

Rural Rumble V Early Entry Form

Email completed forms to: musclemineeruralrumble@gmail.com

**ALL COMPETITORS WILL BE REQUIRED TO FILL OUT AND SIGN WAIVER AT CONTEST
USS MEMBERSHIP WILL BE REQUIRED TO COMPETE**

Name: _____

Address: _____

Phone: _____ Email: _____

T Shirt Size: _____

Division: Novice Open

Weight Class: Womens: Novice LW(165) HW(165+)

LW 123 132

MW 148 165

HW 181 198

SHW 242 242+

Mens: Novice LW(220) HW(220+)

LW 148 165 181

MW 198 220

HW 242 275

SHW 308 308+