Why We Must Raise Our Frequencies

High Frequencies Eliminate the Dark Ones Survival Mechanisms

Controllers

diminished

Man

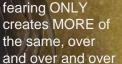
Waking

Anti-civilization

Creating FEAR-based emotions in Man continue to FEED and Empower the Dark Ones to REMAIN in control

- Mysticism
- Scarcity
- Corruption
- Lies
- Hate
- Duality
- Death and destruction
- Stress
- Worry
- Anger
- Violence
- [,] Powerleşs**n**ess
- Selfannihilatio

 Continuously worrying, stressing and fearing ONLY



 This is exactly what the Dark Ones are counting on you to do

By eliminating stress, fear and worry, man is released from the matrix

CIVILIZATION of the UNIVERSE

 As Man WAKES UP to illusions created by the Dark Ones, Man can choose to increase his frequencies by shifting his focus

 Once man stops worrying, stressing and focusing on what he does NOT have, he will no longer ATTRACT those things, thus eliminating the food required by the Dark Ones to survive

- · Man must—
 - Realize he IS this experience, not OF it
 - Refuse all External Thinking, Mysticism, and New Cheaters
- Embrace **Self Thinking** and become a **Value Producer**
- Practice conscious Integrated Thinking which frees him from New Cheaters and points him towards Freedom and lifetime success, now and forever into the future

Increasingly higher and higher frequencies

Increasing frequencies

Low 3D frequencies

One must WAKE UP to realize that it is MAN's negative emotions that keep the Dark Ones in control

