

**Catawba Valley Quilters Guild**

Preemie and Sunshine Quilt Guidelines

Preemie Quilts:

* Size: 34-36 inches square, no less. Remember 6+1/2” blocks, 6 across and 6 down with ¼” seam allowance will make a 36” quilt.
* 2-3 layers – depends on quilt backing and/or batting.
* Must be quilted or tied.
* Quilts can be tied approximately 4” to 5” apart. If tied, remember to make good knots with tails no longer than 1”.
* Machine quilting should cover entire quilt with stitching approximately 5” to 6” apart (too much stitching makes them stiff). Keep it soft with soft batting.
* Use cotton or cotton blends and use fabrics that are appropriate for a baby. Fabrics can be brights, pastels, kiddie prints, etc. – a quilt you would be happy to receive for your own baby.

Sunshine Quilts:

* Any size larger than 36” x 36”.
* Can be any fabrics including fleece.
* Can be quilted or tied

For both preemie and sunshine quilts, please remember:

* Check for threads left hanging and clip.
* Check for pins and needles left in quilts.
* Quilts that are sewn and turned inside-out for machine quilting should have all edges tucked inside and no frayed edges left on the outside edges.
* Baby quilts will have a lot of washing and need to be sewn securely.