



Is Vision Training Important For Baseball Players?

Good afternoon! Thank you for your continued support and interest in our company! Check out our website to see some new products that have been added recently! In addition, please take a look at our [blog](#) to read a couple new blogs on vision training. Finally, take a crack at our weekly [quiz](#) (located at the bottom of the home page) as we test your baseball knowledge. Thanks for reading!

Please look through the following articles to further understand how important Vision Training is with athletes.

[You Should Know What Matt Chapman's Been Doing](#)

"Anyway, if you know those things about Matt Chapman, you know, probably, about the same amount of things about Matt Chapman as the average baseball fan knew before oh, about two weeks ago. And that's because in the last two weeks, Matt Chapman has hit as many major-league home runs as anybody not named Charlie Blackmon, Bryce Harper, or Mike Trout, and gotten on base more than 40% of the time to boot. We're just about 10% of the way through the 2018 big-league schedule, and Matt Chapman is leading the major leagues in WAR.".....

Reggie Smith going over the 3 phases of of visual perception.

Recognition Decision Reaction

Prospectus Feature: Two Ways to Tunnel

"The new pitch tunnels data released by Baseball Prospectus gives us a new glimpse into the repertoires of pitchers across the major leagues. Of course, this data is only as useful as the analysis it helps produce. To showcase how pitch tunnels data can help us better understand the success, or lack thereof, of certain pitchers, we'll need to better understand how pitch tunnels manifest themselves in the real world.".....

Pitch Tunneling 101

"Good morning and welcome to Pitch Tunneling 101. While "pitch tunneling" seems like it should be easy enough to understand, it can actually be quite complicated, as is the case with many baseball-related concepts. In turn, complicated baseball concepts often lead to common misconceptions. Well, with the conclusion of "Pitching Week" over at Baseball Prospectus (hosted by Jeff Long, Harry Pavlidis, among others), I figured now is the perfect time for a 100-level primer on one of BP's central topics from last week -- pitch tunneling -- in hopes of making the concept easier to understand, overall.".....

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