

MOMMY AND ME CLASS

2 year olds

Each child must be accompanied by an Adult (parent, grandparent, caregiver) in class. This class introduces the child to Gymnastic skills, following directions, the atmosphere of the gym and FUN!

The Adult helps guide the child through stations of activities with instructions from and under the supervision and guidance of the Instructor.

This class is taught by Amy White. She started this class at Courthouse Gymnastics Co. years ago. She is a class instructor and team coach with nearly 40 years of experience teaching gymnastics to children of all ages.

What to Wear- GIRLS- Leotard, any color or shorts and t-shirt. Long hair should be in a ponytail or pulled back. Barefoot.

BOYS- T-shirt and shorts. Barefoot