & Leadership Summit
(L to R) Khalid W., Neera A., Edwin C., Dante R., Makayla M., Rey B., Azia C., and Martha Bodley-Moses (VI-LCYPC).

Virgin Islands CYP at Region 2 Symposium in Puerto Rico
(L to R) Diane Wescott (volunteer), Martha Bodley-Moses (VI-LCYPC), Renae B., Neera A., Rey B., and Edwin C.



Oregon CYP at Region 10 Youth Symposium – Boise ID



Oklahoma CYP at Region 6 TP Symposium
(L to R) Christian H., Kadence H., Carl T., and Kristin S.





Military children and teens across the country demonstrate each day how resilient and talented they are. Check out the latest **Teens on The Move** posts and meet our **2023 National Guard Teen Panel (GTP) Delegates** at: <https://arngcys.com/teens-on-the-move>.



The Army National Guard Child & Youth Services Program has dedicated this page to highlighting the amazing accomplishments of our ARNG CYS teens. If you would like to recognize a teen in your program, please reach out to **Jeremy Van Wyk (ARNG CYS Program Manager)** at jeremy.vanwyk@dystech.com. #NGTOTM

A MONTH OF CELEBRATIONS

- 1st - #NationalPieDay
- 2nd - #SpecialEducationDay
- 3rd - #MakeAGiftDay
- 4th - #NationalCookieDay
- 5th - #WaltDisneyDay
- 6th - #MicrowaveOvenDay
- 7th - #LetterWritingDay
- 8th - #NationalBrownieDay
- 9th - #GingerbreadDecoratingDay
- 10th - #DeweyDecimalSystemDay
- #NobelPrizeDay
- 11th - #NationalAppDay
- 12th - #GingerbreadHouseDay
- 13th - #NationalCocoaDay
- 14th - #RoastChestNutsDay
- 15th - #UglySweaterDay
- 16th - #WreathsAcrossAmericaDay**
- 17th - #WrightBrothersDay
- 18th - #FlakeAppreciationDay
- 19th - #OatmealMuffinDay
- 20th - #GamesDay
- 21st - #FirstDayofWinter**
- #WinterSolstice**
- 22nd - #CookieExchangeDay
- 23rd - #NationalRootsDay
- 24th - #NationalEggnogDay
- 25th - #NationalPumpkinPieDay
- 26th - #NationalThankYouNoteDay
- 27th - #VisitTheZooDay
- 28th - #CallAFriendDay
- 29th - #StillNeedToDoDay
- 30th - #NationalResolutionPlanningDay
- 31st - #NewYearsEve**



More ways to have some fun this month



AL CYP at the Region 4 Youth Symposium in MS

DID YOU KNOW...

You can find all these resources + more on our website?

- ARNG CYS Monthly Newsletters
- Tutor.com Resources and Information
- Programs and Resources for Military Families
- ARNG CYS At-Home Activity & Resource Guide
- Resources, Activities & Information for Military Families
- 10 Things Military Teens Want You To Know

<https://arngcys.com/resources-for-families>

<https://arngcys.com/resources-for-educators>



FY23 ARNG CYS SNAPSHOT

The mission of Army National Guard (ARNG) Child & Youth Services (CYS) is to promote and sustain the quality of life and resilience of Army National Guard dependent children and youth by providing secure, timely, flexible, high-quality support services and enrichment programs.

TOTAL YOUTH SERVED

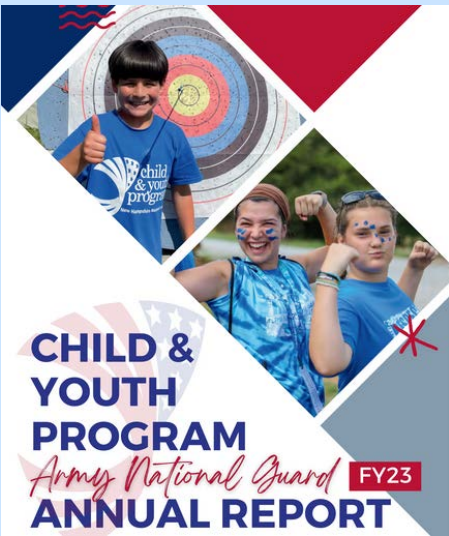
ARNG CYS provided support programming and services to **over 69,200** military and military-connected youth during FY23.

TOTAL PROGRAMS & EVENTS

ARNG CYS supported and conducted nearly **2,400** virtual and in-person events, briefings, trainings and activities throughout FY23.

TOTAL VOLUNTEER SUPPORT

In FY23, ARNG CYS utilized **5,146** volunteers, who provided **more than 142,900** hours of service and support for events and activities.



ARNG CYS FY20 ANNUAL REPORT + Videos are now available at:

<https://arngcys.com/fy23-annual-report>

Locate your STATE's full ANNUAL REPORT by clicking on your state's flag at:

<https://arngcys.com/my-local-cys-program>



SURVEY



FAMILIES - WE NEED YOUR FEEDBACK ON CYS SERVICES YOU HAVE PARTICIPATED IN THROUGHOUT THE LAST YEAR.

PLEASE LET US KNOW HOW WE ARE DOING!

<https://www.surveymonkey.com/r/Soldier-Parent24>

SOLDIER - PARENT SATISFACTION SURVEY



TRAINING OPS

Goal Setting Strategies for Students, Children, and Adolescents: Check out these Worksheets, Comprehensive Guides, and Templates + more:

- Explore Goal Setting in Education
- Instructions for Students in Goal Setting
- Goal Setting in Elem. + Middle School
- Tailored Goal Setting for High School Students
- Strategic Goal Setting for College Students
- Suggested Books Addressing the Subject
- Video Recommendations
- Key Takeaways + References

<https://positivepsychology.com/goal-setting-students-kids/>

This does not indicate an endorsement of resources, programs and/or services by National Guard Bureau, DysTech, staff or contractors.