



How To Prepare For The Spring Season

Hello. Even though we won't admit it, the spring sports season is right around the corner. We have attached a few articles to help you and your coaches prepare your spring teams to excel. We hope you enjoy them.

If you would like to find out how your teams can improve their sports vision please take a look at our [Christmas presents](#) and then give us a call. If you would like to sit down and discuss this opportunity, please e-mail Emily at emily@howelltosports.com and she will respond quickly. Or, please call or e-mail me at 856-381-8888 or ed@howelltosports.com.

Also please take a moment to check out some of these handpicked articles!
Thank you and have a great day!

[Prospectus Feature: Introducing Pitch Tunnels](#)

One day I sat a dozen feet behind Maddux's catcher as three Braves pitchers, all in a row, did their throwing sessions side-by-side. Lefty Steve Avery made his catcher's glove explode with noise from his 95-mph fastball. His curve looked like it broke a foot-and-a-half. He was terrifying. Yet I could barely tell the difference between Greg's pitches. Was that a slider, a changeup, a two-seam or four-seam fastball? Maddux certainly looked better than most college pitchers, but not much. Nothing was scary.....

[These days in baseball, every batter is trying to find an angle](#)

With increasingly sophisticated data available, major league hitters are focusing on getting the ball in the air.

One day several years ago, as Chase Headley was still trying to establish himself as the San Diego Padres' everyday third baseman, Padres management passed around a sheet of paper full of facts and figures on how its spacious ballpark, Petco Park, played for hitters. Flyballs were mostly swallowed up in the vast expanses of outfield, while groundballs and line drives played better than in the average stadium. The conclusion, as Headley recalls it, was clear: Padres hitters should keep the ball out of the air.....

[How Scoreboards and Video Displays Have Evolved](#)

Whether picking berries or hunting game, humans have long wanted to know who found the most and who got the biggest. That said, we've come a long way since the days of notching mammoths on the cave wall. Scoreboards have gone from slates upon which points were tallied to technological marvels capable of displaying not only the score but also high-definition video replays in 100,000-seat stadiums. Here's a look at how scoreboards have evolved:.....

YOUTUBE VIDEO:

[How to Anticipate Opponent's Next Shot | Tennis Lessons](#)

[Check Out Our Website!](#)



[Like](#) [Tweet](#) [in](#)

[Web Version](#) [Preferences](#) [Forward](#) [Unsubscribe](#)

Powered by
GoDaddy Email Marketing®