

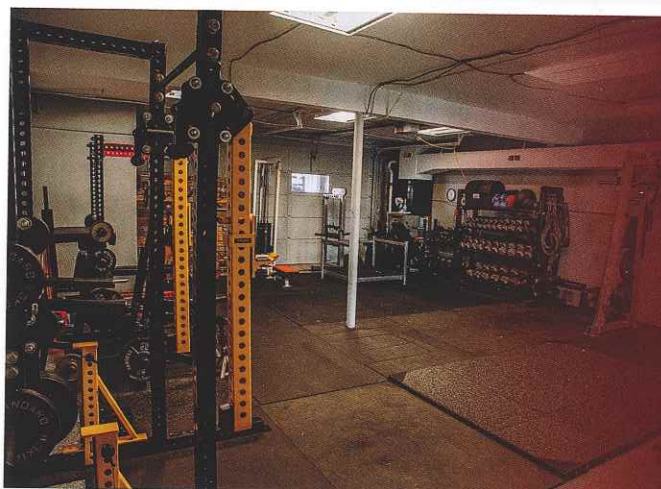
Garlic Mustard, the Edible Invasive

David Mow, Invasive Species Specialist | Photo Credit: David Mow

Brought here as food by the early pioneers and escaped into our fields and forests, garlic mustard plants have been shown to cause harm to the environment. It is close enough to our native mustards that our butterflies will lay their eggs on it, but when they hatch and the caterpillar starts to feed, they die from the chemicals in it. It also produces chemicals in its roots that suppress the growth of fungi. Ninety percent of plants need fungi to help them grow. Trees use fungi to extend the reach of their roots and communicate with other trees. Our native orchids need fungi to germinate their seeds. This means that in areas with garlic mustard growing, you will probably not find more mushrooms or wild orchids. Trees may grow slower or have very little new sprouts taking off and growing.

This plant is a biennial, which means it lives for two years. The first year, the seed germinates and produces a rosette of leaves that are rounded with deeply incised venation with scalloped edges. This rosette can be found in the fall and winter and can be pulled if the ground is not frozen. Early the second year, (March-May) it will send up a flower stalk that has simple, alternate, triangular leaves that are toothed. It then flowers and produces seed. Garlic mustard's shallow root system makes it an easy plant to pull. Hand pulling is the easiest and most effective method to control it. If

GARLIC MUSTARD YEAR 1



PRT

PHYSICAL RESILIENCE TRAINING

High-quality fitness and nutrition coaching for your individual needs.

Work with experienced and certified trainers to achieve your fitness and nutrition goals.

Physical resilience training's health first approach means that coaches will customize your exercise program based on your needs and objectives.

www.physicalresiliencetraining.com

Evan Sitzman

(812) 719-6328

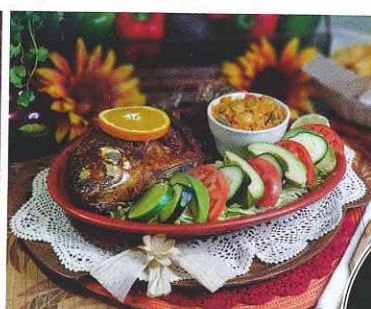
evan.sitzman@gmail.com



361 Grand Valley Blvd.
Martinsville, IN 46151

(765) 342-3111

Open every day during construction for
lunch, dinner, drinks and a fun time



VISIT OUR LOCATION!

La Herradura II 226 S
State Road 135
Bargersville, IN 46106

We offer Mexican
food, a full bar,
daily specials
& much more.

La Herradura Grill & Bar, in Martinsville, IN, is the area's leading restaurant serving Morgantown, Monroe and Johnson counties and surrounding areas since 2016.

pulled in the rosette stage, it can be left to dry in place. If in the flowering stage, bag it and remove it because it can still produce seed if left in place and we want to prevent seed production. The seeds have been shown to stay viable in the soil for eight to ten years. Once it has established in an area, you need to go back every year to prevent seed production for at least eight years. If you miss a year or miss some plants, it may take longer to eradicate it.



The Morgan County Native and Invasive Plant Partnership will be conducting **Weed Wrangles®** at Burkhart Creek Park, April 9th 9:00-12:00 and Jimmy Nash Park, April 22nd 9:00-12:00 to pull garlic mustard. Feel free to come out and join us.

Garlic mustard that is foraged from the wild can be eaten but should never be intentionally planted since it is illegal to do so. Here are some recipes for Garlic mustard that you can use if you have pulled some up! <https://www.co.wood.wi.us/Departments/LandConservation/Brochures/Garlic%20Mustard%20Recipes.pdf>

March is the time to start thinking about a new year in the garden. The Morgan County Master Gardeners will be having their Garden Fest on March 25th at Hoosier Harvest Church in Martinsville. Admission is free. There will be pansies for sale, expert speakers, vendors, garden demonstrations and giveaways. Pansy sales help to fund the Master Gardener Program in Morgan County. For more information on Garlic Mustard or the event, contact invasivesmorgancounty@gmail.com

Turning 65 soon?
Are you confused about Medicare?
 Don't know who to talk to?

MEDICARE



Don't make your decision with someone on an 800#. Talk with Shelley Campbell (Medicare Consultant) - born and raised in Martinsville. Shelley has years of experience in guiding people through the Medicare options.

Call Shelley at 317-501-3634 or Email her at shelley.campbell3@gmail.com

Stop in to see our selection of new and used mowers!

STARTING AT **\$115** per month



COUNTRY CLIPPER
 ZERO TURN MOWERS
 countryclipper.com

SPECIAL FEATURES

- Stand up deck
- Joy stick steering
- Contour DTS tracking

S & W Tool and Equipment Rental
 1019 Morton Ave, Martinsville
765-342-1756 | www.sandwtoolrental.com

DON'T FORGET TO HAVE YOUR COUNTRY CLIPPER MOWER SERVICED EARLY

"Wigs & More where it's all about you"





Wigs & More
 Boutique...
 "It's All About You"

New Location 605 Morton Ave, Martinsville, IN 46151
765-349-8934
www.wigsandmore.net | Email: wigsandmore1@yahoo.com

Jim's
 CUSTOM TRIM SHOP
765-342-7085



"Helping people translate their stories, moments and memories into wearable art."



Facebook and Instagram icons for [thesterlingbutterfly](https://www.facebook.com/thesterlingbutterfly)



Facebook and Instagram icons for [pamhurstdesigns](https://www.facebook.com/pamhurstdesigns)





Local Art, Jewelry, & Gifts
765-318-2159 96 E. Morgan St. • Martinsville, IN 46151