



Hey Hi Hello!

Welcome to the "C.i.A." family! Whether you're a parent, catechist, student, or brand new to the Faith, I am so glad you are here.

This project started due to COVID. As a First Communion Coordinator, I had to make a change, be creative, and take action. While we all were teaching Catechism through Zoom, I wanted to do more... I got the inspiration from the Holy Spirit to use YouTube and music to express my creativity!

By the grace of God, I make everything myself. Using all of my musical and technical abilities, I created meaningful content that would allow anyone to learn the fundamental Church teachings and prayers!

I am a wife and mother with a full-time job working at the Church. As long as God allows me, I shall keep creating. The greatest reward is that I help bring souls closer to Christ. Thank you for all your support. Please keep me in your prayers and share my content with others!

Remember, ALL things are possible for God, and my life serves as evidence of his infinite love and mercy. Thank you for singing along, all for the Greater Glory of God!

St. Cecilia, offer our songs to the Lord. O Mary Help of Christians, pray for us.

In Jesus & Mary, Christine

www.christineinaction.com

Copyright © 2023 by Christine Merriman

All rights reserved. Any unauthorized reprint or use of this material is prohibited. No part of this book may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without express written permission from the author. Disclaimer: While all attempts have been made to verify the accuracy of the information provided in this publication, the author assumes no responsibility for any errors or omissions. Should the reader face any untoward website difficulties, it is recommended that they seek out professional technical support to rectify the same. The author will not be held responsible for any repercussions beyond the scope of this product.



God gave The Ten **Commandments to** Moses on Mount Sinai. They guide in making choices that help us to live as God wants us to live. The first three tell us how to love God. The other seven tell us how love neighbor.

Listen to The Ten Commandments **SONG on YouTube**



www.christineinaction.com

Exodus 20:2-17

Deuteronomy 5:6-21



6) You shall not commit adultery.

*connect thumbs and ring fingers (6 fingers should be up)--honor marriage/your spouse.



7) You shall not steal.

*make an L shape with your thumb and pointy finger and point downwards, it should look like a 7! I also say robbers use a gun to steal.



8) You shall not bear false witness against your neighbor.

*tuck your thumbs in for 8 fingers, cover your mouth: do not say bad things about your neighbor. "BEAR" false witness.



9) You shall not covet your neighbor's wife.

Make the pointy finger and thumbs connect, now flip upside down and place over eyes to make a "mask" (also looks like a 9). "Do not look with jealous eyes."



10) You shall not covet your neighbor's goods.

*make the roof of a house, because that's where our goods are kept: don't be jealous of what others have!

The Ten Commandments



1) I am The Lord your God, you shall not have strange gods before me.

*use 1 finger to honor 1 God.



2) You shall not take the name of the Lord, your God in vain.

*using 2 pointy fingers, make a X over your lips: don't say bad words/disrespect God's name!



3) Remember to keep Holy the Lord's Day.

*Jesus rose on the 3rd day (Sunday), go to Mass!



4) Honor your father and your mother.

*the 4 fingers symbolize a typical-sized family: daddy, mommy, brother, sister. Respect your parents.



5) You shall not kill.

*5 fingers make a fist to punch! Do not hurt anyone!

The Greatest Commandment



The Greatest Commandment

"You shall love the Lord, your God, with all your heart, with all your being, with all your strength, and with all your mind, and your neighbor as yourself." (Luke 10:27).

The first three tell us how to love God. The other seven tell us how to love our neighbor.

"The Ten Commandments, in their fundamental content, state grave obligations. However, obedience to these precepts also implies obligations in matter which is, in itself, light" (CCC 2081).



"What God commands he makes possible by his grace" (CCC 2082).

Resources / Answers

The questions I gave are meant to encourage children in grades 1 through 5 to think critically.

As they cover the fundamentals of the Catholic Faith, all parents need to be familiar with these or are recommended to become familiar with them. Parents should first go over all of the questions and be ready to do their own research. I always utilize the first three sources below when I have a question or need clarification.

For ANY Holy Bible, Catechism, textbook, make sure to look for the official inscription by a Bishop: "Imprimatur" & "Nihil Obstat." (This is the official declaration that the information are accurate & follow Church Teachings).

Hope this helps! If you have questions, you may message me on Facebook or Instagram. I'm here to help!

The Holy Bible

Make sure it's a CORRECT translation! Check the back of the book for a dictionary or index to find topics easily.

Catechism of the Catholic Church (CCC)

An excellent companion to any Holy Bible. A must-have for any Catholic household. Check the 'subject index' at the back of the book to find topics easily.

www.catholic.com

Catholic Answers is an incredible online resource. There is search bar on the homepage where you can type anything, like Google. Copy the questions into the search bar and legit articles will provide the answer and explanation.

www.ewtn.com/catholicism/library/ten-commandments-10336

A concise online review of all the commandments, their meaning, and what it forbids.