

**Peace Meal Senior Nutrition Program
May 2024**

		1 Spaghetti Pie Lettuce Salad w/ Spring greens & Dressing Pkt Corn Mandarin Oranges Bread Stick Hot Buttered Apples w/ Cinnamon	2 Chicken Breast Creamed Peas and Potatoes Broccoli Pineapple Dinner Roll	3 Meatloaf Mashed Potatoes and Gravy Mixed Veggies Pears Whole Grain Roll
6 Sloppy Joe Baked Corn Casserole Butter Beans Apricots Bun	7 Salad Bar	8 Fried Chicken Mashed Potatoes w/ gravy Tomatoes and Zucchini Sunshine Salad Whole Grain Dinner Roll	9 Taco Salad w/ Taco meat, Beans Lettuce, Cheese, and Tomatoes, Sour Cream & Taco Sauce Pears Taco Chips Layered Lemon Dessert	10 Turkey Tetrazzini Mixed Vegetables Green Beans Peaches Whole Grain Wheat
13 Ham and Beans Carrots Pineapple Tidbits Cornbread	14 Salad Bar	15 Stuffed Chicken Breast Twice Baked Potato Casserole Peaches Dinner Roll Cookie	16 Pot Roast with Veggies Potatoes, Carrots, and onions w/ gravy Broccoli Chef's choice of fruit Texas Toast Warm Fruit Crisp	17 Chili Lettuce/Spinach Salad w/Dressing pkt. Mandarin Oranges Crackers Pudding
20 Pepper Beet over Brown Rice Lima Beans Warm Cinnamon Baked Apples Orange Whole Grain Wheat	21 Salad Bar	22 Savory Sausage Stew Beans Pickled Meets Whole Grain Wheat Warm Fruit Cobbler	23 Chicken Salad Sandwich Tortellini Vegetable Soup Creamy Cole Slaw Fruit Salad Bun Crackers	24 Pulled Pork Baked Beans Spinach Peaches Bun
27 Center Closed for Memorial Day	28 Salad Bar	29 Spaghetti Pie Lettuce Salad w/Spring greens & Dressing Pkt Corn Mandarin Oranges Bread Stick Hot Buttered Apples w/ Cinnamon	30 Chicken Breast Creamed Peas and Potatoes Broccoli Pineapple Dinner Roll	31 Meatloaf Mashed Potatoes and Gravy Mixed Veggies Pears Whole Grain Roll

For Reservations Call 1-309-665-5900

ARC: 309-888-9099 Press 1, at least 24 hours in advance by 12 noon.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal. The Peace Meal Senior Nutrition Program suggests a donation of \$4.00 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.