

Level 3 & Xcel Silver State Championship Meet

Hosted By: Trevino's Gymnastics



**1438 S. I-35E
LANCASTER, TEXAS 75146**

972-223-0167

May 4-5, 2024

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, May 4, 2024

SESSION 1

Xcel Silver – Divisions 4 & 5

Gym Opens: 7:30am

Open Stretch: 8:00am

March In: 8:20am

Timed Warm Up: 8:29am

Competition: 8:39am

Awards to follow

Saturday, May 4, 2024

SESSION 2

Xcel Silver – Divisions 2, 6 & 7

Open Stretch: 12:00pm

March In: 12:20pm

Timed Warm Up: 12:29pm

Competition: 12:39pm

Awards to follow

Saturday, May 4, 2024

SESSION 3

Xcel Silver – Divisions 1 & 3

Open Stretch: 4:00pm

March In: 4:20pm

Timed Warm Up: 4:29pm
Competition: 4:39pm
Awards to follow

Sunday, May 5, 2024

SESSION 4

Level 3 – Divisions 4 & 5

Gym Opens: 7:30am
Open Stretch: 8:00am
March In: 8:20am
Timed Warm Up: 8:27am
Competition: 8:37am
Awards to follow

Sunday, May 5, 2024

SESSION 5

Level 3 – Divisions 2, 6 & 7

Open Stretch: 11:30am
March In: 11:50am
Timed Warm Up: 11:57am
Competition: 12:07pm
Awards to follow

Sunday, May 5, 2024

SESSION 6

Level 3 – Divisions 1 & 3

Open Stretch: 3:00pm
March In: 3:20pm
Timed Warm Up: 3:27pm
Competition: 3:37pm
Awards to follow