



**U.S. NAVAL
SEA CADET CORPS**

CHART YOUR COURSE

Interim Uniform Manual Change #2: Physical Training Uniform (PTU) Mandatory Wear – November 20, 2018

1. The purpose of this Notice is to confirm that **wear of the USNSCC Physical Training Uniform (PTU) is now mandatory**, and that this requirement applies to all Sea Cadets and League Cadets. Accordingly:
 - a. Unit Commanding Officers will ensure that their cadets obtain or are issued the PTU as soon as possible.
 - b. Cadets who are attending Winter Training 2018 are expected to report with the PTU in their seabag – two PTU shirts and one pair of PTU shorts.
2. The PTU is obtained from Vanguard, and consists of the following components:
 - a. PTU Shirt (SKU 201008)
 - b. PTU Shorts (SKU 201000)
 - c. *(Optional)* Sweatshirt (SKU 201150)
 - d. *(Optional)* Sweatpants (SKU 201157)
3. This change is effective immediately, and will be included in the forthcoming revision of the USNSCC Uniform Manual.
4. This requirement was first published in March, 2018 as part of the COTC Guidance and the Unit Commanding Officers' Training Guidance. Contact sbunting@seacadets.org with any Vanguard ordering issues.



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NAVAL SEA CADET CORPS

PHYSICAL TRAINING

HEAD GEAR:

- Headgear not required.
- NSCC Ball Cap may be worn. If worn, the cap will be worn squarely on the head so that the visor is straight, just above the level of the eyes and parallel with the deck. Do not crush, bend or roll bill.
- Watch Cap may be worn during inclement weather.



UNIFORM



OUTERWEAR:

- May be worn with the sweat suit.
- Sweat suit components may be worn individually, or as a complete set.



FOOTWEAR:

- Low or high-cut commercial brand athletic shoe designed to support planned exercise. Shoes should be comfortable and support the planned exercise, color is optional.
- Worn with athletic socks made of undecorated, plain or ribbed, cotton, polyester, or Lycra, or any combination of those knitted materials. Socks shall not extend above mid-calf. Low cut socks are authorized. When performing unit or group PT, solid white, black or grey colored athletic socks, with or without logos shall be worn
- All laces though eyelets and tied.