

2023 / 2024 Dance Season

	Monday			Tuesday			Wednesday			Thursday			Saturday		
Suite	A	B	D	A	B	D	A	B	D	A	B	D	A	B	D
8:00 AM				Mens Yoga											
9:00 AM							Co-Ed Yoga								Adult Fitness (SS)
10:00 AM	Mochas & Minis Playdate 9:30-11:30AM														

	Monday			Tuesday			Wednesday			Thursday			FRIDAY		
Suite	A	B	D	A	B	D	A	B	D	A	B	D	A	B	D
3:00 PM							Pre-Ballet/Tap Ages 3-5 (KW)					PL			
4:00 PM	PL		PL	Ballet 3/4 (KW)		Tap 1 (HM) Ages 6+	Pre-Ballet (KW) Ages 3-5	Jazz Pop (HM) Ages 6+	Ballet 3/4 (KW)		Mini Acro (TM) Ages 3-5				
5:00 PM	PL		PG Tap (A5) *Invite Only	PG Jazz 2 (HM) *Invite Only	Ballet 1 (KW) Ages KG +	PL	PL	PL	PG Jazz 3 (A5) *Invite Only	Tap 2/3 (HM)	Acro 1 (KW) Ages KG+				
6:00 PM	Acro 2 (A5)	PL	Dance Fitness (SS) Adults	PG Contemporary (HM) *Invite Only	Pre-Ballet & Tap Combo Ages 3-5 (KW)	PG Hip Hop 2 (SS) *Invite Only	Ballet 2 (HM)	Dance Fitness (SS) Adults	PG Line (A5) *Invite Only	PG Line (HM) *Invite Only	Acro 1.5 (KW) Ages KG+				
7:00 PM	PL		PG Hip Hop 3 (SS) *Invite only	Ballet 4/5 (KW)			Adult Ballet 16+ (TM)	Hip Hop 2 (SS) Ages 9+	Ballet 4/5 (KW)		Adult Ballet 16+ (A5)				
8:00 PM				Ballet Pointe (KW)					Ballet Pointe (KW)						