

BLACK BELT GRADING QUESTIONS

1. NAME 5 PATTERNS CONTAINING BACKFIST.
2. NAME 3 TYPES OF FINGERTIP THRUST.
3. NAME 3 PATTERNS CONTAINING RELEASES.
4. WHY DO WE DO 3 STEP SPARRING?
5. WHY DO WE LEARN PATTERN MEANINGS?
6. NAME 3 PATTERNS WHERE WE DO A BENDING STANCE.
7. GIVE HISTORY OF TAEKWONDO AND THE TAGB.
8. WHAT IS THE PURPOSE OF THE JUMP IN TOI GYE / YUL GOK?
9. WHAT DO 38/29 MOVES SIGNIFY?
10. HOW WOULD YOU TEACH SOMEONE TO.....? (E.G. DO A WALKING STANCE)
11. WHY DO WE DO SLOW MOTION MOVES?
12. HOW DOES THE RELEASE IN DO SAN WORK?
13. THE TAGB IS PART OF ONE NATIONAL BODY AND ONE INTERNATIONAL BODY. WHAT ARE THEY?
14. WHAT IS THE DIFFERENCE BETWEEN ONE STEP AND THREE STEP SPARRING?
15. A BEGINNER ASKS YOU WHY THAT BLUE BELT IS BEATING A BLACK BELT AT SPARRING. WHAT DO YOU SAY?
16. EXPLAIN WHAT DEGREES ARE.
17. WHY DO WE DO THE POWER TEST?
18. WHAT ATTRIBUTES WOULD YOU LOOK FOR IN A STUDENT?
19. WHO IS THE AREA CO-ORDINATOR FOR WALES / SCOTLAND ETC?
20. HOW MANY AREAS ARE THERE IN THE UK?
21. WHAT IS THE DIFFERENCE BETWEEN OUR TAEKWONDO STYLE AND THE WTF STYLE?
22. WHO IS THE TEAM COACH FOR THE TAGB?
23. WHY IS THE TAGB SO SUCCESSFUL?
24. HOW DO INDIVIDUAL PATTERN MEANINGS INSPIRE US?
25. NAME AS MANY HAND AND FOOT PARTS AS YOU CAN.
26. NAME 3 TYPES OF ELBOW STRIKE.
27. HOW HAVE YOU DEVELOPED AS A PERSON SINCE STARTING TAEKWONDO?
28. WHAT DO YOU LIKE BEST ABOUT TAEKWONDO?
29. THERE ARE 5 TENETS. IF YOU HAD TO COME UP WITH A SIXTH, WHAT WOULD IT BE?
30. WHY DO WE DO PATTERNS?
31. WHAT IS THE DIFFERENCE BETWEEN A COLOUR BELT AND A BLACK BELT?
32. WHO IS THE CHAIRMAN OF THE TAGB?
33. WHO IS THE TREASURER OF THE TAGB?
35. WHO IS THE CHAIRMAN OF THE BTC (BRITISH TAEKWONDO COUNCIL)?
36. IF ENTERED INTO A DIFFICULT SITUATION WHAT WOULD BE YOUR 3 OPTIONS IN ORDER OF PRIORITY?
37. WHAT IS THE POLICE POLICY ON DEFENDING YOURSELF?
38. NAME 3 USES OF FINGERTIP.
39. EXPLAIN INDOMITABLE SPIRIT.
40. WHAT IS NEO-CONFUSIONISM?
41. NAME ALL THE STANCES YOU KNOW IN KOREAN.
42. WHAT IS THE USE OF A WALKING AND SITTING STANCE?
43. GIVE A FULL INTERPRETATION OF TAEKWONDO.
44. NAME 2 VULNERABLE PARTS OF THE MID SECTION OF THE BODY.
45. WHAT CAN YOU OFFER YOUR INSTRUCTOR / TAGB IF YOU PASS YOUR BLACK BELT GRADING?
46. WHY DO WE DO ONE STEP SPARRING?
47. WHAT DO THE BLACK STRIPE ON A BLACK BELT DOBOK MEAN?
48. WHY DID YOU START TAEKWONDO?
49. NAME ALL THE STANCES YOU KNOW IN KOREAN.
50. DESCRIBE HOW TO DO A SIDE KICK WITHOUT MOVING.