The Christian Life Institute

Module 1: Detoxification Homework

1) Cultivate intention awareness: intent, motive, and truth
    a. Make notes throughout the days ahead
    b. Develop a contextual awareness of situations and responses
2) Write down any Ah-ha moments about susceptibilities, roots, and patterns in your life

Situation	Response	Identified susceptibilities/ roots/ patterns / etc.	Scripture/ Truth Light