

## **NIGHTGUARDS**





# Reduce and Prevent Bruxism and Grinding

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## What is a Nightguard?

The ProFlex Nightguard is a simple, custom made appliance that protects your teeth from the wear and tear caused by bruxism. This device is designed to fit your upper or lower teeth, and prevent them from touching and clenching.



### How does ProFlex work?

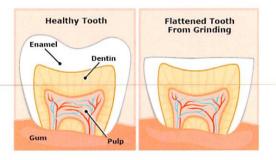
ProFlex is a unique thermo-plastic acrylic material that softens in warm water. As your jaw muscles push your teeth together and clench, the thin layer of acrylic separates them and unlocks your bite. During sleep, your teeth are prevented from touching, and are allowed to rest and slide against the smooth biting surface.





## Why treatment?

Bruxism is a surprisingly common condition when the patient suffers from excessive clenching and grinding. This occurs when your jaw muscles clench your teeth together, and you grind your teeth against each other. Symptoms may include headache or earache, sore jaw muscles, or sensitive teeth.



#### ProFlex Benefits:

Proflex Nightguards are a simple solution to treat the effects of Bruxism and Grinding.

- Comfortable, flexible acrylic
- Eliminate sore jaws and facial pain
- Minimize tooth wear and damage
- Reduce tooth sensitivity and pain
- Stop damaging teeth and fillings