



TAAF WINTER GAMES

Hosted By: Trevino's Gymnastics

**1438 S. I-35E
LANCASTER, TEXAS 75146
972-223-0167**

January 13, 2024

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, January 13, 2024

SESSION 1 (72 athletes)

All Level 1, 2, XB

Gym Opens: 7:30am

Open Stretch: 8:00am

March In: 8:15am

Timed Warm Up: 8:20am

Competition: 8:25am

Awards to follow

Saturday, January 13, 2024

SESSION 2 (84 athletes)

Level 3 & XS

Open Stretch: 11:00am

March In: 11:15am

Timed Warm Up: 11:20am

Competition: 11:30am

Awards to follow

Saturday, January 13, 2024

SESSION 3 (66 Athletes)

Level 4, 5, XG

Open Stretch: 2:30pm

March In: 2:45pm

Timed Warm Up: 2:50pm

Competition: 3:05pm

Awards to follow

Saturday, January 13, 2024

SESSION 4 (21 Athletes)

Level 6, 7, 8, XP

Open Stretch: 6:30pm

March In: 6:50pm

Warm Up: 6:55pm

Competition: 7:05pm

Awards to follow

**Modified Traditional
Format**