

News and Events from AAUW Stockton Branch, Inc.

Volume 59 No. 3 November 2023



SOLD OUT!

Saturday, November 11th, 2023 Central United Methodist Church

The AAUW Stockton Branch "Thanks for Giving" tea scheduled for Saturday, November 11th looks to be a grand event. Over one hundred people will enjoy a delicious high tea served on 13 distinctive tables set by our members. Attendees will be treated to live keyboard background music and a J Jill fashion show with our own members as models. Three vendors and silent auction items will offer an opportunity to get a start on holiday shopping.

Proceeds from the tea will benefit our Community Outreach Program which includes Reading is Fundamental, Tech Trek, the Mentor Program and National Conference of College Women Student Leaders. Thanks in advance to everyone who has contributed their time and expertise to make this first "Thanks for Giving" tea a success.

Additional donations can still be sent to P.O. Box 690663, Stockton, 95269.

Donations will be directed to the Community Outreach Fund as part of the Tea Fundraiser.





First Unitarian Universalist Church Of Stockton

-A Liberal Religious Community-

2737 Pacific Ave. at Bristol St. (Sunday School; Childcare Provided)

Contact Us: stocktonuu.org (209)466-7743 contact@stocktonuu.org

We affirm and promote the inherent worth and dignity of every person and are a welcoming congregation.



The theme of the AAUW fundraiser tea is "Thanks for giving." This phrase is usually associated with charitable organizations. In that respect, we usually mean MONEY. Indeed, most charities, including AAUW need a constant influx of funds to continue their work, which can be life-altering at times. However, for many, giving of oneself in time or expertise is perhaps more important and more gratifying for the donor.

Personally, the people for whom I am extremely grateful are those who dedicate their time and talent for the benefit of others, especially children and young adults. For example, many teachers and other school staff and parents spend extra time outside of regular school hours to help with activities that enrich students' school experience. There are many AAUW members who dedicate time to assist teens and young adults in planning for their futures.

Also, many doctors, nurses, and other medical professionals donate their time and expertise to help the unhoused and others who may not have access to medical care. Locally there are many organizations that would not be able to maintain their operations without volunteers. I am grateful for their efforts.

Furthermore, I am thankful to live in this country, where, even in times of turmoil such as we are now experiencing, we usually seem to muddle through until we come back to our senses. (Sometimes this seems to take longer than it should.) Otherwise, we would not have endured as a democracy for as long as we have.

Finally, when I think of gratitude, I always consider our first responders and our military who risk their lives to maintain our safety and security. I truly appreciate their dedication to these difficult tasks. These men and women are the real superheroes. For all of them I am truly grateful.

HAPPY THANKSGIVING!

Sandra Mazzuola President



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Sandra Mazzuola

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Delta Steamer

Published monthly (Sept-June)

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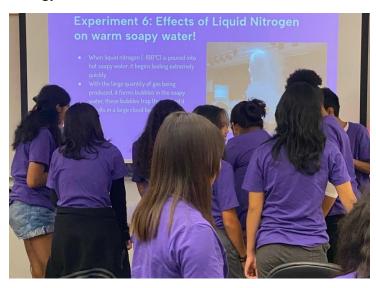


Mentor Program

On October 7th, our mentor group attended the annual STEM event Expanding Your Horizons, presented by Lawrence Livermore Lab, Sandia Labs and University of the Pacific and held on UOP's beautiful campus.



Inspiring keynote speaker Dr. Tammy Ma was part of the team with Lawrence Livermore's historic fusion ignition project, which last December achieved the first step in a decades-long goal of generating clean and limitless fusion energy. Dr. Ma explained the process by which scientists use lasers to produce incredible pressure and heat to produce "tiny suns" as a source of future clean energy.



Our girls participated in three exciting hands-on projects. The girls programmed and controlled small robots in the first workshop, and in the second workshop constructed impact proof containers for a second-story egg drop. And in the

final workshop the girls were amazed to see the effects of liquid nitrogen on everyday objects. Valerie and Lupita marveled at a dry and fragile rose after being introduced into this liquid at -320 degrees Fahrenheit!



In addition to these hands-on activities, the girls enjoyed a wonderful barbecue lunch with hamburgers, hot dogs, vegetarian options and all the fixin's. My Nhan even won a Chipotle gift card! Throughout the day, the girls spent time enjoying one another - giggles galore! Our mentoring group always has a great time at EYH!



The next activity on tap for our program is the Dinner with a STEM Professional event at the San Joaquin County Office of Education on November 2nd where they will have the opportunity to dine with three different professionals and question them about their path to success. Our girls will be on-hand to meet with all who attend the Thanks for Giving Tea on November 11th as they will be your servers. Be sure to engage with them as they are looking forward to it!



Our mentoring program began about 16 years ago as a way to maintain contact with the girls that our branch sponsored for Tech Trek Camp. Because one of our goals for the program was to encourage our girls to go on to higher education to study in the STEM areas we called our program "STEM Trek".

STEM Trek

While we still encourage participation in the STEM areas, our program has expanded to include all areas in which our girls can become educated and productive citizens. A few years ago we began to call our program simply "The Mentor Program" and it has been pointed out that this is a pretty generic name for our tremendously successful program.



We are open to suggestions to rename our program. Some suggestions have been: "Team STEAM" (Science, Technology, Engineering, Arts And Math)



SCIENCE • TECHNOLOGY • ENGINEERING + ARTS • MATHEMATICS

SWIT" (Successful Women In Training")

SOS" ("Sisters Of Success")

GOG" (Girls On The Go), etc.

We challenge the Stockton Branch members to come up with a catchy name for our group! Please email your suggestions to Pam Mallett-Jones at pmallettjones@gmail.com.







DEI – November: National American Indian/Alaska Native Heritage Month

To further our discussion after the amazing presentations at our October Branch meeting on Indigenous Peoples, this **Presidential Proclamation and Executive Order 13270** is shared.

In 1976, Congress designated a week in celebrate Native-American October to Awareness Week. The week served as recognition for the great influence American Indians have had upon the US. legislation was enacted to continue the tradition until August of 1990 when President Bush approved the designation of November as National American Indian Heritage Month. Each year a similar proclamation is issued. President Clinton noted in 1996, "Throughout our history, American Indian and Alaska Native peoples have been an integral part of American character. Against all odds, America's first peoples have endured, and they remain a vital cultural, political, social, and moral presence." November is an appropriate month for the celebration because it is traditionally a time when many American Indians hold fall harvest world-renewal ceremonies, powwows, dances, and various feasts. The holiday recognizes hundreds of different tribes and approximately 250 languages and celebrates the history, tradition, and values of American National American Indian Heritage Indians. Month serves as a reminder of the positive effect native peoples have had on the cultural development and growth of the U.S., as well as the struggles and challenges they have faced.

The U.S. National archives and Records Administration

Directory updates

Changes to the Directory 2023-24 distributed the week of October 23rd:

- Page 1 website: <u>aauwstockton.org</u>
- Page 1 Change date to 2023-2024
- Page 4 Name tags Leslie Balestracci phone number is: (209) 406-9303)
- Page 13 A Dashner city is: Lodi
- Page 13 M Dewar zip code is: 95209
- Page 18 K Walter add Unit S to address.
- Page 23 Registered Nurses name: Bette Outlaw and Sharon Westafer

Please let me know of any additional changes so they can be noted in the Steamer.

Add the following new members' names to page 20 in the Directory:

Jennifer Payne

10942 Dutch Tulip Dr. Stockton, 95209

Home: (209) 473-2445 Cell: (209) 471-5586

E-Mail: <u>jfoste03@gmail.com</u> Grad School: CSU Stanislaus

Leslie Cazares

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E-Mail: cazaresleslie@gmail.com
Grad School: UOP

Esther Thompson

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Grad School: UOP

Sarah Howard

1801 Coffee Road #82 Modesto, 95355 Cell: (209) 612-7893

E-Mail: saritahoward2020@gmail.com Grad school: CSU Stanislaus

Renewal to be added to Directory

Jo Wagner

7424 Larkspur Lane Stockton, 95207

Home: (209) 478-4171 Cell: (209) 482-3096

E-Mail: jwagner@pacific.edu

AAUW Stockton Branch, Inc. DELTA STEAMER P.O. Box 690663 Stockton, CA 95269-0663

Return Service Requested

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Vision: AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and

measureable change in critical areas impacting the lives of women and girls.

Mission: AAUW advances equity for women and girls through advocacy, education, philanthropy and research. Value Promise: By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all

women and girls have a fair chance.



Day	Date	Time	Event	Location/Contact
Thu	9	4:30-6:00pm	AAUW/DKG DEI Interest Group Meeting	Online via Zoom
Sat	11	1:30pm	Thanks for Giving Tea	Central United Methodist Church