

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	THEORY HOURS SCHEDULE	1	The Role of Nursing Assistants: A, B, C, D, E	2			__ Module 1: Lecture - The Role of Nursing Assistants
		0900 - 1145	2	Patient/Resident's Rights A, B, C, (D-1 Hour)	3			__ Module 2 : Lecture - Resident Rights __ Module 4: Lecture- Prevention, Management Catastrophe and Unusual Occurrence Hartman Publishing
		(Lunch 1145 - 1215) 1215 - 1530	4	Prevention, Management of Catastrophe and Unusual Occurrence A, B, C, D, E	1			Chapters 1, 2, 7 TEST ON MODULES 1, 2, 4
TBD	Tuesday	0900 - 1145	3	Interpersonal Skills A, B, C, D, E	2			__ Module 3: Lecture - Interpersonal Skills __ Module 5: Lecture - Body Mechanics
		(Lunch 1145 - 1215) 1215 - 1530	5	Body Mechanics A, B, C, D	2			__ Module 6: Lecture - Medical & Surgical Asepsis Hartman Publishing Chapters 2, 3, 6
			6	Medical & Surgical Asepsis A, B, C	2			TEST ON MODULES 3, 5, 6
TBD	Wednesday	0900 - 1145	7	Weights and Measures A, B, C	1			__ Module 7: 1 Hour Lecture - Weights & Measures
		(Lunch 1145 - 1215) 1215 - 1530	8	Patient Care Skills A, B, C, D, E, F, G, H, I	5			__ Module 8: 5 Hours Lecture - Patient Care Skills Hartman Publishing Chapters 2, 4, 5 ,6, 7, 9 TEST ON MODULE 7
TBD	Thursday	0900 - 1145	8	Patient Care Skills A, B, C, D, E, F, G, H, I	3			__ Module 8: 3 Hours __ Module 8: Lecture – Continuation __ Module 10: Lecture - Vital Signs
		(Lunch 1145 - 1215) 1215 - 1530	10	Vital Signs A, B, C, D, E, F, G, H	3			Hartman Publishing Chapters 1, 2, 4, 5 ,6, 7, 9 TEST ON MODULE 10
TBD	Friday	0900 - 1145 (Lunch 1145 - 1215) 1215 - 1530	8	Patient Care Skills A, B, C, D, E, F, G, H, I	6			__ Module 8: 6 Hours __ Module 8: Lecture – Continuation Hartman Publishing Chapters 2, 4, 5 ,6, 7, 9  TEST ON MODULE 8

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	13	Long Term Care (A1 - 2 Hours, A2 - 2 Hours), B, C, D, E, F  Patient Care Procedures A, B	5			__ Module 13: Lecture - Long Term Care Hartman Publishing Chapters 2, 3, 4, 5 TEST ON MODULE 13 Module 9: 1 Hour Lecture - Patient Care Procedures Hartman Publishing Chapters 4, 6, 7, 8
TBD	Tuesday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	9	Patient Care Procedures A, B, C, D, E, F, G	7			__ Module 9: 6 Hours Lecture – Continuation Hartman Publishing Chapters 4, 6, 7, 8  TEST ON MODULE 9
TBD	Wednesday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	11	Nutrition A, B, C	2			__ Module 11: Lecture – Nutrition
			12	Emergency Procedures A, B, C	2		__ Module 12: Lecture - Emergency Procedures	
			14	Rehabilitative Nursing A, B, C, D, E, F, G	2		__ Module 14: Lecture – Rehabilitative Nursing Hartman Publishing Chapters 2, 3, 6, 9	
TBD	Thursday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	15	Observation and Charting A, B, C, D, E	4			__ Module 15: Lecture - Observation & Charting
			16	Death & Dying A, B, C, D, E, F	2		__ Module 16: Lecture - Death & Dying Hartman Publishing Chapters 1, 2, 3 TEST ON MODULE 15, 16	
TBD	Friday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	17	Patient/Resident Abuse A	6			Module 17: 6 Hours Patient/Resident Abuse Hartman Publishing Chapter 1

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	FINAL	FINAL EXAM MODULES 1 - 17	6			Module 17: 1 Hour Patient/Resident Abuse Hartman Publishing Chapter 1  TEST ON MODULE 17  FINALS REVIEW/FINAL EXAMINATION
TBD	Tuesday	1000 - 1200		Not part of Theory or Clinical Clinical Orientation and Tour of Facility: 2 Hours 1000 - 1200 Instructor will use this time for reference purposes during the next three days to help with visualization while performing the lab skills.				Prior to direct patient care, the instructor will conduct tour of the facility with the students and go over: Emergency Procedures Facility Standards Rules Guidelines Regulations
TBD	Wednesday	LAB SKILLS HOURS SCHEDULE  0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	2	Patient/Resident's Rights: Pre-Clinical Skills Per CDPH 276A		0.5		__ Module 2 : Skills - Resident Rights
			4	Prevention, Management of Catastrophe and Unusual Occurrence Pre-Clinical Skills Per CDPH 276A		0.5		__ Module 4: Skills - Prevention, Management Catastrophe and Unusual Occurrence
			5	Body Mechanics Pre-Clinical Skills Per CDPH 276A		0.5		__ Module 5: Skills – Body Mechanics
			15	Observation and Charting Pre-Clinical Skills Per CDPH 276A		0.5		__ Module 15: Skills – Observation & Charting
			14	Rehabilitative Nursing Pre-Clinical Skills Per CDPH 276A		1		__ Module 14: Skills – Rehabilitative Nursing
TBD	Thursday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	9	Patient Care Procedures Pre-Clinical Skills Per CDPH 276A		3		__ Module 9: Skills – Patient Care Procedures __ Module 12: Skills – Emergency Procedures
			6	Medical & Surgical Asepsis Pre-Clinical Skills Per CDPH 276A		2		__ Module 6: Skills - Medical & Surgical Asepsis
			10	Vital Signs Pre-Clinical Skills Per CDPH 276A		2		__ Module 10: Skills – Vital Signs
TBD	Friday	0900 - 1145  (Lunch 1145 - 1215)  1215 - 1530	11	Nutrition Pre-Clinical Skills Per CDPH 276A		2		__ Module 11: Skills – Nutrition
			13	Long Term Care Pre-Clinical Skills Per CDPH 276A		2		__ Module 13: Skills - Long Term Care
			8	Patient Care Skills Pre-Clinical Skills Per CDPH 276A		4		__ Module 8: Skills – Patient Care Skills

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	CLINICAL HOURS SCHEDULE						
		0630 - 0700 Pre-Conference		2 Patient/Resident's Rights Clinical Per CDPH 276A				1 Module 2, Resident's Rights 1. Knocks on door before entering 2. Pulls privacy curtains during personal care 3. Keeps resident information confidential 4. Treats resident with respect and dignity 5. Encourages resident to make choices 6. Explains procedure to resident
		0700 - 1130						
		1130 - 1200 Lunch		4 Prevention and Management of Catastrophe and Environmental Emergencies				1 1. Demonstrate fire/disaster procedures 2. Handles oxygen safely 3. Use of fire extinguisher
		1200 - 1530		5 Body Mechanics				4 1. General use of gait belt 2. Assist patient up to head of bed with two assistants 3. Turn and position the patient - Supine - Side-lying - Use of lift sheet 4. Assist transfer from bed to chair or wheelchair 5. Assist transfer from chair or wheelchair to bed 6. Use of mechanical lift
				7 Weights and Measures				1 1. Measure oral intake 2. Measure urinary output 3. Use military time in documentation
				12 Emergency Procedures				1 1. Apply postural supports as safety devices 2. Apply soft wrist/ankle restraints as safety devices 3. Heimlich maneuver for conscious patient 4. Heimlich maneuver for unconscious patient 5. Position call light property

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Tuesday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	6	Medical and Surgical Asepsis			8	1. Hand washing 2. Proper handling of linen 3. Use of standard precautions: - Gloving - Gowning - Applying Mask
TBD	Wednesday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	8	Patient Care Skills			8	1. Back rub 2. Bed bath and partial bath 3. Tub bath 4. Shower 5. Assist with oral hygiene 6. Mouth care of the unconscious patient 7. Denture care
TBD	Thursday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	8	Pateint Care Skills			8	8. Nail care 9. Comb patient's hair 10. Shampoo bedridden resident 11. Shampoo iwth shower or tub bath 12. Use of Medicinal shampoo
TBD	Friday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	8	Patient Care Skills			8	13. Shave patient with razor and electric shaver 14. Dress and undress patient 15. Change clothes of patient with IV

**ALL HEALTHCARE INSTITUTE**

**NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE**

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	8	Patient Care Skills			8	16.Changing the clothes of resident with IV 17.Assist in the use of urinal 18.Assist in the use of the bedpan 19.Assisting resident to commode/toilet 20.Bladder retraining 21.Bowel retraining
TBD	Tuesday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	8	Patient Care Skills Clinical Per CDPH 276A			8	22.Perineal care 23.Artificial limbs 24.Splints 25.Applying a behind-the-ear hearing aid 26.Removing a behind-the-ear hearing aid 27.Removing, cleaning, and reinserting an artificial eye
TBD	Wednesday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	9	Resident Care Procedures			8	1. Collect and identify specimens; - Sputum - Urine: clean catch - Stool 2. Make occupied bed 3. Make unoccupied bed 4. Administer commercially prepared cleansing enema 5. Administer enemas - tap water, soap suds 6. Administer laxative suppository
TBD	Thursday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	9	Resident Care Procedures			8	7. Empty urinary bag 8. Care for patient with tubing: - Oxygen - IV - Gastrostomy - Nasogastric - Urinary catheter 9. Apply antiembolic hose, elastic stockings (TED hose)
TBD	Friday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1530	9	Resident Care Procedures			4	10. Admit, transfer and discharge patient 11. Apply non-sterile dressing 12. Apply topical non-prescription ointment
			13	As per HSC 1337.1 and 1337.3			4	1. Use of dementia-related communication skills, including listening & speaking strategies 2. Identify your name and purpose of interaction 3. Make eye contact at patient's eye level 4. Use of a continuum of verbal and other non-physical techniques such as redirect, for combative patients

ALL HEALTHCARE INSTITUTE

NURSE ASSISTANT TRAINING PROGRAM DAILY SCHEDULE

Morning Schedule: 9:00 am to 3:30 pm Theory and Skills, 7:00 am to 3:30 pm Clinical Training with 30 minute lunch break.

Day Count	Day of Week	Hours	Module	Course Name and Theory Training Content Per CDPH 276C	Theory Hours	Skills Hours	Clinical Hours	Classroom, Skills, and Clinical Activities
TBD	Monday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1330	10	Vital Signs			6	1. Measure and record temperature using mercury-free and electronic devices for: - Oral - Axillary - Rectal 2. Measure and record pulse: radial and apical 3. Measure and record respiration 4. Measure and record blood pressure: Manual (stethoscope, sphygmomanometer), and digital/electronic
TBD	Tuesday	0630 - 0700 Pre-Conference 0700 - 1130 1130 - 1200 Lunch 1200 - 1330	11	Nutrition			6	1. Feed patient who is unable to feed themselves 2. Assist patient who can feed self 3. Verify patient given correct diet tray 4. Use of assistive devices such as orthopedic utensils, cups and other devices
TBD	Wednesday	0630 - 0700 Pre-Conference 0700 - 0845 0845 - 0900 Break 0900 - 1100	14	Rehabilitative/Restorative Care			4	1. Perform range of motion exercises 2. Assist ambulation of patient using gait belt 3. Assist patient to ambulate with walker 4. Assist patient to ambulate with care 5. Proper use of rehabilitative devices
TBD	Thursday	0900 - 1145 (Lunch 1145 - 1215) 1215 - 1530	15	Observation and Charting			4	1. report appropriate information to charge nurse 2. Document vital signs, and activities of daily living timely and correctly 3. Document changes in patient bodily functions and behavior 4. Participate in resident care planning
TBD	Friday			OPTIONAL				PRACTICE AND REVIEW MATERIALS IN PREPARATION FOR THE NURSE ASSISTANT CERTIFICATION EXAM.
			<b>Total:</b>		66	18	100	